

Bachelor of Science in Exercise Science

Exercise Science Foundational Course Requirements

| Oakland University Courses | Northwestern Michigan College Courses |
|---|--|
| BIO 1200 | BIO 115 and 115L |
| BIO 2100, 2101 and 2600 | (BIO 227 and 227L) and (BIO 228 and 228L) |
| (MTH 1331 and 1332) or MTH 1554 | (MTH 121 and 122) or MTH 141 |
| CHM 1440 and 1470 | CHM 150 and 150R and 150L |
| PHY 1010 and 1100 | PHY 121 and 121L |
| PSY 1000 | PSY 101 |
| STA 2220 | MTH 131 |

TRANSFERRING WITH THE MICHIGAN TRANSFER AGREEMENT (MTA):

When choosing to complete MTA to satisfy General Education, please confirm the best courses to take to fulfill the agreement with your academic adviser at NMC or at the [NMC MTA Approved Courses](#) website. In order to completely satisfy OU's transferable General Education requirements when following this major guide, please reference the [NMC General Education Transfer Guide](#) and select one course from OU's **Knowledge Applications** category.

Additional course requirements for MTA when following this major guide (minimum 30 credit hours required for MTA):

- ENG 111 **and** ENG 112 (required prerequisite for coursework at OU)
- One MTA Approved Social Sciences course
- Two MTA Approved Humanities courses

TRANSFERRING WITHOUT MTA:

If you intend to transfer without MTA, you can choose to complete additional coursework to fulfill OU's individual General Education categories instead. When following this major guide, please reference the [NMC General Education Transfer Guide](#) for the NMC courses that satisfy these specific OU General Education categories:

- Writing Foundations (ENG 112)
- Arts
- Language and Culture
- Global Perspective
- Literature
- Western Civilization
- U.S. Diversity
- Knowledge Application

NOTES:

Please contact the School of Health Sciences Academic Advising office at 248-370-2369, email shs@oakland.edu, or visit their [website](#) for more information regarding your major program.

Students may transfer an unlimited amount of credit from NMC, and must complete a minimum of 45 credit hours from OU to meet degree requirements. As programs may limit how much transfer credit can be used toward requirements, **it is highly recommended that students work with both an OU academic adviser and their NMC academic adviser to maximize the applicability of coursework to specific requirements.**

The program also offers a unique [Orthotist and Prosthetist Assistant Studies \(OPA\) specialization](#), which equips students with the skills needed for one-on-one patient care under the direction of a certified orthotist or prosthetist. **Students interested in this specialization can also transfer HAH 101 from NMC to OU.**

OU's [ECLIPSE program](#), a unique community-engaged leadership initiative, is one of only a few health-science specific leadership programs in the country.

Oakland University will always honor the **MACRAO transfer agreement** and apply it to the General Education requirement the same as MTA.