

Bachelor of Science in Wellness and Health Promotion

Major Core Requirements

Oakland University Courses	Muskegon Community College Courses
WRT 1060	ENG 101
NTR 2500	HE 102
STA 2220	MATH 115A
PSY 1000	PSYC 201
EXS 2700	HE 100A

TRANSFERRING WITH THE MICHIGAN TRANSFER AGREEMENT (MTA):

When choosing to complete MTA to satisfy General Education, please confirm the best courses to take to fulfill the agreement with your academic adviser at Muskegon or at the [Muskegon MTA Approved Courses](#) website. . In order to completely satisfy OU's transferable General Education requirements when following this major guide, please reference the [Muskegon General Education Transfer Guide](#) and select one course from OU's **Knowledge Applications** category.

Additional course requirements for MTA when following this major guide (minimum 30 credit hours required for MTA):

- One MTA Approved English Composition or Communications course
- Two MTA Approved Natural Sciences courses
- One MTA Approved Social Sciences course
- Two MTA Approved Humanities or Fine Arts courses

TRANSFERRING WITHOUT MTA:

If you intend to transfer without MTA, you can choose to complete additional coursework to fulfill OU's individual General Education categories instead. When following this major guide, please reference the [Muskegon General Education Transfer Guide](#) for the Muskegon courses that satisfy these specific OU General Education categories:

- Arts
- Language and Culture
- Literature
- Western Civilization
- Knowledge Applications

NOTES:

Students must have a minimum cumulative transfer GPA of 2.5 in order to be admitted to the Wellness and Health Promotion curriculum.

Please contact the School of Health Sciences Academic Advising office at 248-370-2369, email shs@oakland.edu, or visit their [website](#) for more information regarding your major program.

OU's Wellness and Health Promotion program is ranked within the top 10 programs in the country, and is accredited with the National Wellness Institute.

Earn a Master of Public Health (MPH) in addition to a bachelor's degree in WHP with the [new 4 + 1 program!](#)

Oakland University will always honor the **MACRAO transfer agreement** and apply it to the General Education requirement the same as MTA.

OU's [ECLIPSE program](#), a unique community-engaged leadership initiative, is one of only a few health-science specific leadership programs in the country.