

Pulse



OAKLAND UNIVERSITY | *School of Nursing* | *Rochester, Michigan*

New
NURSE ANESTHESIA
GRADUATE TRACK
KNOCKS OUT
THE COMPETITION

Fall 2017



New Oakland University President Ora Hirsch Pescovitz with Dean Judy Didion at the Scholarship Reception.

Welcome from the Dean

Dear colleagues and friends,

It is an exciting time to be a part of the School of Nursing. This summer, we welcomed Ora Hirsch Pescovitz, M.D., as Oakland University’s seventh president. As the steward of our University’s commitment to be “distinctive, unique and excellent,” Dr. Pescovitz is dedicated to highlighting our growth. The School of Nursing shares in this vision as we expand our efforts in faculty development, research and leadership to ensure our curriculum continues to be cutting-edge and at the forefront of the future.

This issue of the new and improved Pulse magazine shares several stories about our distinctive, unique and excellent faculty and students. This year, the OU-Beaumont Graduate Program of Nurse Anesthesia was approved by the Council on Accreditation of Nurse Anesthesia Educational Programs (COA), becoming one of the first programs of its kind in Michigan. Our RN-BSN track has been modified in order to offer seven-week classes rather than 14, allowing RNs to quickly graduate while maintaining the highest level of quality and rigor.

Our faculty members have conducted exciting research and shared their findings through publications and presentations around the country and the world. The generosity of our donors and supporters has also contributed to funding this research as well as scholarships to help our talented, hard-working students ease their financial burden and concentrate on their studies.

We hope you enjoy this edition of *Pulse*.

Sincerely,

Judy Didion, Ph.D., RN
Dean and Professor

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FIRST *in* STATE

With a quarter century of top-ranked nurse anesthesia education and leadership, the initiation of the DNP Nurse Anesthesia program continues the School of Nursing's long and proud heritage of preparing the highest quality CRNAs.

Christine Zambricki, DNAP, CRNA, FAAN
Founding Program Administrator/Director



New DNP program instructs 21st-century leaders in nurse anesthesia

By Alice Rhein

In fall 2018, the School of Nursing (SON), together with Beaumont Health, will greet its first class of Certified Registered Nurse Anesthesia (CRNA) students to the Doctorate of Nursing Practice (DNP) program. The OU-Beaumont Graduate Program of Nurse Anesthesia was recently approved by the Council on Accreditation of Nurse Anesthesia Educational Programs (COA), becoming one of the first programs in Michigan to offer a DNP for students wishing to specialize in nurse anesthesia.

School of Nursing dean Judy Didion, Ph.D., RN, says that the American Association of Nurse Anesthetists and the COA have mandated that all nurse anesthesia educational programs move to the doctoral level no later than 2025. "This is a familiar trend in health care," says Dr. Didion. "We see this in pharmacy and physical therapy, where the doctoral degree level for these specialties is the entry level degree to practice. The increasing complexity of health care demands greater knowledge and skills for providers."

For program director Anne Hranchook, DNP, CRNA, the process of achieving accreditation is the final step after years of work to revise the curriculum and achieve many approvals at the university, institutional and state levels. "The new Nurse Anesthesia DNP program will prepare the next generation of CRNAs," says Hranchook, who anticipates a class of about 20 students next fall.

"In addition, our graduates will be able to meet the changing demands of our nation's complex health care environment, which requires the highest level of scientific knowledge and practice expertise to assure quality patient outcomes," says Hranchook.

The Nurse Anesthesia program will remain a comprehensive program that blends a strong academic curriculum with extensive clinical practice experiences. Concurrently, the DNP program with specialization in nurse anesthesia prepares clinical scholars skilled in anesthetic administration to patients in a various settings across the lifespan.

Maureen Bowman, vice president and chief nursing officer at Beaumont Hospital, Beaumont Hospital-Royal Oak, worked with OU to provide the proper documentation demonstrating Beaumont's continued commitment to the program and support for movement to the DNP. "As a major academic medical center, Beaumont provides premier clinical experience for the nurse anesthesia students to develop expertise in this advanced practice role," she says, adding, "Beaumont sees this advancement as a major asset in increasing the number of doctoral prepared nurses providing care to our patients."

Classes will be face-to-face with live streaming availability for students who may be completing clinical assignments in Marquette or western Michigan. Registered professional nurses will enter with a Bachelor of Science in nursing and, after completing the 36-month, full-time program, will receive their DNP.

Hranchook notes that moving the program to the doctoral level places the SON at the forefront of preparing Advanced Practice Nurses as transformational leaders with an understanding of the growing needs of populations, system management theories, quality improvement strategies, and the ability to evaluate and apply best evidence into practice. ➤

For more information on the DNP program, please visit oakland.edu/nursing or contact Patrina Carper at (248) 370-4253.



