

Bachelor of Science in Health Sciences with a Concentration in Holistic Health

Health Sciences Core Requirements

Oakland University Courses	West Shore Community College Courses
BIO 1200	BIO 122
BIO 2100, 2101 and 2600	ANP 230 and 231
PSY 1000	PSY 161

Holistic Health Concentration Elective Options

Oakland University Courses	West Shore Community College Courses
Choose at least 34 elective credits* from the list (more options available at OU, discuss options with an OU adviser)	ALH 104; (ALH 114 or PSY 265); BIO 123, 244; CHM 107, 110, 122, 123, 222, 223; COM 101; ENG 111; MTH 123, 161, 222; PHY 232, 233, 236, 237; SOC 171

TRANSFERRING WITH THE MICHIGAN TRANSFER AGREEMENT (MTA):

When choosing to complete MTA to satisfy General Education, please confirm the best courses to take to fulfill the agreement with your academic adviser at West Shore or at the [West Shore MTA Approved Courses](#) website. If you intend to complete MTA when following this major guide, take ((ALH 114 or PSY 265), PHY 233 or 237, or SPE 101) or select another course from OU's **Knowledge Applications** category in order to satisfy OU's transferable General Education requirements.

Additional course requirements for MTA when following this major guide (minimum 30 credit hours required for MTA):

- ENG 111 **and** ENG 112 (required prerequisite for coursework at OU)
- One MTA Approved Math course (can be satisfied by MTH elective options above)
- One MTA Approved Science course (can be satisfied by CHM or PHY elective options above)
- One MTA Approved Social Sciences course (can be satisfied by SOC 171)
- Two MTA Approved Humanities courses

TRANSFERRING WITHOUT MTA:

If you intend to transfer without MTA, you can choose to complete additional coursework to fulfill OU's individual General Education categories instead. When following this major guide, please reference the [West Shore General Education Transfer Guide](#) for the West Shore courses that satisfy these specific OU General Education categories:

- Writing Foundations (ENG 112)
- Formal Reasoning (MTH 123 or MTH 222)
- Arts
- Language and Culture
- Global Perspective
- Literature
- Western Civilization
- Knowledge Applications ((ALH 114 or PSY 265), (PHY 233 or 237) or SPE 101)

Please contact the School of Health Sciences Academic Advising office at 248-370-2369, email shs@oakland.edu, or visit their [website](#) for more information regarding your major program.

NOTES:

Students may transfer an unlimited amount of credit from West Shore, and must complete a minimum of 45 credit hours from OU to meet degree requirements. As programs may limit how much transfer credit can be used toward requirements, **it is highly recommended that students work with both an OU academic adviser and their West Shore academic adviser to maximize the applicability of coursework to specific requirements.**

Oakland University will always honor the **MACRAO transfer agreement** and apply it to the General Education requirement the same as MTA.

OU's [ECLIPSE program](#), a unique community-engaged leadership initiative, is one of only a few health-science specific leadership programs in the country.