

Bachelor of Science in Health Sciences with a Concentration in Holistic Health

Health Sciences Core Requirements

Oakland University Courses	Henry Ford College Courses
BIO 1200	BIO 152
BIO 2100, 2101 and 2600	BIO 233 and 234
PSY 1000	PSY 131
PH 3000	AH 151

Holistic Health Concentration Elective Options

Oakland University Courses	Henry Ford College Courses
Choose at least 34 elective credits* from the list (more options available at OU, discuss options with an OU adviser)	AH 100; ASL 131; BIO 150; BIO 251; (BIO 270 or HPE 150 or HPE 270); CHEM 131; CHEM 132; CHEM 141; CHEM 142; CHEM 241; CHEM 242; (CHEM 243 or 244); (ENG 131, 131A, 131E or 131H); HPE 145; (HPE 158 or 253); HPEA 155; MATH 141; (MATH 165 or 175); MATH 180; PHYS 131; PHYS 132; PHYS 231; PHYS 232; PSY 253; SOC 131; SPC 131

TRANSFERRING WITH THE MICHIGAN TRANSFER AGREEMENT (MTA):

When choosing to complete MTA to satisfy General Education, please confirm the best courses to take to fulfill the agreement with your academic adviser at Henry Ford or at the [Henry Ford MTA Approved Courses](#) website. If you intend to complete MTA when following this major guide, take (PHYS 132, PHYS 232, PSY 253, or SPC 131) or select another course from OU's **Knowledge Applications** category in order to satisfy OU's transferable General Education requirements.

Additional course requirements for MTA when following this major guide (minimum 30 credit hours required for MTA):

- (ENG 131, 131A, 131E, or 131H) **and** (ENG 132 or 132H) (required prerequisite for coursework at OU)
- One MTA Approved Math course (can be satisfied by MATH elective options above)
- One MTA Approved Natural Sciences course (can be satisfied by CHEM or PHYS elective options above)
- One MTA Approved Social Sciences course (can be satisfied by SOC 131)
- Two MTA Approved Humanities or Fine Arts courses (can be satisfied by completing ASL 131 **and** SPC 131)

TRANSFERRING WITHOUT MTA:

If you intend to transfer without MTA, you can choose to complete additional coursework to fulfill OU's individual General Education categories instead. When following this major guide, please reference the [Henry Ford General Education Transfer Guide](#) for the Henry Ford courses that satisfy these specific OU General Education categories:

- Writing Foundations (ENG 132 or 132H)
- Formal Reasoning (MATH 141 or MATH 180)
- Arts
- Language and Culture (ASL 131)
- Global Perspective
- Literature
- Western Civilization
- Knowledge Applications (PHYS 132, PHYS 232, PSY 253, or SPC 131)

Please contact the School of Health Sciences Academic Advising office at 248-370-2369, email shs@oakland.edu, or visit their [website](#) for more information regarding your major program.

NOTES:

Students may transfer an unlimited amount of credit from Henry Ford, and must complete a minimum of 45 credit hours from OU to meet degree requirements. As programs may limit how much transfer credit can be used toward requirements, **it is highly recommended that students work with both an OU academic adviser and their Henry Ford academic adviser to maximize the applicability of coursework to specific requirements.**

Oakland University will always honor the **MACRAO transfer agreement** and apply it to the General Education requirement the same as MTA.

OU's [ECLIPSE program](#), a unique community-engaged leadership initiative, is one of only a few health-science specific leadership programs in the country.