
ADVANCED SPECIALIZATIONS IN COUNSELING

*Department of
Counseling*

The Department of Counseling offers seven advanced specializations for current students who desire to specialize at the master's level and for postmaster's students who wish to enhance their skills.

Advanced Career Counseling

Brian Taber, Coordinator
taber@oakland.edu

APPLICATION DEADLINE: July 15th

The advanced career specialization is designed for counseling professionals who wish to enhance their career counseling skills, learn about the latest techniques and approaches, and network with others with similar interests. It provides an opportunity to develop a personal improvement plan and implement that plan through individualized learning experiences. A special focus of the first course is program development. It is also open to current master's level students who meet eligibility requirements.

Course Descriptions

CNS 675 Leadership in Career Counseling (4)

An advanced class which reviews career counseling competencies and prepares a counselor to develop, implement and evaluate a career development program at a variety of sites. Prerequisite: CNS 640 or coordinator's permission.

CNS 676 Advanced Career Counseling (4)

An advanced course for the practicing or prospective career counselor. The course provides opportunities for in-depth study of current issues, such as career assessment, and for practice of a structured career counseling model. Prerequisite: CNS 675

CNS 677 Advanced Fieldwork (4)

A field experience supervised by a qualified careers specialist. Related seminars are coordinated by a university supervisor. Prerequisite: CNS 675 and CNS 676

Child and Adolescent Counseling

Robert S. Fink, Coordinator
fink@oakland.edu

APPLICATION DEADLINE: July 15th

The child and adolescent specialization will provide training in several practice areas: 1) individual counseling with children and adolescents, including play therapy; 2) work with parents; 3) joint treatment of parent and child; 4) child and adolescent assessment; 5) family therapy; 6) group approaches; 7) prevention; and 8) school consultation.

Course Descriptions

CNS 680 Counseling in Infancy and Early Childhood (4)

This course examines specialized assessment, prevention and intervention approaches to the developmental challenges appearing from the prenatal period through age 7. The family is treated as the primary system for intervention, with additional emphases on play therapy, group experiences, school and community approaches.

CNS 681 Counseling the Older Child and Adolescent (4)

This course focuses on assessment, prevention and intervention for the emotional, behavioral, and academic concerns typically seen from age 7 through adolescence. A variety of approaches are taught, including work with families, groups, and individuals.

CNS682 Advanced Internship Child/Adolescent Counseling (4)

A field experience supervised by a qualified child/adolescent counselor. Placement is at a site conducive to enhancing child/adolescent counseling skills. Related seminars are conducted by university supervisors.

Couple and Family Counseling

Tom Blume, Coordinator
blume@oakland.edu

APPLICATION DEADLINE: July 15th

The couple and family specialization provides students with a circular, systems approach to counseling couples and families. It allows an opportunity to apply theory and techniques in a practical hands-on-environment. The completion of the 12-credit program will qualify you as a specialist in the field of Couple and Family Counseling, practicing under your license as an LPC. You may also elect to take the second tier that is an additional 8-credit hours which will qualify you to apply for the Licensed Marriage and Family Therapist (LMFT) in the state of Michigan

Prerequisite: CNS 573 Family and Couple Counseling

Course Descriptions

CNS 693 Advanced Couple and Family Theory (2)

Major theories of Marriage and Family counseling will be studied in depth. Ethnic and cultural differences in family systems will be explored. Future trends in the field of systems counseling will be examined.

CNS 694 Couple and Family Methods and Techniques (2)

Laboratory training in couple and family counseling and application of theory to practice. Includes in-class counseling simulation exercises, role playing, case conceptualization, discussion of treatment planning, implementation and debriefing.

***CNS 693 and CNS 694 are taught concurrently**

CNS 695 Advanced Couple and Family Development (2)

Life-cycle stages of marital and family development will be studied. Appropriate systems perspectives will be explored for each developmental stage, along with divorce, remarriage, and blended family issues within the context of cultural differences.

CNS 696 Couple and Family Assessment (2)

Major methods of assessing marriage and family systems will be studied, including the administration and interpretation of a variety of assessment Instruments. Up-to-date information on family-level diagnosis will be reviewed.

***CNS 695 and CNS 696 are taught concurrently**

CNS 698 Advanced Methods of Couple / Family Counseling (4)

Practical application of Couple and Family theories. Includes supervised one-way mirror practice with clients in a lab environment and group supervision of clinical experience.

**** End of 12 hour CERTIFICATE program for those who wish to practice as a Specialist under LPC license. ****

Additional 8 hours: To be eligible for LICENSE (LLMFT) in Marriage and Family Therapy:

CNS 697, (Ethics and Legal Issues) Seminar in Couple and Family Counseling (2)

CNS 697, (Other related topics) Seminar in Couple and Family Counseling (2)

One of the following, as offered: Multicultural Family Counseling, Counseling the Gay and Lesbian Couple, Human Sexuality, Counseling the Blended Family, Sexual Development and Adjustment in Couples, Spiritual Issues in Families, and Conflict Resolution for Couples and Families.

