

Bachelor of Science in Health Sciences with a Concentration in Holistic Health

Health Sciences Core Requirements

Oakland University Courses	Southwestern Michigan College Courses
BIO 1200	BIOL 101
BIO 2100, 2101 and 2600	BIOL 214 and 215
PSY 1000	PSYC 101

Holistic Health Concentration Elective Options

Oakland University Courses	Southwestern Michigan College Courses
Choose at least 34 elective credits* from the list (more options available at OU, discuss options with an OU adviser)	BIOL 102; CHEM 100; CHEM 101; CHEM 102; CHEM 201; CHEM 202; EDUC 215; (ENGL 103 or 103W); HEED 101; MATH 130; MATH 141; MATH 150; PHYS 101; PHYS 102; PHYS 201; PHYS 202; SOCI 201; SPEE 102

TRANSFERRING WITH THE MICHIGAN TRANSFER AGREEMENT (MTA):

When choosing to complete MTA to satisfy General Education, please confirm the best courses to take to fulfill the agreement with your academic adviser at Southwestern or at the [Southwestern MTA Approved Courses](#) website. If you intend to complete MTA when following this major guide, take (EDUC 215, PHYS 102, PHYS 202, or SPEE 102) or select another course from OU's **Knowledge Applications** category in order to satisfy OU's transferable General Education requirements.

Additional course requirements for MTA when following this major guide (minimum 30 credit hours required for MTA):

(ENGL 103 or 103W) **and** ENGL 104 (required prerequisite for coursework at OU)

One MTA Approved Math course (can be satisfied by MATH elective options above)

One MTA Approved Natural Sciences course (can be satisfied by CHEM or PHYS elective options above)

One MTA Approved Social Sciences course (can be satisfied by EDUC 215 or SOCI 201)

Two MTA Approved Humanities courses

TRANSFERRING WITHOUT MTA:

If you intend to transfer without MTA, you can choose to complete additional coursework to fulfill OU's individual General Education categories instead. When following this major guide, please reference the [Southwestern General Education Transfer Guide](#) for the Southwestern courses that satisfy these specific OU General Education categories:

- Writing Foundations (ENGL 104)
- Formal Reasoning (can be satisfied by MATH 141 or MATH 150)
- Arts
- Language and Culture
- Global Perspective
- Literature
- Western Civilization
- Knowledge Applications (can be satisfied by EDUC 215, PHYS 102, PHYS 202, or SPEE 102)

Please contact the School of Health Sciences Academic Advising office at 248-370-2369, email shs@oakland.edu, or visit their [website](#) for more information regarding your major program.

NOTES:

Students may transfer an unlimited amount of credit from Southwestern, and must complete a minimum of 45 credit hours from OU to meet degree requirements. As programs may limit how much transfer credit can be used toward requirements, **it is highly recommended that students work with both an OU academic adviser and their Southwestern academic adviser to maximize the applicability of coursework to specific requirements.**

Oakland University will always honor the **MACRAO transfer agreement** and apply it to the General Education requirement the same as MTA.

OU's [ECLIPSE program](#), a unique community-engaged leadership initiative, is one of only a few health-science specific leadership programs in the country.