

ADULT Life Skills Camp

Who: For Individuals 16 yrs or older with High-Functioning ASD/Asperger's or PDD-NOS

What: Activities are structured, planned around different Life Skills. Programming is designed to build functional life skills, increase personal and independent skills and improve social interactions. Daily activities will include:

- Practical Living Skills (teamwork, clothing care, menu planning, grocery shopping, cooking)
- Interpersonal Skills (team-building, problem solving & calming strategies, conflict resolution, anger management, building self-esteem, social skills)
- Personal Management Skills (personal health care & hygiene, money management & safety, time management)
- Employable Skills (resume building and career prep information)

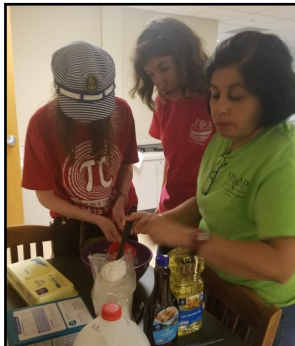
When: One 2 week session Mon-Fri 9am-3pm

Dates: July 15- July 26

Where: Oakland University

Cost: \$650 for two week session.

Registration: Application packets are available on our website at oakland.edu/oucaries. Once all application forms are received, we will contact you to schedule an in-person assessment for you & your camper.



General Camp Information

- All OUCARES Summer Camp rooms are led by teachers specially certified to teach individuals with Autism Spectrum Disorders who have experience leading a group of individuals with ASD.
- The Assistant Teachers in our summer camps are practicum student teachers completing their graduate level coursework in Autism Spectrum Disorders. Practicum students learn many strategies and activities to engage students with ASD.
- OUCARES Summer Camp staff are highly qualified and trained to work with people with ASD.
- All camps maintain a 3:1 ratio of campers to staff per room, so you know that your camper will get the attention he or she needs. Each room will use visual schedules and supports to help each participant feel successful at camp.

OUCARES offers a variety of programs and events throughout the year for people impacted by ASD age 3 through adult.

Go to www.oakland.edu/oucaries to find out more about:

- **Recreational Programs:** basketball, social skills, robotics club, teen social, yoga, SNAG golf, baseball, judo and much more!
- **Employment Skills Training**
- **Special Events**
- **Parent Workshops**
- **Evening Enrichment Events**

We look forward to seeing you soon!

Registration forms will be available at

oakland.edu/oucaries

oucaries@oakland.edu

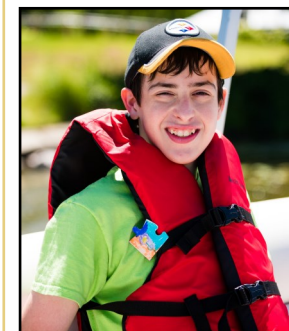
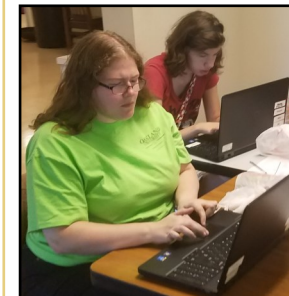
(248) 370-2424 / Fax: (248) 370-4242



**JOANNE AND TED LINDSAY FOUNDATION
AUTISM OUTREACH SERVICES
OAKLAND UNIVERSITY**

OUCARES 2019 Summer Camp Information

For ages 3 through Adulthood

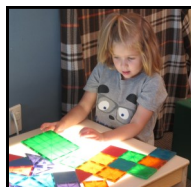


Pee Wee Camp

Who: Children with ASD Ages 3-6

What: Activities are planned around themes (such as water or plants) and will focus on maintaining known skills and acquiring new skills to improve quality of life. Daily activities will include:

- Social Skills
- Music
- Fine Motor Fun
- Language Arts
- Sensory Fun
- Water Fun (sprinklers, kiddie pools)
- Sports & Fitness (including nature walks)
- And so much more!



When: Four 2 week sessions Mon-Fri 9am-3pm

Session 1: June 17- June 28

Session 2: July 1 - July 12 (No Camp July 4 & 5)

Session 3: July 15- July 26

Session 4: July 29- Aug 9

Where: Pawley Hall, Oakland University, Rochester

Cost: \$650* for each two week session.

**Session 2 cost is \$550.00 due to the holiday closure*

Registration: Application packets are available on our website at oakland.edu/oucares. Once all application forms are received, we will contact you to schedule an in-person assessment for you & your camper.



Summer Day Camp

Who: Children with ASD Ages 7-12

What: Activities are highly structured, planned around themes (such as “The Wild West” or “In the Ocean”), and will be recreational with a fun academic component. Daily activities will include:

- Social Skills
- Music
- Indoor Swimming
- Field Trips
- Arts and Crafts
- Sensory Fun
- Sports & Fitness
- And so much more!



When: Four 2 week sessions Mon-Fri 9am-3pm

Session 1: June 17- June 28

Session 2: July 1 - July 12 (No Camp July 4 & 5)

Session 3: July 15- July 26

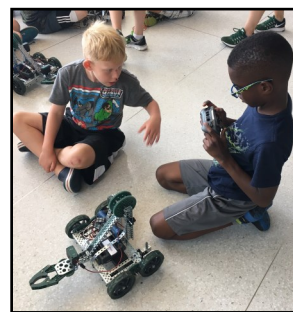
Session 4: July 29- Aug 9

Where: Pawley Hall, Oakland University, Rochester

Cost: \$650* for each two week session.

**Session 2 cost is \$550.00 due to the holiday closure*

Registration: Application packets are available on our website at oakland.edu/oucares. Once all application forms are received, we will contact you to schedule an in-person assessment for you & your camper.



Teen Life Skills Camp

Who: Children & Teens with High-Functioning ASD/ Asperger's or PDD-NOS Ages 11-14, 15-18

What: Activities are highly structured, planned around themes (such as “Mythological Creatures” or “Community Members”), and designed to build functional life skills. Daily activities will include:

- Practical Living Skills (clothing care, menu planning, grocery shopping, cooking)
- Interpersonal Skills (team-building, conflict resolution, anger management, self-esteem, social skills)
- Personal Management Skills (personal health care, money management, time management)
- Starting a Microbusiness to learn Employable Skills
- Field Trips into Community (such as to a grocery store or bank) to Practice Life Skills learned at Camp

When: Four 2 week sessions Mon-Fri 9am-3pm

Session 1: June 17- June 28 (15-18 yrs)

Session 2: July 1 - July 12 (15-18 yrs) *No Camp July 4 & 5

Session 3: July 15- July 26

Session 4: July 29- Aug 9

Where: OUCARES-Avondale Middle School
1445 W. Auburn Rd., Rochester

Cost: \$650* for each two week session.

**Session 2 cost is \$550.00 due to the holiday closure*

Registration: Application packets are available on our website at oakland.edu/oucares. Once all application forms are received, we will contact you to schedule an in-person assessment for you & your camper.

