

**Bachelor of Science in Health Sciences with a Concentration in Holistic Health**

**Health Sciences Core Requirements**

Oakland University Courses	Mott Community College Courses
BIO 1200	BIOL 111/111L
BIO 2100, 2101 <b>and</b> 2600	BIOL 151/151L <b>and</b> 152/152L
PSY 1000	PSYC 281

**Holistic Health Concentration Elective Options**

Oakland University Courses	Mott Community College Courses
Choose <b>at least 34 elective credits*</b> from the <a href="#">list</a> (more options available at OU, discuss options with an OU adviser)	AHLT 102; ASL 100; BIOL 112/112L; BIOL 227; CHEM 111/111L/111R; CHEM 112/112L/112R; CHEM 131/131L/131R; CHEM 132/132L/132R; CHEM 237/237L/237R; CHEM 238/238L/238R; COMM 131; ENGL 101; HEAL 129; HFPR 100; HFPR 205; HFPR 210; MATH 145; MATH 150; MATH 170; PHYS 281/281L; PHYS 282/282L; PHYS 287/287L; PHYS 288/288L; PSYC 291; SOCY 191

**TRANSFERRING WITH THE MICHIGAN TRANSFER AGREEMENT (MTA):**

When choosing to complete MTA to satisfy General Education, please confirm the best courses to take to fulfill the agreement with your academic adviser at Mott or at the [Mott MTA Approved Courses](#) website. If you intend to complete MTA when following this major guide, take (COMM 131, PHYS 282, PHYS 288, or PSYC 291 or select another course from OU's **Knowledge Applications** category in order to satisfy OU's transferable General Education requirements.

**Additional course requirements for MTA when following this major guide (minimum 30 credit hours required for MTA):**

- ENGL 101 **and** ENGL 102 (required prerequisite for coursework at OU)
- One MTA Approved Math course (can be satisfied by MATH elective options above)
- One MTA Approved Natural Sciences course (can be satisfied by CHEM or PHYS elective options above)
- One MTA Approved Social Sciences course (can be satisfied by SOCY 191)
- Two MTA Approved Humanities or Fine Arts courses (can be satisfied by completing ASL 100 **and** COMM 131)

**TRANSFERRING WITHOUT MTA:**

If you intend to transfer without MTA, you can choose to complete additional coursework to fulfill OU's individual General Education categories instead. When following this major guide, please reference the [Mott General Education Transfer Guide](#) for the Mott courses that satisfy these specific OU General Education categories:

- Writing Foundations (ENGL 102)
- Formal Reasoning (can be satisfied by MATH 150 or MATH 170)
- Arts
- Language and Culture (can be satisfied by ASL 100)
- Global Perspective
- Literature
- Western Civilization
- Knowledge Applications (can be satisfied by COMM 131, PHYS 282, PHYS 288, or PSYC 291)

Please contact the School of Health Sciences Academic Advising office at 248-370-2369, email [shs@oakland.edu](mailto:shs@oakland.edu), or visit their [website](#) for more information regarding your major program.

**NOTES:**

Students may transfer an unlimited amount of credit from Mott, and must complete a minimum of 45 credit hours from OU to meet degree requirements. As programs may limit how much transfer credit can be used toward requirements, **it is highly recommended that students work with both an OU academic adviser and their Mott academic adviser to maximize the applicability of coursework to specific requirements.**

Oakland University will always honor the **MACRAO transfer agreement** and apply it to the General Education requirement the same as MTA.

OU's [ECLIPSE program](#), a unique community-engaged leadership initiative, is one of only a few health-science specific leadership programs in the country.