

# NATIVE FOOD SOVEREIGNTY

WITH LINDA AND LUKE BLACK ELK

## SATURDAY, MAY 13<sup>TH</sup> TEA MAKING WORKSHOP

6pm: Learn how to brew the perfect cup of tea



MEET IN THE OAKLAND CENTER GOLD ROOMS

## SUNDAY, MAY 14<sup>TH</sup> PLANT WALK & MEDICINAL FOOD TEACHINGS

- 10am: Plant walk
- 12pm: Potluck, bring a dish to pass if you can and to reduce waste, please bring your own utensils and plate
- 1pm: Medicinal food preservation & storage
- 3pm: Medicinal soup spice blends & food sovereignty

MEET AT THE NATIVE AMERICAN HERITAGE SITE ON CAMPUS:

[GIDINAWEMAAGANINAANIG:](#)  
[ENDAZHIGIYANG](#)



ALL ARE INVITED!

Luke and Linda Black Elk are knowledge keepers, food sovereignty activists and teachers of traditional plant uses, gardening, food preservation, and foraging. They spend their time collecting and preparing traditional foods and medicines for Indigenous peoples and communities. Luke is one of the founding board members of the Tatanka Wakpala Model Sustainable Community. Linda is the Food Sovereignty Coordinator at United Tribes Technical College, where she teaches ethnobotany and traditional skills. Together, Luke and Linda sit on the board of Makoce Ikikcupi, a Native non-profit, which is a Reparative Justice project on Dakota lands in Minnesota.

Anishinaabe farmer **Rosebud Bear Schneider** will MC both events

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