

**Bachelor of Science in Exercise Science**

**Exercise Science Foundational Course Requirements**

Oakland University Courses	Delta College Courses
BIO 1200	BIO 171
BIO 2100, 2101 <b>and</b> 2600	BIO 240 <b>and</b> 241
MTH 1441 <b>or</b> (MTH 1331 <i>and</i> 1332) <b>or</b> MTH 1554	MTH 151 <b>or</b> (MTH 121 <i>and</i> 122W) <b>or</b> MTH 161
CHM 1440 and 1470	CHM 111 or CHM 111H
PHY 1010 and 1100	PHY 111
PSY 1000	PSY 211CW, 211HW, or 211W
STA 2220	MTH 208W or 209W

**Exercise Science Core Course Requirements**

Oakland University Courses	Delta College Courses
EXS 1000	LWA 108 <i>and</i> LWT 230
EXS 2410 <b>or</b> NTR 2500	LW 222 <b>or</b> LWT 210
EXS 2700	LWT 175
EXS 3010	LWT 251
Choose <b>4</b> EXS elective credits from the <a href="#">list</a> (more options available at OU)	LWT 231W; LWT 242

**TRANSFERRING WITH THE MICHIGAN TRANSFER AGREEMENT (MTA):**

When choosing to complete MTA to satisfy General Education, please confirm the best courses to take to fulfill the agreement with your academic adviser at Delta or at the [Delta MTA Approved Courses](#) website. In order to completely satisfy OU's transferable General Education requirements when following this major guide, please reference the [Delta General Education Transfer Guide](#) and select one course from OU's **Knowledge Applications** category.

**Additional course requirements for MTA when following this major guide  
(minimum 30 credit hours required for MTA):**

- ENG 111, 111A, 111B, 111C or 111H
- ENG 112, 112A or 112H (required prerequisite for coursework at OU)
- One MTA Approved Social Sciences course
- Two MTA Approved Humanities or Fine Arts courses

**TRANSFERRING WITHOUT MTA:**

If you intend to transfer without MTA, you can choose to complete additional coursework to fulfill OU's individual General Education categories instead. When following this major guide, please reference the [Delta General Education Transfer Guide](#) for the Delta courses that satisfy these specific OU General Education categories:

- Writing Foundations (ENG 112, 112A or 112H)
- Arts
- Language and Culture
- Global Perspective
- Literature
- Western Civilization
- U.S. Diversity
- Knowledge Applications

Please contact the School of Health Sciences Academic Advising office at 248-370-2369, email [shs@oakland.edu](mailto:shs@oakland.edu), or visit their [website](#) for more information regarding your major program.

**NOTES:**

Students may transfer an unlimited amount of credit from Delta, and must complete a minimum of 45 credit hours from OU to meet degree requirements. As programs may limit how much transfer credit can be used toward requirements, **it is highly recommended that students work with both an OU academic adviser and their Delta academic adviser to maximize the applicability of coursework to specific requirements.**

The program also offers a unique [Orthotist and Prosthetist Assistant Studies \(OPA\) specialization](#), which equips students with the skills needed for one-on-one patient care under the direction of a certified orthotist or prosthetist. **Students interested in this specialization can also transfer MDA 1103 from OCC to OU.**

OU's [ECLIPSE program](#), a unique community-engaged leadership initiative, is one of only a few health-science specific leadership programs in the country.

Oakland University will always honor the **MACRAO transfer agreement** and apply it to the General Education requirement the same as MTA.