CNS 699 Internship in Couple and Family Counseling (4)

A field experience supervised by a qualified couple and/or family counseling professional. Placement is at a site conducive to enhancing systems counseling skills. Related seminars are conducted by the university.

CNS 697, Seminar in Ethics and Legal Issues is offered every Spring. CNS 697, Other related topics Seminars in Couple and Family Counseling are offered from time to time in Spring. Ethics and Legal Issues plus an additional 2 credit unit are required for application for MFT Licensure. CNS 697 seminars may be taught at Macomb University Center or on campus, week nights 6:30 – 9:50 for the 7 week Spring semester. You may take both seminars in the same Spring semester or you may take each one in different Spring semesters. These classes may precede or follow the CNS 693 through 699 training sequence.

Mental Health Counseling

James Hansen, Coordinator
jthansen@oakland.edu

APPLICATION DEADLINE: February 15th

The mental health specialization provides students with specialized training in mental health beyond the generalist MA degree. Graduates receive training in the practice of psychotherapy, psychological testing and receive supervised field experience at site specific locations. The mental health specialization provides intellectually stimulating and informative educational experiences that provide excellent preparation for working in the mental health arena and may make you eligible for a limited license in psychology (LLP) Course Descriptions

CNS 684 Intelligence and Personality Assessment (4)

The assessment of intellectual functioning and objective and projective personality assessment will be covered. The course will provide for supervised experience in administration of test, integration of test finding, and psychological report writing.

CNS 685 Psychopathology (4)

An overview of psychopathology from a depth psychological point of view. Reviews relevant research findings for evaluation and treatment. Explores a variety of intervention strategies appropriate for mental health counselors.

CNS 686 Advanced Internship Mental Health Counseling (4)

A field experience supervised by a qualified mental health professional. Placement is at a site conducive to enhancing mental health counseling skills.

School Counseling

Lisa Reeves, Coordinator
reeves2@oakland.edu

APPLICATION DEADLINE: May 1st*** MUST APPLY THRU PROFESSIONAL DEVELOPMENT**

The school counseling specialization is a 12-credit program designed for students who wish to obtain a school counselor license. The program may be completed during the graduate program or after finishing the degree in counseling. In addition to the following courses, students must also pass the Michigan Test for Guidance and Counseling.

Course Descriptions**TD 500 Introduction to Teaching and the Schools (2)**

Provides introduction to educational issues including: purposes of schooling, choice, diversity, urban education, accountability, uses of technology, ways of learning, and roles and conditions of teaching.

TD 511 Learning Theories (2)

Surveys 20th century theories which are the basis for learning, memory and application of knowledge. Historical and current theories will be explored as they relate to teaching and schools.

TD 554 Advanced Interaction Laboratory for Teacher Development (4)

Strengthens and refines teachers' communication skills, instructional strategies, models of teaching and delivery systems to improve the learning climate for all students.

SE 510 Introduction to the Student with Special Needs (2)

Introduction to the characteristics, etiologies and instructional and programmatic implications for students with special needs.

CNS 688 Seminar in School Counseling (2)

Investigate and discuss issues facing school counselors. Develop counselor skills while practicing in the context of school guidance programs.

Addictions Counseling

Michael P. Chaney, Coordinator
chaney@oakland.edu

APPLICATION DEADLINE: July 15th

The Addictions Counseling Specialization is designed to provide students with coursework (240 clock hours; including the prerequisite CNS 578 or 180 clock hours without CNS 578) and a portion of clinical experiences required for certification as a Certified Advanced Alcohol and Drug Counselor (CAADC) by the Michigan Certification Board for Addictions Professionals. Additionally, the specialization meets the required 12 semester hours of graduate coursework in the area of addictions and a portion of clinical experience to qualify for The Master Addictions Counselor (MAC) Credential by the National Board for Certified Counselors (NBCC). This training opportunity is open to professionals who possess at least a Master's degree.

Course Descriptions**CNS 578 Introduction to Chemical Dependency (4)**

Covers information about drugs and alcohol, including history, categories, definitions, misuse, abuse, attitudes and reasons for use. Studies the modes of prevention and treatment programs for substance abuse. Dynamics of addictive behaviors are explored including abuse of substances and process addictions. Special attention is given to physiological factors, personal traits, family dynamics, and implications for schools, communities, and businesses.

Prerequisite to Advanced courses (This course can count as you M.A. degree elective)

ADVANCED SPECIALIZATION COURSES:**CNS 668 Conceptual Models of Addiction (4)**

A study of research findings and theories that attempt to explain biological, social and psychological influences on addiction; patterns and impact of pre-addictive and addictive behavior; and recovery from addiction.

CNS 678 Counseling the Chemically Dependent (4)

An in-depth examination of traditional and innovative approaches to assessing, preventing, treating and evaluating program outcomes for addictive behavior problems.

