

## Bachelor of Science in Health Sciences with a Concentration in Holistic Health

### Health Sciences Core Requirements

| Oakland University Courses     | Monroe County Community College Courses |
|--------------------------------|-----------------------------------------|
| BIO 1200                       | BIOL 151                                |
| BIO 2100, 2101 <b>and</b> 2600 | BIOL 257 <b>and</b> 258                 |
| PSY 1000                       | PSYCH 151                               |

### Holistic Health Concentration Elective Options

| Oakland University Courses                                                                                                                      | Monroe County Community College Courses                                                                                                                                                                                   |
|-------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Choose <b>at least 34 elective credits*</b> from the <a href="#">list</a><br>(more options available at OU, discuss options with an OU adviser) | BIOL 153; BIOL 264; CHEM 150; CHEM 151; CHEM 152;<br>CHEM 251; CHEM 252; ENGL 151; HLTSC 110;<br>HLTSC 151; HPE 151; MATH 162; MATH 164; MATH 171;<br>PHY 151; PHY 152; PHY 251; PHY 252; PSYCH 254;<br>SOC 151; SPCH 152 |

### **TRANSFERRING WITH THE MICHIGAN TRANSFER AGREEMENT (MTA):**

When choosing to complete MTA to satisfy General Education, please confirm the best courses to take to fulfill the agreement with your academic adviser at Monroe County or at the [Monroe County MTA Approved Courses](#) website. Completing MTA when following this major guide will satisfy OU's transferrable General Education requirements.

#### **Additional course requirements for MTA when following this major guide (minimum 30 credit hours required for MTA):**

- ENGL 151
- ENGL 152 or 254 (required prerequisite for coursework at OU)
- One MTA Approved Math course (can be satisfied by MATH elective options above)
- One MTA Approved Natural Sciences course (can be satisfied by CHEM or PHY elective options above)
- One MTA Approved Social Sciences course (can be satisfied by SOC 151)
- Two MTA Approved Humanities or Fine Arts courses (one course can be satisfied by SPCH 152)

### **TRANSFERRING WITHOUT MTA:**

If you intend to transfer without MTA, you can choose to complete additional coursework to fulfill OU's individual General Education categories instead. When following this major guide, please reference the [Monroe County General Education Transfer Guide](#) for the Monroe County courses that satisfy these specific OU General Education categories:

- Writing Foundations (ENGL 152 or 254)
- Formal Reasoning (can be satisfied by MATH 162 or MATH 171)
- Arts
- Language and Culture
- Global Perspective
- Literature
- Western Civilization

Please contact the School of Health Sciences Academic Advising office at 248-370-2369, email [shs@oakland.edu](mailto:shs@oakland.edu), or visit their [website](#) for more information regarding your major program.

**NOTES:**

Students may transfer an unlimited amount of credit from Monroe County, and must complete a minimum of 45 credit hours from OU to meet degree requirements. As programs may limit how much transfer credit can be used toward requirements, **it is highly recommended that students work with both an OU academic adviser and their Monroe County academic adviser to maximize the applicability of coursework to specific requirements.**

Oakland University will always honor the **MACRAO transfer agreement** and apply it to the General Education requirement the same as MTA.

OU's [ECLIPSE program](#), a unique community-engaged leadership initiative, is one of only a few health-science specific leadership programs in the country.