

## Bachelor of Science in Health Sciences with a Concentration in Holistic Health

### Health Sciences Core Requirements

Oakland University Courses	Jackson College Courses
BIO 1200	BIO 162
BIO 2100, 2101 and 2600	BIO 253 and 254
PSY 1000	PSY 130

### Holistic Health Concentration Elective Options

Oakland University Courses	Jackson College Courses
Choose <b>at least 34 elective credits*</b> from the <a href="#">list</a> (more options available at OU, discuss options with an OU adviser)	BIO 161; CEM 131; CEM 132; CEM 141; CEM 142; CEM 241; CEM 242; (COM 231, 231A or 234); (ENG 131 or 131A); HOC 110; HPF 277; (MAT 133, 133A, or CIS 203 or PSY 144); MAT 141; MAT 151; (MED 120 or MOA 120); PHY 231; PHY 232; PHY 251; PHY 252; PSY 252; SOC 231

### TRANSFERRING WITH THE MICHIGAN TRANSFER AGREEMENT (MTA):

When choosing to complete MTA to satisfy General Education, please confirm the best courses to take to fulfill the agreement with your academic adviser at Jackson or at the [Jackson MTA Approved Courses](#) website. Completing MTA when following this major guide will satisfy OU's transferrable General Education requirements.

#### **Additional course requirements for MTA when following this major guide**

##### **(minimum 30 credit hours required for MTA):**

- ENG 131 **and** ENG 132 (required prerequisite for coursework at OU)
- One MTA Approved Math course (can be satisfied by MAT elective options above)
- One MTA Approved Natural Sciences course (can be satisfied by CEM or PHY elective options above)
- One MTA Approved Social Sciences course (can be satisfied by SOC 231)
- Two MTA Approved Humanities courses

### TRANSFERRING WITHOUT MTA:

If you intend to transfer without MTA, you can choose to complete additional coursework to fulfill OU's individual General Education categories instead. When following this major guide, please reference the [Jackson General Education Transfer Guide](#) for the Jackson courses that satisfy these specific OU General Education categories:

- Writing Foundations (ENG 132)
- Formal Reasoning (MAT 133, 133A, CIS 203, PSY 144, or MAT 151)
- Arts
- Language and Culture
- Global Perspective
- Literature
- Western Civilization

Please contact the School of Health Sciences Academic Advising office at 248-370-2369, email [shs@oakland.edu](mailto:shs@oakland.edu), or visit their [website](#) for more information regarding your major program.

## **NOTES:**

Students may transfer an unlimited amount of credit from Jackson, and must complete a minimum of 45 credit hours from OU to meet degree requirements. As programs may limit how much transfer credit can be used toward requirements, **it is highly recommended that students work with both an OU academic adviser and their Jackson academic adviser to maximize the applicability of coursework to specific requirements.**

Oakland University will always honor the **MACRAO transfer agreement** and apply it to the General Education requirement the same as MTA.

OU's [ECLIPSE program](#), a unique community-engaged leadership initiative, is one of only a few health-science specific leadership programs in the country.