

**Bachelor of Science in Health Sciences with a Concentration in Holistic Health**

**Health Sciences Core Requirements**

Oakland University Courses	Alpena Community College Courses
BIO 1200	BIO 161
BIO 2100, 2101 <b>and</b> 2600	BIO 201 <b>and</b> 203
PSY 1000	PSY 101

**Holistic Health Concentration Elective Options**

Oakland University Courses	Alpena Community College Courses
Choose <b>37 elective credits*</b> from the <a href="#">list</a> (more options available at OU, discuss options with an OU adviser)	ASL 121; BIO 162; BIS 160; CEM 111; CEM 112; CEM 121; CEM 122; CEM 221; CEM 222; MTH 123; MTH 131; MTH 223; PEH 262; PHY 121; PHY 122; PHY 221; PHY 222; PSY 226; SOC 123

\*Consider transfer credit limits (62 total) when choosing elective course options

**TRANSFERRING WITH THE MICHIGAN TRANSFER AGREEMENT (MTA):**

When choosing to complete MTA to satisfy General Education, please confirm the best courses to take to fulfill the agreement with your academic adviser at Alpena or at the [Alpena MTA Approved Courses](#) website. If you intend to complete MTA when following this major guide, take (PHY 122, PHY 222, or PSY 226) or select another course from OU's **Knowledge Applications** category in order to satisfy OU's transferable General Education requirements.

**Additional course requirements for MTA when following this major guide  
(minimum 30 credit hours required for MTA):**

- (ENG 111 or 121) **and** (ENG 112 or 122) (required prerequisite for coursework at OU)
- MTA Approved Math (can be satisfied by MTH elective options above)
- MTA Approved Science (can be satisfied by CEM or PHY elective options above)
- MTA Approved Social Science (can be satisfied by SOC 123)
- MTA Approved Humanities (can be satisfied by ASL 121)
- MTA Approved Humanities

**TRANSFERRING WITHOUT MTA:**

If you intend to transfer without MTA, you can choose to complete additional coursework to fulfill OU's individual General Education categories instead. When following this major guide, please reference the [Alpena General Education Transfer Guide](#) for the Alpena courses that satisfy these specific OU General Education categories:

- Writing Foundations (ENG 112 or 122)
- Formal Reasoning (can be satisfied by MTH 131 or MTH 223)
- Arts
- Foreign Language and Culture (can be satisfied by ASL 121)
- Global Perspective
- Literature
- Western Civilization
- Knowledge Applications (can be satisfied by PHY 122, PHY 222 or PSY 226)

Please contact the School of Health Sciences Academic Advising office at 248-370-2369, email [shs@oakland.edu](mailto:shs@oakland.edu), or visit their [website](#) for more information regarding your major program.

**NOTES:**

Oakland University will always honor the **MACRAO transfer agreement** and apply it to the General Education requirement the same as MTA.

OU's [ECLIPSE program](#), a unique community-engaged leadership initiative, is one of only a few health-science specific leadership programs in the country.