

Bachelor of Science in Health Sciences with a Concentration in Holistic Health

Health Sciences Core Requirements

Oakland University Courses	Alpena Community College Courses
BIO 1200	BIO 161
BIO 2100, 2101 and 2600	BIO 201 and 203
PSY 1000	PSY 101

Holistic Health Concentration Elective Options

Oakland University Courses	Alpena Community College Courses
Choose at least 34 elective credits* from the list (more options available at OU, discuss options with an OU adviser)	ASL 121; BIO 162; BIS 160; CEM 111; CEM 112; CEM 121; CEM 122; CEM 221; CEM 222; (ENG 111 or 121); MTH 123; MTH 131; MTH 223; (PEH 263 and 264); PHY 121; PHY 122; PHY 221; PHY 222; PSY 226; SOC 123; SPE 121

TRANSFERRING WITH THE MICHIGAN TRANSFER AGREEMENT (MTA):

When choosing to complete MTA to satisfy General Education, please confirm the best courses to take to fulfill the agreement with your academic adviser at Alpena or at the [Alpena MTA Approved Courses](#) website. Completing MTA when following this major guide will satisfy OU's transferrable General Education requirements.

Additional course requirements for MTA when following this major guide

(minimum 30 credit hours required for MTA):

(ENG 111 or 121) **and** (ENG 112 or 122) (required prerequisite for coursework at OU)

One MTA Approved Math course (can be satisfied by MTH elective options above)

One MTA Approved Natural Sciences course (can be satisfied by CEM or PHY elective options above)

One MTA Approved Social Sciences course (can be satisfied by SOC 123)

Two MTA Approved Humanities or Fine Arts

TRANSFERRING WITHOUT MTA:

If you intend to transfer without MTA, you can choose to complete additional coursework to fulfill OU's individual General Education categories instead. When following this major guide, please reference the [Alpena General Education Transfer Guide](#) for the Alpena courses that satisfy these specific OU General Education categories:

- Writing Foundations (ENG 112 or 122)
- Formal Reasoning (MTH 131 or MTH 223)
- Arts
- Language and Culture (ASL 121)
- Global Perspective
- Literature
- Western Civilization

Please contact the School of Health Sciences Academic Advising office at 248-370-2369, email shs@oakland.edu, or visit their [website](#) for more information regarding your major program.

Students may transfer an unlimited amount of credit from Alpena, and must complete a minimum of 45 credit hours from OU to meet degree requirements. As programs may limit how much transfer credit can be used toward requirements, **it is highly recommended that students work with both an OU academic adviser and their Alpena academic adviser to maximize the applicability of coursework to specific requirements.**

NOTES:

Oakland University will always honor the **MACRAO transfer agreement** and apply it to the General Education requirement the same as MTA.

OU's [ECLIPSE program](#), a unique community-engaged leadership initiative, is one of only a few health-science specific leadership programs in the country.