

Press Release:

EMDR Therapy Certification – October 2016

Oakland University is proud to introduce a new accelerated program, the EMDR therapy certification, for licensed mental health professionals or qualified graduate students in October 2016.

EMDR, Eye Movement Desensitization and Reprocessing therapy, originally developed by Francine Shapiro, is an integrative psychotherapy approach that has been extensively researched and proven effective for the treatment of trauma. EMDR is a set of standardized protocols that incorporates elements from many different treatment approaches. To date, EMDR therapy has helped millions of people of all ages relieve many types of psychological stress.

This new offering is a partnership between Professional and Continuing Education (PACE) and the Counseling Department in the School of Education and Human Services.

For more detailed information, check out our website @ <https://wwwp.oakland.edu/counseling/emdr/> or email rawells@oakland.edu with questions.