

Bachelor of Science in Health Sciences with a Concentration in Holistic Health

Health Sciences Core Requirements

Oakland University Courses	Mid Michigan College Courses
BIO 1200	BIO 101 or BIO 111
BIO 2100, 2101 and 2600	BIO 141 and 142
PSY 1000	PSY 101
PH 3000	HED 110 or 285

Holistic Health Concentration Elective Options

Oakland University Courses	Mid Michigan College Courses
Choose at least 34 elective credits* from the list (more options available at OU, discuss options with an OU adviser)	ALH 100; ASL 105; BIO 112; BIO 210; CHM 105; CHM 111; CHM 112; CHM 225; CHM 245; CHM 246; (CHM 255 and 256); COM 257; ENG 111; HED 115; HED 190; HED 252; (HES 100 or PSY 212); MAT 124; MAT 126; MAT 212; PHY 105; PHY 106; PHY 211; PHY 212; SOC 101

TRANSFERRING WITH THE MICHIGAN TRANSFER AGREEMENT (MTA):

When choosing to complete MTA to satisfy General Education, please confirm the best courses to take to fulfill the agreement with your academic adviser at Mid Michigan or at the [Mid Michigan MTA Approved Courses](#) website. Completing MTA when following this major guide will satisfy OU's transferrable General Education requirements.

Additional course requirements for MTA when following this major guide (minimum 30 credit hours required for MTA):

ENG 111 **and** ENG 222 (required prerequisite for coursework at OU)
One MTA Approved Math course (can be satisfied by MAT elective options above)
One MTA Approved Natural Sciences course (can be satisfied by CHM or PHY elective options above)
One MTA Approved Social Sciences course (can be satisfied by SOC 101)
Two MTA Approved Humanities courses

TRANSFERRING WITHOUT MTA:

If you intend to transfer without MTA, you can choose to complete additional coursework to fulfill OU's individual General Education categories instead. When following this major guide, please reference the [Mid Michigan General Education Transfer Guide](#) for the Mid Michigan courses that satisfy these specific OU General Education categories:

- Writing Foundations (ENG 222)
- Formal Reasoning (MAT 126 or MAT 212)
- Arts
- Language and Culture (ASL 105)
- Global Perspective
- Literature
- Western Civilization

Please contact the School of Health Sciences Academic Advising office at 248-370-2369, email shs@oakland.edu, or visit their [website](#) for more information regarding your major program.

NOTES:

Students may transfer an unlimited amount of credit from Mid Michigan, and must complete a minimum of 45 credit hours from OU to meet degree requirements. As programs may limit how much transfer credit can be used toward requirements, **it is highly recommended that students work with both an OU academic adviser and their Mid Michigan academic adviser to maximize the applicability of coursework to specific requirements.**

Oakland University will always honor the **MACRAO transfer agreement** and apply it to the General Education requirement the same as MTA.

OU's [ECLIPSE program](#), a unique community-engaged leadership initiative, is one of only a few health-science specific leadership programs in the country.