DISPELLING *the* MYTHS

Conference about human trafficking designed to increase awareness

By Cara Catallo

A conference hosted by the School of Nursing with support from Sigma Theta Tau International - Theta Psi Chapter, Student Nurses Association at OU (SNAOU) and the Michigan Chapter of the International Association of Forensic Nurses, hopes to stop the cycle of human trafficking and help victims who often go unnoticed. The myths and misconceptions about human trafficking are many, often to the detriment to the victims. More than 230 nurses and human service professionals attended to learn about the myths and facts related to the human trafficking epidemic.

Organizers of Human Trafficking 101: A Practical Conference on Understanding the Issues and Responding to the Epidemic hope to arm professionals in health care and other disciplines with information to better spot — and help — victims appropriately.

The speakers have decades of experience working with victims in a variety of capacities, including hospital emergency rooms, undercover operations and advocacy. Speakers shared stories, resources and ways to recognize the signs and symptoms of human trafficking as well as how to initiate dialogue with victims. Presentations were given by Bridgette Carr, clinical professor of law and founding director of the Human Trafficking Clinic at the University of Michigan; Sheila Meshinski, forensic nurse and member of the Human Trafficking Task Force for the State of Michigan; and Officer Rodney Riggs of Homeland Security Investigations.

The half-day conference was designed for nurses and other health care providers, as well as members of law enforcement and the legal, social, and educational systems. Oakland faculty, staff and students, plus anyone interested in further understanding the impact of human trafficking were also welcome. Earlier this year, the nursing licensing agency joined other disciplines in making such training mandatory for re-licensure.

Additionally, CEUs were available for registered nurses, teachers and social workers who attended. These service professionals are

most likely to come into contact with human trafficking victims, explains SON special instructor and Forensic Nursing program director Kelly Berishaj, DNP, RN, ACNS-BC, CFN, SANE-A. Berishaj is hopeful the training will help professionals recognize someone who is being trafficked and intervene.

“It’s becoming more and more of a requirement for anyone who could come in contact with potential victims,” says organizer and SON associate professor, Carrie Buch, Ph.D., RN. “It’s much more widespread than most people know.”

Human trafficking involves force, fraud or coercion and affects about 21 million victims globally. Those who are most vulnerable tend to be the most prevalent victims.

“Often, people think of human trafficking as sex exploitation, but it’s also labor trafficking,” explains Berishaj. “Every single person has to have information about it, especially because Michigan has high incidences of human trafficking.”

Michigan’s numbers are high, explains Berishaj, most likely because of its international border and the propensity for immigrants looking for a better life to be forced or coerced into trafficking under the threat of deportation and feeling like they don’t have other options.

“This is a clandestine type of crime; that’s why it’s able to thrive. There’s a demand out there for cheap and unpaid labor or women in the sex industry,” says Berishaj, adding that the only way toward prevention is through education. “It’s really hard for someone in servitude to find her way to a better life because her life before might not have been that great.”

The conference also served as an opportunity for the organizers to gather data by measuring attendees’ human trafficking knowledge, beliefs and attitudes both prior to and following the conference with plans to be submitted for publication. ➤

Startling Statistics

Approximately 21 million victims globally	The crime of human trafficking generates an illegal profit of \$150 billion annually <small>International Labor Organization. (2016)</small>
Three of every 1,000 persons are forced into labor at any given time	\$99 billion in commercial sexual exploitation \$51.2 billion in forced labor exploitation
<small>International Labor Organization. (2016). ILO 2012 global estimate of forced labour: Executive summary. Retrieved from http://www.ilo.org/wcmsp5/groups/public/-ed_norm/-declaration/documents/publication/wcms_181953.pdf</small>	<small>(UNODC, 2015a). United Nations Office on Drugs and Crime. (2015a). Human trafficking. Retrieved from http://www.unodc.org/unodc/en/human-trafficking/what-is-human-trafficking.html</small>



FULL CIRCLE

Donors, including associate dean, provide support for nursing students

By Amy Johnson

Every gift opens a door. Associate dean Gary Moore, Ph.D., recently learned of a need from the School of Nursing's Dean's Circle organization and took action to help these students present themselves and the organization in a professional manner.

The Dean's Circle is a select group of nursing students who serve as SON ambassadors. Members are active Basic BSN, Accelerated Second Degree BSN, RN to BSN Degree Completion and MSN students who have demonstrated leadership abilities and other qualities that qualify them to effectively represent the school. Student member develop teamwork and leadership skills by attending prospective student recruitment events, assisting with student service events and engaging in community service projects.

Emily Stepanian-Bennett, coordinator of the Dean's Circle, is grateful for Dr. Moore's generosity and his commitment to student leadership and professional development. "Dr. Moore's gift allowed for the purchase of polo shirts and name badges for newly invited Dean's Circle members," says Stepanian-Bennett. "As members act as SON ambassadors, his support allows us to have a clean professional image when working with the university and community."

For more information about the many ways to support the School of Nursing please contact Kristen Cometto at kcometto@oakland.edu.



OPENING DOORS

Donor gifts open doors for students like Madison Tilley

Senior Madison Tilley was a little apprehensive about leaving her small town after high school for college, so she chose Oakland University to pursue her degree in nursing. Being just close enough to go home whenever she wanted was comforting. Feeling comfortable in her surroundings allowed Tilley to flourish.

