

Bachelor of Science in Exercise Science

Exercise Science Foundational Course Requirements

Oakland University Courses	Mid Michigan College Courses
BIO 1200	BIO 111
BIO 2100, 2101 and 2600	BIO 141 and 142
MTH 1441 or MTH 1554	MAT 124 or MAT 126
CHM 1440 and 1470	CHM 111
PHY 1010 and 1100	PHY 101
PSY 1000	PSY 101
STA 2220	MAT 212

Exercise Science Core Course Requirements

Oakland University Courses	Mid Michigan College Courses
EXS 2200	HED 190
EXS 2700	HED 205

TRANSFERRING WITH THE MICHIGAN TRANSFER AGREEMENT (MTA):

When choosing to complete MTA to satisfy General Education, please confirm the best courses to take to fulfill the agreement with your academic adviser at Mid Michigan or at the [Mid Michigan MTA Approved Courses](#) website. In order to completely satisfy OU's transferable General Education requirements when following this major guide, please reference the [Mid Michigan General Education Transfer Guide](#) and select one course from OU's **Knowledge Applications** category.

Additional course requirements for MTA when following this major guide (minimum 30 credit hours required for MTA):

- ENG 111
- ENG 222 (required prerequisite for coursework at OU)
- One MTA Approved Social Sciences course
- Two MTA Approved Humanities courses

TRANSFERRING WITHOUT MTA:

If you intend to transfer without MTA, you can choose to complete additional coursework to fulfill OU's individual General Education categories instead. When following this major guide, please reference the [Mid Michigan General Education Transfer Guide](#) for the Mid Michigan courses that satisfy these specific OU General Education categories:

- Writing Foundations (ENG 222)
- Arts
- Language and Culture
- Global Perspective
- Literature
- Western Civilization
- U.S. Diversity
- Knowledge Applications

Please contact the School of Health Sciences Academic Advising office at 248-370-2369, email shs@oakland.edu, or visit their [website](#) for more information regarding your major program.

NOTES:

Students may transfer an unlimited amount of credit from Mid Michigan, and must complete a minimum of 45 credit hours from OU to meet degree requirements. As programs may limit how much transfer credit can be used toward requirements, **it is highly recommended that students work with both an OU academic adviser and their Mid Michigan academic adviser to maximize the applicability of coursework to specific requirements.**

The program also offers a unique [Orthotist and Prosthetist Assistant Studies \(OPA\) specialization](#), which equips students with the skills needed for one-on-one patient care under the direction of a certified orthotist or prosthetist. **Students interested in this specialization can also transfer ALH 100 from Mid Michigan to OU.**

OU's [ECLIPSE program](#), a unique community-engaged leadership initiative, is one of only a few health-science specific leadership programs in the country.

Oakland University will always honor the **MACRAO transfer agreement** and apply it to the General Education requirement the same as MTA.