

## WELLNESS AND HEALTH PROMOTION (WHP) MINOR 2018-2019

This form is used for students seeking a minor in Wellness and Health Promotion. This minor is available to complement majors in the School of Health Sciences or in other programs at the University. A minimum GPA of 2.5 must be earned in each course for the minor. A 28 credit-hour minor in WHP is an option for all students not majoring in WHP.

Student \_\_\_\_\_

Grizzly Number \_\_\_\_\_

OU Email Address \_\_\_\_\_

Phone \_\_\_\_\_

<b>IDEAL 5 SEMESTER COURSE SEQUENCE:</b> 2.5 minimum grade required in all courses	<b>*4 SEMESTER COURSE SEQUENCE</b> <b>3.0 grade required in all minor courses; GPA</b> <b>above 3.0</b>	<b>*3 SEMESTER COURSE SEQUENCE</b> <b>3.5 grade required in all minor courses; GPA above</b> <b>3.5</b>
<b>Note: PSY 1000 is preferred before taking:</b>	<b>PSY 1000 (preferred first)</b>	<b>PSY 1000 (preferred first)</b>
Semester 1. HS 2000 (4)	1. HS 2000 (4)	1. HS 2000 (4)
Semester 1. EXS 2400 (4)	1. EXS 2400 (4)	1. EXS 2400 (4)
Semester 2. HS 3000 (4)	2. HS 3000 (4)	2. HS 3000 (4)
<b>Note: WRT 1060 is required before taking:</b>	<b>WRT 1060 required</b>	<b>WRT 1060 required</b>
Semester 3. WHP 3500 (4)	2. WHP 3500 (4)	2. WHP 3500 (4)
Semester 4. WHP 3850 (4)	3. WHP 3850 (4)	3. WHP 3850 (4)
Semester 5. WHP 4000 (4) and WHP 4030 (4) co-requisites	4. WHP 4000 (4) and WHP 4030 (4) co-requisites	3. WHP 4000 (4) and WHP 4030 (4) co-requisites

\*A five-semester sequence of prerequisite courses is applied to the minor. However, high-achieving students with GPAs above 3.0 and 3.5 may follow accelerated semester sequence options. For details, see the **WHP website**.

WHP 3850 Injury Prevention, Control, and Safety Promotion will be discontinued as of Fall 2018. Students may substitute WHP 4900 Special Topics: Intro to Health Communication or WHP 3200 Intro to Health Communication through submission of a Petition of Exception.

Student signature \_\_\_\_\_ Date \_\_\_\_\_

Advisor signature \_\_\_\_\_ Date \_\_\_\_\_

For Minor Approval:  
Complete this form, sign and return to the  
School of Health Sciences Undergraduate Academic Advising Office  
1014 Human Health Building or Fax: 248-364-8842