

**Bachelor of Science in Exercise Science**

**Exercise Science Foundational Course Requirements**

Oakland University Courses	Alpena Community College Courses
BIO 1200	BIO 161
BIO 2100, 2101 <b>and</b> 2600	BIO 201 <b>and</b> 203
MTH 1441 <b>or</b> (MTH 1331 <i>and</i> 1332) <b>or</b> MTH 1554	MTH 123 <b>or</b> (MTH 121 <i>and</i> 122) <b>or</b> MTH 131
CHM 1440 <i>and</i> 1470	CEM 121
PHY 1010 <i>and</i> 1100	PHY 121
PSY 1000	PSY 101
STA 2220	MTH 223

**Exercise Science Core Course Requirements**

Oakland University Courses	Alpena Community College Courses
EXS 2700	PEH 262

**TRANSFERRING WITH THE MICHIGAN TRANSFER AGREEMENT (MTA):**

When choosing to complete MTA to satisfy General Education, please confirm the best courses to take to fulfill the agreement with your academic adviser at Alpena or at the [Alpena MTA Approved Courses](#) website. In order to completely satisfy OU's transferable General Education requirements when following this major guide, please reference the [Alpena General Education Transfer Guide](#) and select one course from OU's **Knowledge Applications** category.

**Additional course requirements for MTA when following this major guide**

**(minimum 30 credit hours required for MTA):**

(ENG 111 or 121) **and** (ENG 112 or 122)

MTA Approved Social Science

MTA Approved Humanities

MTA Approved Humanities

**TRANSFERRING WITHOUT MTA:**

If you intend to transfer without MTA, you can choose to complete additional coursework to fulfill OU's individual General Education categories instead. When following this major guide, please reference the [Alpena General Education Transfer Guide](#) for the Alpena courses that satisfy these specific OU General Education categories:

- Writing Foundations (ENG 122)
- Arts
- Foreign Language and Culture
- Global Perspective
- Literature
- Western Civilization
- U.S. Diversity
- Knowledge Applications

**NOTES:**

Please contact the School of Health Sciences Academic Advising office at 248-370-2369, email [shs@oakland.edu](mailto:shs@oakland.edu), or visit their [website](#) for more information regarding your major program.

OU's [ECLIPSE program](#), a unique community-engaged leadership initiative, is one of only a few health-science specific leadership programs in the country.

Oakland University will always honor the **MACRAO transfer agreement** and apply it to the General Education requirement the same as MTA.