

## Bachelor of Science in Wellness and Health Promotion

### Major Core Requirements

Oakland University Courses	Alpena Community College Courses
WRT 1060	ENG 112 or 122
STA 2220	MTH 223
PSY 1000	PSY 101
EXS 2700	PEH 262

### **TRANSFERRING WITH THE MICHIGAN TRANSFER AGREEMENT (MTA):**

When choosing to complete MTA to satisfy General Education, please confirm the best courses to take to fulfill the agreement with your academic adviser at Alpena or at the [Alpena MTA Approved Courses](#) website. In order to completely satisfy OU's transferable General Education requirements when following this major guide, please reference the [Alpena General Education Transfer Guide](#) and select one course from OU's **Knowledge Applications** category.

#### **Additional course requirements for MTA when following this major guide (minimum 30 credit hours required for MTA):**

ENG 111 or 121  
MTA Approved Science  
MTA Approved Science  
MTA Approved Social Science  
MTA Approved Humanities  
MTA Approved Humanities

### **TRANSFERRING WITHOUT MTA:**

If you intend to transfer without MTA, you can choose to complete additional coursework to fulfill OU's individual General Education categories instead. When following this major guide, please reference the [Alpena General Education Transfer Guide](#) for the Alpena courses that satisfy these specific OU General Education categories:

- Arts
- Foreign Language and Culture
- Literature
- Western Civilization
- Knowledge Applications

### **NOTES:**

Students must have a minimum cumulative transfer GPA of 2.5 in order to be admitted to the Wellness and Health Promotion curriculum.

Please contact the School of Health Sciences Academic Advising office at 248-370-2369, email [shs@oakland.edu](mailto:shs@oakland.edu), or visit their [website](#) for more information regarding your major program.

OU's Wellness and Health Promotion program is ranked within the top 10 programs in the country, and is accredited with the National Wellness Institute.

Earn a Master of Public Health (MPH) in addition to a bachelor's degree in WHP with the [new 4 + 1 program!](#)

Oakland University will always honor the **MACRAO transfer agreement** and apply it to the General Education requirement the same as MTA.

OU's [ECLIPSE program](#), a unique community-engaged leadership initiative, is one of only a few health-science specific leadership programs in the country.