

Bachelor of Science in Exercise Science

Exercise Science Foundational Course Requirements

Oakland University Courses	Southwestern Michigan College Courses
BIO 1200	BIOL 101
BIO 2100, 2101 and 2600	BIOL 214 and 215
MTH 1441 or MTH 1554	MATH 130 or MATH 141
CHM 1440 and 1470	CHEM 101
PHY 1010 and 1100	PHYS 101
PSY 1000	PSYC 101
STA 2220	MATH 150

TRANSFERRING WITH THE MICHIGAN TRANSFER AGREEMENT (MTA):

When choosing to complete MTA to satisfy General Education, please confirm the best courses to take to fulfill the agreement with your academic adviser at Southwestern or at the [Southwestern MTA Approved Courses](#) website. In order to completely satisfy OU's transferable General Education requirements when following this major guide, please reference the [Southwestern General Education Transfer Guide](#) and select one course from OU's **Knowledge Applications** category.

Additional course requirements for MTA when following this major guide (minimum 30 credit hours required for MTA):

(ENGL 103 or 103W) **and** ENGL 104 (required prerequisite for coursework at OU)
One MTA Approved Social Sciences course
Two MTA Approved Humanities courses

TRANSFERRING WITHOUT MTA:

If you intend to transfer without MTA, you can choose to complete additional coursework to fulfill OU's individual General Education categories instead. When following this major guide, please reference the [Southwestern General Education Transfer Guide](#) for the Southwestern courses that satisfy these specific OU General Education categories:

- Writing Foundations (ENGL 104)
- Arts
- Language and Culture
- Global Perspective
- Literature
- Western Civilization
- U.S. Diversity
- Knowledge Applications

NOTES:

Please contact the School of Health Sciences Academic Advising office at 248-370-2369, email shs@oakland.edu, or visit their [website](#) for more information regarding your major program.

Students may transfer an unlimited amount of credit from Southwestern, and must complete a minimum of 45 credit hours from OU to meet degree requirements. As programs may limit how much transfer credit can be used toward requirements, **it is highly recommended that students work with both an OU academic adviser and their Southwestern academic adviser to maximize the applicability of coursework to specific requirements.**

The program also offers a unique [Orthotist and Prosthetist Assistant Studies \(OPA\) specialization](#), which equips students with the skills needed for one-on-one patient care under the direction of a certified orthotist or prosthetist. **Students interested in this specialization can also transfer AH 100 from Henry Ford to OU.**

OU's [ECLIPSE program](#), a unique community-engaged leadership initiative, is one of only a few health-science specific leadership programs in the country.

Oakland University will always honor the **MACRAO transfer agreement** and apply it to the General Education requirement the same as MTA.