

Announcements

Congratulations to Dr. Michele Parkhill-Purdie who was appointed as Director of the Bachelor's of Integrative Studies (BIS) program!

Nominations for the OU Senate, *Teaching Excellence Award*, are open for this year until October 19th. Please consider sharing the award with your students, or nominating your colleagues: www.tinyurl.com/OUteachingexcellence

Upcoming Events

Oct 2: SPSS Workshop (11:30-1:30PM). Hosted by Dr. Taku and Dan Gildner Lake MI Room, OC.

Oct 3: Lunch Bunch (12-1PM). Dr. Mary Lewis will discuss her research on adolescent prosocial behavior. Gold Room, OC.

Oct 16: CV & Personal Statement Workshop (11:30-1:30PM). Hosted by Dr. McGinnis. Ambassador B (158)

Nov 2: Distinguished Lecturer in Psychology (3:30-5PM). James Diefendorff from the University of Akron will discuss: *Emotion regulation at work: Understanding the "heart" of emotional labor*. 202B O'Dowd Hall. Light refreshments served.

Dr. Parkhill-Purdie and her family and lab enjoy a weekend up north on the lake



Recent Publications

Brown, D. J., & Zeigler-Hill, V. (2018). Self-esteem. In D. L. Ferris, R. E. Johnson, & C. Sedikides (Eds.), *The self at work: Fundamental theory and research* (pp. 40-71). New York, NY: Routledge.

Jonason, P. K., & Zeigler-Hill, V. (2018). The fundamental social motives that characterize dark personality traits. *Personality and Individual Differences*, 132, 98-107.

Markarian, S., Gildner, D., Pickett, S. & Warnke, A. (in press). Morningness-Eveningness and Social Anxiety Symptoms: The Influence of Depression Symptoms on the Indirect Effect through Punishment Sensitivity and Experiential Avoidance. *Chronobiology International*.

Tratner, A. E., & McDonald, M. M. (In Press). Genocide and the Male Warrior Psychology. In Newman, L. S. (Eds.). *Confronting Humanity at its Worst: The Social Psychology of Genocide and Extreme Intergroup Violence*. Syracuse, NY.

Tratner, A. E., Shackelford, T. K., Zeigler-Hill, V., Vonk, J., McDonald, M. M. (In press). Fear the Unseen: Supernatural Belief and Hyperactive Agency-Detection in Virtual Reality. *Religion, Brain & Behavior*.

Recent Presentations

Kashihara, J., Yamakawa, I., Kameyama, A., Muranaka, M., Harrison, L., Dominick, W., Marton, V., Nicholas, A., Taku, K., & Sakamoto, S. (2018, September). Cross-cultural differences in perceptions of modern and traditional types depression between Japan and the United States. Poster presented at the Australian Psychological Society Congress (APS), Sydney, Australia.

PsychMatters October 2018



PSI CHI

The PSI CHI office is located in Pryale Hall

PSI CHI is the International Honors Society in Psychology at Oakland University. The purpose of PSI CHI is to encourage, stimulate, and maintain excellence in scholarship of the individual members in all fields, particularly in psychology and to advance the science of psychology.

PURPOSE

To encourage, stimulate, and maintain excellence in scholarship of the individual members in all fields, particularly in psychology, and to advance the science of psychology.



GOALS

To provide academic recognition to its inductees. Augment and enhance the regular curriculum.

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New *PsychMatters* Editor introduction for the 2018-2019 school year.

PSI CHI goals for the 2018-2019 school year

PSI CHI President Emanuel Romero reports his goals for the upcoming school year.

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VASR Research Study

Introduction

Hello everyone! I wanted to take the time to introduce myself, as I will be the *PsychMatters* Editor for the 2018-2019 school year. My name is Brooke Silverson and I am in my senior year at Oakland University. I am majoring in Psychology and minoring in Criminal Justice. My goal is to further my education by obtaining a PsyD, preferably with a concentration in Forensic Psychology. I have always had a passion for psychology and I do have a few interests outside of my intended concentration, which include: behavioral, clinical, and geropsychology.

As of the 2018 winter semester, I became a Research Assistant in Dr. Kozak's and Dr. Pickett's Project STARLIT lab. Becoming a Research Assistant was a great step for me to start getting more involved within the psychology department at Oakland University.

I decided to take on the role of *PsychMatters* Editor within PSI CHI to become even more involved, not just in the psychology department, but also Oakland in general. I also wanted to engage with other students who shared similar interests, along

with a passion for psychology. In addition, I wanted to relay information about both PSI CHI and psychology at Oakland University to the public.

PSI CHI GOALS FOR 2018-2019

President Emanuel Romero discussed his goals for the new school year. Romero is a junior double majoring in Psychology and International Relations, along with minoring in Spanish. The following are his goals for the year.

