

## Bachelor of Science in Exercise Science

### Exercise Science Core Curriculum

| Oakland University Courses                    | North Central Michigan College Courses       |
|-----------------------------------------------|----------------------------------------------|
| BIO 1200                                      | BIO 151                                      |
| BIO 2100, 2101 <b>and</b> 2600                | BIO 235 <b>and</b> 236                       |
| (MTH 1331 <b>and</b> 1332) <b>or</b> MTH 1554 | (MATH 130 <b>and</b> 140) <b>or</b> MATH 150 |
| CHM 1440 and 1470                             | CEM 121                                      |
| PHY 1010 and 1100                             | PHY 210                                      |
| PSY 1000                                      | PSY 161                                      |
| STA 2220                                      | STAT 200                                     |
| EXS 1000                                      | (PE 117 <b>and</b> 132)                      |
| NTR 2500                                      | HE 200                                       |

### **TRANSFERRING WITH THE MICHIGAN TRANSFER AGREEMENT (MTA):**

When choosing to complete MTA to satisfy General Education, please confirm the best courses to take to fulfill the agreement with your academic adviser at North Central or at the [North Central MTA Approved Courses](#) website. In order to completely satisfy OU's transferable General Education requirements when following this major guide, please reference the [North Central General Education Transfer Guide](#) and select one course from OU's **Knowledge Applications** category.

#### **Additional course requirements for MTA when following this major guide (minimum 30 credit hours required for MTA):**

ENG 111  
ENG 112 (required prerequisite for coursework at OU)  
One MTA Approved Social Sciences course  
Two MTA Approved Humanities or Fine Arts courses

### **TRANSFERRING WITHOUT MTA:**

If you intend to transfer without MTA, you can choose to complete additional coursework to fulfill OU's individual General Education categories instead. When following this major guide, please reference the [North Central General Education Transfer Guide](#) for the North Central courses that satisfy these specific OU General Education categories:

- Writing Foundations (ENG 112)
- Arts
- Language and Culture
- Global Perspective
- Literature
- Western Civilization
- U.S. Diversity
- Knowledge Applications

Please contact the School of Health Sciences Academic Advising office at 248-370-2369, email [shs@oakland.edu](mailto:shs@oakland.edu), or visit their [website](#) for more information regarding your major program.

## **NOTES:**

Students may transfer an unlimited amount of credit from North Central, and must complete a minimum of 45 credit hours from OU to meet degree requirements. As programs may limit how much transfer credit can be used toward requirements, **it is highly recommended that students work with both an OU academic adviser and their North Central academic adviser to maximize the applicability of coursework to specific requirements.**

The program also offers a unique [Orthotist and Prosthetist Assistant Studies \(OPA\) concentration](#), which equips students with the skills needed for one-on-one patient care under the direction of a certified orthotist or prosthetist. **Students interested in this concentration can also transfer OAS 116 from NCMC to OU.**

OU's [ECLIPSE program](#), a unique community-engaged leadership initiative, is one of only a few health-science specific leadership programs in the country.

Oakland University will always honor the **MACRAO transfer agreement** and apply it to the General Education requirement the same as MTA.