

Crossing the Line

Set the tone of the exercise by explaining that this activity requires respect and silence (no talking, laughing, giggling, etc.). We want to create a safe space for learning about one another. You will discuss the activity at the end.

Facilitator: Ask participants to line up across the room and step forward when they hear a statement that they identify with.

1. If you are a woman.
2. If you are a man.
3. If you are African American or Black.
4. If you are Latino/a, Chicano/a, or Mexican American.
5. If you ever got a 4.0 in college.
6. If you are Jewish.
7. If you were ever in a school play or musical.
8. If you were raised by a single parent.
9. If you commute.
10. If you live in the residence halls.
11. If you come from a working-class family.
12. If you ever waited to the last minute and crammed for an exam.
13. If you were raised in the country or rural area.
14. If you come from an affluent or wealthy family.
15. If you were raised in the city.
16. If you were raised in the suburbs.
17. If neither of your parents received a college education.
18. If you were ever held back a grade in school or tracked for non-college courses in school.
19. If you have a visible or non-visible physical disability.
20. If you come from a family where alcohol or drugs were/are a problem.
21. If you attended an OU athletic event.
22. If you are a student.

23. If you can sing or play an instrument well.
24. If you or a member of your family has ever met with a therapist or counselor.
25. If you were ever called fat.
26. If you are gay, lesbian, bisexual, or transgender.
27. If you consider yourself to be an ally of gay, lesbian, bisexual and transgender people.
28. If you have ever experienced being bullied or mistreated.
29. If you ever bullied or mistreated someone.
30. If you are uncomfortable with this exercise.
31. If you are an only child.
32. If you are adopted.
33. If you come from an affluent or wealthy family.
34. If you are a 1st generation college student.
35. If you are a Christian.
36. If you take medications on a daily basis.
37. If you plan to be or are a member of a fraternity or sorority.
38. If you are a vegetarian.
39. If you own a gun.
40. If you have been a victim of a crime.
41. If you have ever been teased or made fun of.
42. If you have ever teased or made fun of someone.
43. If you lied at any point during this exercise.

Group Process: Ask these questions while participants are sitting in a circle.

- How are you feeling right now?
- What do you think was the purpose of this exercise?
- What did you learn from it?
- What happened during the exercise?
- Did anything in this exercise surprise you?
- What did you observe in this exercise?
- How did it feel to cross the line when you were stepping out with several other people?
- How did it feel when you stepped out alone?
- What might we draw from this exercise that might help us in our daily interactions with other people?
- How can you apply what you learned here to your college experience?