

Bachelor of Science in Exercise Science

Exercise Science Foundational Course Requirements

Oakland University Courses	Jackson College Courses
BIO 1200	BIO 162
BIO 2100, 2101 and 2600	BIO 253 and 254
MTH 1441 or MTH 1554	MAT 141 or MAT 151
CHM 1440 and 1470	CEM 141
PHY 1010 and 1100	PHY 231
PSY 1000	PSY 140 or 140A
STA 2220	MAT 133, MAT 133A, or CIS 203

Exercise Science Core Course Requirements

Oakland University Courses	Jackson College Courses
EXS 1000	HPF 186 or (HPF 160 <i>and</i> 168) or (HPF 160 <i>and</i> 268)
EXS 2700	HOC 110

TRANSFERRING WITH THE MICHIGAN TRANSFER AGREEMENT (MTA):

When choosing to complete MTA to satisfy General Education, please confirm the best courses to take to fulfill the agreement with your academic adviser at Jackson or at the [Jackson MTA Approved Courses](#) website. In order to completely satisfy OU's transferable General Education requirements when following this major guide, please reference the [Jackson General Education Transfer Guide](#) and select one course from OU's **Knowledge Applications** category.

Additional course requirements for MTA when following this major guide (minimum 30 credit hours required for MTA):

ENG 131 **and** ENG 132 (required prerequisite for coursework at OU)
One MTA Approved Social Sciences course
Two MTA Approved Humanities courses

TRANSFERRING WITHOUT MTA:

If you intend to transfer without MTA, you can choose to complete additional coursework to fulfill OU's individual General Education categories instead. When following this major guide, please reference the [Jackson General Education Transfer Guide](#) for the Jackson courses that satisfy these specific OU General Education categories:

- Writing Foundations (ENG 132)
- Arts
- Language and Culture
- Global Perspective
- Literature
- Western Civilization
- U.S. Diversity
- Knowledge Applications

Please contact the School of Health Sciences Academic Advising office at 248-370-2369, email shs@oakland.edu, or visit their [website](#) for more information regarding your major program.

NOTES:

Students may transfer an unlimited amount of credit from Jackson, and must complete a minimum of 45 credit hours from OU to meet degree requirements. As programs may limit how much transfer credit can be used toward requirements, **it is highly recommended that students work with both an OU academic adviser and their Jackson academic adviser to maximize the applicability of coursework to specific requirements.**

The program also offers a unique [Orthotist and Prosthetist Assistant Studies \(OPA\) specialization](#), which equips students with the skills needed for one-on-one patient care under the direction of a certified orthotist or prosthetist. **Students interested in this specialization can also transfer (MED 120 or MOA 120) from Jackson to OU.**

OU's [ECLIPSE program](#), a unique community-engaged leadership initiative, is one of only a few health-science specific leadership programs in the country.

Oakland University will always honor the **MACRAO transfer agreement** and apply it to the General Education requirement the same as MTA.