

Oakland University
Nutrition and Health Minor Authorization
2015-2016 Checklist

This form is to be used to plan a program for a minor in Nutrition and Health. This minor is available to complement majors in the School of Health Sciences or in other programs at the University. A minimum GPA of 2.0 must be earned in each course for the minor.

Student _____ Grizzly Number _____
OU Email Address _____ Phone _____
Minor Sought **Nutrition & Health**

Oakland University courses required for the minor (18 credits):

Dept/Course #	Title	Credits
HS 205	Human Nutrition & Health	4
HS 310	Nutrition and Lifecycles(prereq HS 205)	4
HS 311	Contemporary Topics in Nutrition (prereq HS 205)	2
HS 312	Community Nutrition (prereq HS 205)	4
HS 313	Nutrition & culture (prereq HS 205)	4
	Total Core Credits	18

Choose 4 credits of electives from the following courses:

HS 320	Nutrition and Physical Activity (Prereq HS 205)	2
HS 321	Herbs, supplements, and nutrition (Prereq HS 205)	2
HS 322	Eating Disorders (Prereq HS 205)	2
HS 326	Food Politics (Prereq HS 205)	2
HS 323	Foodborne Illnesses (Prereq HS 205)	2
HS 324	Introduction to Food Science (Prereq HS 205, Coreq HS 325)	3
HS 325	Introduction to Food Science Lab (Prereq HS 205, Coreq HS 324)	1
HS 460	Nutrient Metabolism (Prereqs HS 205, 310, 312)	4
	Total elective credits	4
	Final total credits	22

Signature of student _____ Date _____
Adviser signature _____ Date _____

For Minor Approval:
Complete this form, sign and return to the
School of Health Sciences
Undergraduate Academic Advising Office
3070 Human Health Building or
Fax: 248-364-8657