Increased Involvement

Romero would like to bring together psychology majors, minors, and others interested in the field of psychology resources that would benefit them. These resources include workshops aiming to assist students in planning for the future and faculty members presenting research. Romero believes this to be an important aspect for gaining knowledge of the field, along with allowing students to see and understand what is happening within the field. He stresses that having higher attendance at PSI CHI events is crucial and is driven to bring these resources to as many students as possible.

“This will give them the opportunity to come to our events and take away something that is useful, or set them on a path that would inspire them to do something worthwhile to them” ~ Emanuel Romero

Liaison Program

Romero has been working on having a larger and more involved liaison program. The importance of a larger liaison program is to ensure that PSI CHI’s messages are being shared with as many people as possible.

“I would like for the psychology department to have a unified student body to share ideas, talk about new developments, and stay connected once we graduate” ~ Emanuel Romero

I’d like to note that class liaisons, who are responsible for speaking about events to their class, are a great step to becoming more involved within PSI CHI. I encourage students to talk to officers about this opportunity, especially if you’re interested in the field of psychology.

Events in October

SPSS Workshop—Tuesday, October 2nd, 12:00-1:00pm, Lake Michigan Room

Lunch Bunch with Dr. Mary Lewis—Wednesday, October 2nd, 12:00-1:00pm, Ambassador B (Room 158)

Lunch Bunch with Dr. Keith Williams—Tuesday, October 9th, 12:00-1:00pm, Ambassador B (Room 158)

PSI CHI October Meeting—Tuesday, October 9th, 1:00-2:00pm, Room 126

CV/Personal Workshop—Tuesday, October 16th, 12:00-1:00pm, Ambassador B (Room 158)

Lunch Bunch with Dr. Martha Escobar—Wednesday, October 17th, 12:00-1:00pm, Ambassador A (Room 157)

Project STARLIT

Dr. Kozak, Dr. Pickett, and Nicole Jarret are conducting a longitudinal research study focusing on incoming new students at Oakland University, tracking their first two years in college. Project STARLIT is an NIH-funded study that monitors the relationship between sleep, psychical activity, diet and body fat composition.

The study takes place on Oakland University's campus and consists of 8 in-person sessions, once deemed eligible to participate. Although recruitment for participation is now over, the eligibility criteria were as follows:

Must be at least 18 years of age or 17 with parental consent, who is also ambulatory

Must be an incoming new student at Oakland University

Have a body mass index between 18.5-29.9

Not pregnant

Must not have a neurological problem, head injury, sleep disorder, mood disorder, anxiety disorder, psychosis, autism spectrum disorder, suicidal ideation/plan, or substance disorder

The first session takes approximately 1-1.5 hours and provides information on the equipment used to measure sleep patterns and physical activity. The equipment is worn for one week and after the week is over, participants return back to the lab to return the devices, complete a packet of questionnaires about sleep, eating behaviors, diet, mood, and emotion regulation. During Session 2, participants receive a DXA scan (dual-energy X-ray absorptiometry scanner) which measures body composition. Session 2 take approximately 1.5 hours to complete. Over two years, specifically at 8, 16, and 24 months, participants return back to the lab for approximately 10 minutes to pick up devices to wear for one week. After each week is up, participants return back to the lab once more to return the equipment and complete a packet of questionnaires about sleep, eating behaviors, diet, mood, and emotion regulation, along with having a DXA scan. These return sessions take approximately 1-1.5 hours to complete.

Compensation

Ineligible participants cannot be compensated.

Session 1: \$10 cash for completion

Session 2: \$20 cash for completion

Session 4: \$30 cash for completion

Session 6: \$35 cash for completion

Session 8: \$45 cash for completion

Total compensation: \$140

VASR Research Study

A study is being conducted at Oakland University with the aim to better understand the dynamics of a wide variety of aspects that have to do with sexuality within heterosexual romantic relationships.

Based on the fact that a majority of studies conducted on human sexuality only collect data from one member of the relationship, the VASR research study aims to collect data from both partners. The big factor for VASR is the ability to see how the individuals affect their partner within their relationship.

Those who chose to participate in this study are asked to complete a survey that takes approximately 1 hour to complete in a research lab setting. Participants will then

be contacted six months later to complete an additional, optional 30-minute survey.

Nicole Barbaro, PhD student, is the Principle Investigator for the VASR research study. She was awarded the Provost Graduate Student Research Award (\$2,000) as funds to conduct VASR.

Eligibility

Be in a heterosexual, sexually active relationship for at least 3 months

Both partners must be between the ages of 18 and 35 years

Both partners must be able to come to the lab at the same time for the first session

Compensation

Each person will receive \$10 cash for completing Session 1. Compensation is not provided for completing Session 2 (online).

The participation time for this study is approximately 1.5-2 hours.

For more information:

<https://sites.google.com/site/vasrresearch/home>

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