

**Bachelor of Science in Health Sciences with a Concentration in Holistic Health**

**Health Sciences Core Requirements**

Oakland University Courses	North Central Michigan College Courses
BIO 1200	BIO 151
BIO 2100, 2101 <b>and</b> 2600	BIO 235 <b>and</b> 236
PSY 1000	PSY 161
HS 2000	AH 130

**Holistic Health Concentration Elective Options**

Oakland University Courses	North Central Michigan Courses
Choose <b>at least 34 elective credits*</b> from the <a href="#">list</a> (more options available at OU, discuss options with an OU adviser)	ASL 111; BIO 152; CEM 101; CEM 121; CEM 122; CEM 231; CEM 232; COM 111; ENG 111; HE 200; MATH 150; OAS 116; PHY 210; PHY 211; PHY 230; PHY 231; PSY 261; SOC 171; STAT 200

**TRANSFERRING WITH THE MICHIGAN TRANSFER AGREEMENT (MTA):**

When choosing to complete MTA to satisfy General Education, please confirm the best courses to take to fulfill the agreement with your academic adviser at North Central or at the [North Central MTA Approved Courses](#) website. If you intend to complete MTA when following this major guide, take (COM 111, PHY 211, PHY 231, or PSY 261) or select another course from OU's **Knowledge Applications** category in order to satisfy OU's transferable General Education requirements.

**Additional course requirements for MTA when following this major guide (minimum 30 credit hours required for MTA):**

- ENG 111 **and** ENG 112 (required prerequisite for coursework at OU)
- One MTA Approved Math course (can be satisfied by MATH or STAT elective options above)
- One MTA Approved Science course (can be satisfied by CEM or PHY elective options above)
- One MTA Approved Social Sciences course (can be satisfied by SOC 171)
- Two MTA Approved Humanities or Fine Arts courses

**TRANSFERRING WITHOUT MTA:**

If you intend to transfer without MTA, you can choose to complete additional coursework to fulfill OU's individual General Education categories instead. When following this major guide, please reference the [North Central General Education Transfer Guide](#) for the North Central courses that satisfy these specific OU General Education categories:

- Writing Foundations (ENG 112)
- Formal Reasoning (MATH 150 or STAT 200)
- Arts
- Language and Culture (ASL 111)
- Global Perspective
- Literature
- Western Civilization
- Knowledge Applications (COM 111, PHY 211, PHY 231, or PSY 261)

Please contact the School of Health Sciences Academic Advising office at 248-370-2369, email [shs@oakland.edu](mailto:shs@oakland.edu), or visit their [website](#) for more information regarding your major program.

**NOTES:**

Students may transfer an unlimited amount of credit from North Central, and must complete a minimum of 45 credit hours from OU to meet degree requirements. As programs may limit how much transfer credit can be used toward requirements, **it is highly recommended that students work with both an OU academic adviser and their North Central academic adviser to maximize the applicability of coursework to specific requirements.**

Oakland University will always honor the **MACRAO transfer agreement** and apply it to the General Education requirement the same as MTA.

OU's [ECLIPSE program](#), a unique community-engaged leadership initiative, is one of only a few health-science specific leadership programs in the country.