

Bachelor of Science in Exercise Science

Exercise Science Foundational Course Requirements

Oakland University Courses	Mott Community College Courses
BIO 1200	BIOL 111/111L
BIO 2100, 2101 and 2600	BIOL 151/151L and 152/152L
MTH 1441 or (MTH 1331 <i>and</i> 1332) or MTH 1554	MATH 145 or (MATH 130 <i>and</i> 140) or MATH 170
CHM 1440 <i>and</i> 1470	CHEM 131/131L/131R
PHY 1010 <i>and</i> 1100	PHYS 281/281L
PSY 1000	PSYC 281
STA 2220	MATH 150

Exercise Science Core Course Requirements

Oakland University Courses	Mott Community College Courses
EXS 1000	PEAC 102 or 144
EXS 2200	HFPR 100
EXS 2410	HFPR 220
EXS 2700	HEAL 129
EXS 4960	HFPR 290
Choose 4 EXS elective credits from the list (more options available at OU)	HEAL 125; HFPR 200; HFPR 205; HFPR 207; HFPR 210; HFPR 290

TRANSFERRING WITH THE MICHIGAN TRANSFER AGREEMENT (MTA):

When choosing to complete MTA to satisfy General Education, please confirm the best courses to take to fulfill the agreement with your academic adviser at Mott or at the [Mott MTA Approved Courses](#) website. In order to completely satisfy OU's transferable General Education requirements when following this major guide, please reference the [Mott General Education Transfer Guide](#) and select one course from OU's **Knowledge Applications** category.

**Additional course requirements for MTA when following this major guide
(minimum 30 credit hours required for MTA):**

ENGL 101 **and** ENGL 102 (required prerequisite for coursework at OU)

One MTA Approved Social Sciences course

Two MTA Approved Humanities or Fine Arts courses

TRANSFERRING WITHOUT MTA:

If you intend to transfer without MTA, you can choose to complete additional coursework to fulfill OU's individual General Education categories instead. When following this major guide, please reference the [Mott General Education Transfer Guide](#) for the Mott courses that satisfy these specific OU General Education categories:

- Writing Foundations (ENGL 102)
- Arts
- Language and Culture
- Global Perspective
- Literature
- Western Civilization
- U.S. Diversity
- Knowledge Applications

Please contact the School of Health Sciences Academic Advising office at 248-370-2369, email shs@oakland.edu, or visit their [website](#) for more information regarding your major program.

NOTES:

Students may transfer an unlimited amount of credit from Mott, and must complete a minimum of 45 credit hours from OU to meet degree requirements. As programs may limit how much transfer credit can be used toward requirements, **it is highly recommended that students work with both an OU academic adviser and their Mott academic adviser to maximize the applicability of coursework to specific requirements.**

The program also offers a unique [Orthotist and Prosthetist Assistant Studies \(OPA\) specialization](#), which equips students with the skills needed for one-on-one patient care under the direction of a certified orthotist or prosthetist. **Students interested in this specialization can also transfer AHLT 102 from Mott to OU.**

OU's [ECLIPSE program](#), a unique community-engaged leadership initiative, is one of only a few health-science specific leadership programs in the country.

Oakland University will always honor the **MACRAO transfer agreement** and apply it to the General Education requirement the same as MTA.