

Oakland University  
Nutrition and Health Minor Authorization  
2018 – 2019 Checklist

This form is to be used to plan a program for a minor in Nutrition and Health. This minor is available to complement majors in the School of Health Sciences or in other programs at the University. **A minimum GPA of 2.0 must be earned in each course for the minor.**

Student \_\_\_\_\_ Grizzly Number \_\_\_\_\_  
OU Email Address \_\_\_\_\_ Phone \_\_\_\_\_  
Minor Sought **Nutrition & Health**

**Oakland University courses required for the minor (18 credits):**

Dept/Course #	Title	Credits
HS 2500	Human Nutrition & Health	4
HS 4100	Nutrition and Lifecycles(prereq HS 2500)	4
HS 3110	Contemporary Topics in Nutrition (prereq HS 2500)	2
HS 3120	Community Nutrition (prereq HS 2500)	4
HS 3130	Nutrition & culture (prereq HS 2500)	4
<b>Total Core Credits</b>		<b>18</b>

**Choose 4 credits of electives from the following courses:**

HS 3200	Nutrition and Physical Activity (Prereq HS 2500)	2
HS 3210	Herbs, supplements, and nutrition (Prereq HS 2500)	2
HS 3220	Eating Disorders (Prereq HS 2500)	2
HS 3260	Food Politics (Prereq HS 2500)	2
HS 3230	Foodborne Illnesses (Prereq HS 2500)	2
HS 3240	Introduction to Food Science (Prereq HS 2500, Coreq HS 3245)	3
HS 3245	Introduction to Food Science Lab (Prereq HS 2500, Coreq HS 3240)	1
HS 4150	Nutrient Metabolism (Prereqs HS 2500, 4100, 3120)	4
<b>Total elective credits</b>		<b>4</b>
<b>Final total credits</b>		<b>22</b>

Signature of student \_\_\_\_\_ Date \_\_\_\_\_  
Adviser signature \_\_\_\_\_ Date \_\_\_\_\_

**For Minor Approval:**  
**Complete this form, sign and return to the**  
**School of Health Sciences**  
**Undergraduate Academic Advising Office**  
**1014 Human Health Building or**  
**Fax: 248-364-8842**