

Bachelor of Science in Health Sciences with a Concentration in Holistic Health

Health Sciences Core Requirements

Oakland University Courses	Lake Michigan College Courses
BIO 1200	BIOL 111
BIO 2100, 2101 and 2600	BIOL 205 and 206
PSY 1000	PSYC 201

Holistic Health Concentration Elective Options

Oakland University Courses	Lake Michigan College Courses
Choose at least 34 elective credits* from the list (more options available at OU, discuss options with an OU adviser)	ASL 101R; BIOL 112; BIOL 212; CHEM 104; CHEM 111; CHEM 112; CHEM 203; CHEM 204; (CLS 216 or PHED 216); COMM 101; ENGL 101; HEAL 103; HEAL 113; (HEAL 165 and 166); MATH 135; MATH 151; MATH 216; PHED 210; PHYS 101; PHYS 102; PHYS 201; PHYS 202; PSYC 203; SOC 101

TRANSFERRING WITH THE MICHIGAN TRANSFER AGREEMENT (MTA):

When choosing to complete MTA to satisfy General Education, please confirm the best courses to take to fulfill the agreement with your academic adviser at Lake Michigan or at the [Lake Michigan MTA Approved Courses](#) website. If you intend to complete MTA when following this major guide, take (COMM 101, PHYS 102, PHYS 202, or PSYC 203) or select another course from OU's **Knowledge Applications** category in order to satisfy OU's transferable General Education requirements.

Additional course requirements for MTA when following this major guide (minimum 30 credit hours required for MTA):

- ENGL 101 **and** ENGL 102 (required prerequisite for coursework at OU)
- One MTA Approved Math course (can be satisfied by MATH elective options above)
- One MTA Approved Natural Sciences course (can be satisfied by CHEM or PHYS elective options above)
- One MTA Approved Social Sciences course (can be satisfied by SOC 101)
- Two MTA Approved Humanities or Fine Arts courses

TRANSFERRING WITHOUT MTA:

If you intend to transfer without MTA, you can choose to complete additional coursework to fulfill OU's individual General Education categories instead. When following this major guide, please reference the [Lake Michigan General Education Transfer Guide](#) for the Lake Michigan courses that satisfy these specific OU General Education categories:

- Writing Foundations (ENGL 102)
- Formal Reasoning (MATH 151 or MATH 216)
- Arts
- Language and Culture (ASL 101R)
- Global Perspective
- Literature
- Western Civilization
- Knowledge Applications (COMM 101, PHYS 102, PHYS 202, or PSYC 203)

Please contact the School of Health Sciences Academic Advising office at 248-370-2369, email shs@oakland.edu, or visit their [website](#) for more information regarding your major program.

NOTES:

Students may transfer an unlimited amount of credit from Lake Michigan, and must complete a minimum of 45 credit hours from OU to meet degree requirements. As programs may limit how much transfer credit can be used toward requirements, **it is highly recommended that students work with both an OU academic adviser and their Lake Michigan academic adviser to maximize the applicability of coursework to specific requirements.**

Oakland University will always honor the **MACRAO transfer agreement** and apply it to the General Education requirement the same as MTA.

OU's [ECLIPSE program](#), a unique community-engaged leadership initiative, is one of only a few health-science specific leadership programs in the country.