

Bachelor of Science in Health Sciences with a Concentration in Holistic Health

Health Sciences Core Requirements

Oakland University Courses	Lansing Community College Courses
BIO 1200	BIOL 127
BIO 2100, 2101 and 2600	BIOL 201 and 202
PSY 1000	PSYC 200

Holistic Health Concentration Elective Options

Oakland University Courses	Lansing Community College Courses
Choose at least 34 elective credits* from the list (more options available at OU, discuss options with an OU adviser)	BIOL 128, 270; CHEM 125, 151, 152, 161, 162, 251, 252, 272; CHSE 120; COMM 130; (ENGL 121 or 131); MATH 126, 151; (MGMT 335 or STAT 170 or STAT 215); PFWH 123, 163; PFKN 170, 200, 208, 210, 270; PHYS 221, 222, 251, 252; PSYC 205; SIGN 161; SOCL 120

TRANSFERRING WITH THE MICHIGAN TRANSFER AGREEMENT (MTA):

When choosing to complete MTA to satisfy General Education, please confirm the best courses to take to fulfill the agreement with your academic adviser at Lansing or at the [Lansing MTA Approved Courses](#) website. If you intend to complete MTA when following this major guide, take (COMM 130; PHYS 222 or 252, or PSYC 205) or select another course from OU's **Knowledge Applications** category in order to satisfy OU's transferable General Education requirements.

Additional course requirements for MTA when following this major guide (minimum 30 credit hours required for MTA):

- ENGL 121 or 131 **and** ENGL 122 or 132 (required prerequisite for coursework at OU)
- One MTA Approved Math course (can be satisfied by MATH or STAT elective options above)
- One MTA Approved Natural Sciences course (can be satisfied by CHEM or PHYS elective options above)
- One MTA Approved Social Sciences course (can be satisfied by SOCL 120)
- Two MTA Approved Humanities or Fine Arts courses

TRANSFERRING WITHOUT MTA:

If you intend to transfer without MTA, you can choose to complete additional coursework to fulfill OU's individual General Education categories instead. When following this major guide, please reference the [Lansing General Education Transfer Guide](#) for the Lansing courses that satisfy these specific OU General Education categories:

- Writing Foundations (ENGL 122 or 132)
- Formal Reasoning (MATH 151, MGMT 335, STAT 170, or STAT 215)
- Arts
- Language and Culture (SIGN 161)
- Global Perspective
- Literature
- Western Civilization
- Knowledge Applications (COMM 130, PHYS 222, PHYS 252, or PSYC 205)

Please contact the School of Health Sciences Academic Advising office at 248-370-2369, email shs@oakland.edu, or visit their [website](#) for more information regarding your major program.

NOTES:

Students may transfer an unlimited amount of credit from Lansing, and must complete a minimum of 45 credit hours from OU to meet degree requirements. As programs may limit how much transfer credit can be used toward requirements, **it is highly recommended that students work with both an OU academic adviser and their Lansing academic adviser to maximize the applicability of coursework to specific requirements.**

Oakland University will always honor the **MACRAO transfer agreement** and apply it to the General Education requirement the same as MTA.

OU's [ECLIPSE program](#), a unique community-engaged leadership initiative, is one of only a few health-science specific leadership programs in the country.