CNS 679 Fieldwork in Addiction Counseling (4)

A field experience in a licensed substance abuse facility, supervised by a qualified specialist. Participants will meet in a seminar to integrate theory and experience.

Wellness Counseling

Coordinator
hawley@oakland.edu

APPLICATION DEADLINE: April 15th

The wellness specialization is a course of study emphasizing client counseling and education about mind-body approaches, complementary therapies, health promotion, disease prevention and overall wellness. The goal is to provide counseling professionals with the skills to help their clients achieve a level of health and wellbeing that reaches beyond merely the absence of disease. This specialization is interdisciplinary with Health Sciences when four additional credits are taken and will lead to a certificate in Complementary Medicine and Wellness.

Course Descriptions**CNS 641 Integrative Holistic Medicine Principles for Practice (4)**

Evidence-based modalities and new theories of health and disease will be used to analyze holistic approaches. Course content related to previous academic and life experiences. Topics include: stress management, psychoneuroimmunology, biofeedback, nutrition, herbology, Oriental medicine, and the psychophysiology of hope and belief. Prerequisites: If 2 credits, instructor's permission required.

CNS 653 Counseling for Wellness (4)

Focuses on psychological aspects of wellness and rehabilitation. Presents information on philosophical and pragmatic aspects of wellness, and reviews the concept as a choice or decision to gravitate towards optimal health, reaching beyond the absence of illness to the integration of psychological, social and spiritual components of physical health. Explores the actual and potential roles in the fields of health maintenance organizations and preventative medicine in designing and implementing plans to improve the wellness of individual patients/clients, and groups.

EXS 535 Health-Promoting Lifestyles Choices and Interventions (4)

Emphasizes physical aspects of health-promoting behaviors, and philosophies of primary and secondary prevention, health education and health interventions. Includes modules on health beliefs, theoretical models of health and disease behaviors, principles of behavior modification and relapse prevention, predictors and measures of intervention success, and strategies for improving adherence.

-OR-

HS 630 Complementary Medicine and Wellness Seminar (2) -AND- CNS 560 Approved Independent Study (2)

In-depth study of often-cited, controversial or recent publications relating to alternative and complementary medicine and wellness. Integrates the physical, psychological, environmental, spiritual and social dimensions of the Complementary Medicine and Wellness Program. Student must meet the prerequisites (HS 652 or CNS 652) or have permission of instructor

ADVANCED SPECIALIZATION IN STUDENT AFFAIRS ADMINISTRATION

Lisa D. Hawley, Coordinator

hawley@oakland.edu

APPLICATION DEADLINE: July 1st

The student affairs administration specialization is designed for counseling students or professionals who wish to receive specialized training related to higher education professional settings, including college counseling, higher education administration, and advising. The specialization represents a collaborative effort between the Department of Counseling and the Department of Educational Leadership.

Course Descriptions**EL 586 Introduction to Administration of Student Services in Higher Education (4)**

The purpose of this course is to provide students with an introduction to the major theories, practices, and issues relevant to the administration of student services in a college or university setting. Students will examine administrative processes and functions from a variety of perspectives through reading, writings, and discussion.

CNS 591 Counseling and Advising the College Student: Admissions, Advising, Retention, and Career Planning (4)

The purpose of this course is to understand advising and counseling services for college students. Specifically, admissions, retention, academic advising and college counseling will be discussed. Models of advising and counseling for academic achievement will be described for students in the college setting.

CNS 592 College Student Development and the Campus Setting (4)

This course discusses student demographics and characteristics, assessment of student development and campus environments. Campus interventions for both individuals and groups will also be discussed. Student development theories, higher education trends, and campus cultures will be addressed.

SPECIALIZATION APPLICATION

APPLICATION FOR COUNSELING SPECIALIZATIONS

APPLY FOR: (check one)

CAREER ☐

MENTAL HEALTH ☐

CHILD AND ADOLESCENT ☐

COUPLE AND FAMILY ☐

ADDICTIONS ☐

WELLNESS ☐

STUDENT AFFAIRS ☐

Name: _____

Address: _____

Daytime Phone: _____ Evening Phone: _____

Email: _____

THE FOLLOWING HAVE AGREED TO BE CONTACTED AS REFERENCES:

Name: _____

Address: _____

Phone: _____

Relationship: **Colleague** ☐

Supervisor ☐

Professor ☐

Name: _____

Address: _____

Phone: _____

Relationship: **Colleague** ☐

Supervisor ☐

Professor ☐

CHECKLIST

In addition to the above, enclose the following:

- ☐ *Transcript* (a copy of your student transcript from your M.A. is adequate)
- ☐ *Copy of professional license or other credential.* (if applicable)
- ☐ *A typewritten statement of intent and goals* (not to exceed 2 pages).

Please return to:

Oakland University
491B Pawley Hall
Rochester, MI 48309
Phone: (248) 370-4179
Fax: (248) 370-4141