The School of Nursing (SON) curriculum is rigorous, but throughout her intense coursework, Tilley has maintained status as a member of the Honors College, Student Nurses Association – OU (SNAOU) and Sigma Theta Tau-Nursing Honors Society and is the treasurer of Oakland's Golden Key chapter. She also has worked since her freshman year. As a freshman, she worked in Oakland's Undergraduate Admissions office and became an Academic Peer Mentor during her sophomore year. Now, she is working as a nurse extern at Henry Ford Hospital.

Tilley's tenacity and energy does not stop there. Her ultimate goals include becoming a labor and delivery nurse and eventually applying to SON's Nurse Practitioner program.

Tilley, however, knows that she could not do it all alone. Her parents and grandparents started a college fund when she was born; however, it was not enough to cover all expenses. Scholarships and grants have helped ease the financial burden.

"Donors like David and Marion Handleman have impacted my life tremendously," says Tilley. "Without their generous support in the form of a scholarship, completing my degree would have been much more difficult. I cannot thank them enough!"

For more information about donations and scholarships to students in the School of Nursing, contact Kristen Cometto at kcometto@oakland.edu.



NURSING *Advocacy*

Students and Michigan nurse advocates enlighten Capitol Hill

By Rene Wisely



This year, Washington, D.C. bustled with members of Congress, the Senate and OU students and faculty. The 2017 American Association for Colleges of Nursing (AACN) Student Policy Summit hosted 1,987

students from 38 states. The AACN Student Policy Summit allows undergraduate and graduate nursing students to participate in sessions that center on the federal legislative process and contributions to health care policy.

While in D.C., students heard from presenters, including chief nurse officer of the Veterans Administration, Linda McDonald and director of National Institute of Nursing Research, Patricia Grady, Ph.D. Deans and students also visited congressional offices to advocate for nursing education, research and patient care reform.

BSN student Heather Bastules thought the event was both rewarding and inspiring. “Personally, I was interested in attending to learn more about how I, as a nurse, can help influence federal

policies as an ambassador for health policy and advocacy,” says Bastules. “The highlight of the summit was our visit to Capitol Hill with our school dean, Dr. Didion, other nursing school deans, and nursing students from across Michigan. We were honored to meet with the health care advisers working for U.S. Senators who listened to our stories about providing health care to Michigan residents, the challenges we face as nurses, and policy values that are fundamental to health care in Michigan.”

Additionally, SON professor Karen S. Dunn, Ph.D., RN, FGSA, also met with political leaders.

Always the educator, Dr. Dunn visited Capitol Hill in June to school members of Congress about the challenges Michigan nurses face every day.

Dr. Dunn was one of four people representing the Michigan affiliate of the American Nurses Association (ANA) for ANA Hill Day, an annual gathering drawing 430 nurses from across the country who advocated on key issues in health care.

She and the Michigan group met with Reps. Debbie Dingell and Sander Levin, along with the staff of Sens. Gary Peters and Debbie Stabenow and Rep. Dave Trott. They discussed four topics:

protecting access to affordable, quality health care; ensuring adequate RN staffing in hospitals for safe care; reinstatement of Title VIII funding and grants for nurse education; and improving home health care regulations.

Personal stories punctuated the day. “I spoke extensively on the Title VIII funding because when the economy fell, HRSA (the Health Resources and Services Administration) cut down on the number of nursing schools that can receive the funding from about 360 to 64 schools,” Dr. Dunn says. “I used Title VIII during my second year getting my master’s degree. I would not have been able to complete the program so expeditiously without the funding, so I know it can make a significant difference to someone.”

Dr. Dunn’s personal story made an impact, says Linda Taft, RN, president of ANA Michigan, who attended Hill Day as well. “She did a great job,” she says. “We were trying to inform and educate and let them know how nurses stood on a lot of these issues. They were quite interested to hear our side and to become an informed resource to them.”

The experience has already made her a better nurse and a better teacher, Dr. Dunn says.

“I understand the importance of advocacy now that I’ve actually done it,” she says, comparing it to how a nursing student must feel after advancing from giving a shot to an orange to giving that first shot to a real person. “As nurses, one of our major roles is to advocate for patients, and whether we’re doing it for patient care, for students or for lobbying and legislation, we have to get out there and advocate.”

Since returning, Dr. Dunn finds herself reading more legislative emails and policy news articles from the Congressional offices that she visited to keep more up to date on nursing and health care policy issues, an enthusiasm that will enrich classroom discussions.

“I’m paying more attention to how other states are handling their health care issues, too,” Dr. Dunn says. “The experience definitely changed me.”

The 2018 AACN Student Policy Summit will be held March 25-27. For more information about the summit, please visit aacnnursing.org.



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White Coat Ceremony

The 2017 White Coat Ceremony for Master’s Level nurses honored nurses from the CRNA, Forensic Nursing and Nurse Practitioner tracks at Meadow Brook Hall. The ceremony, in its third year, was made possible with a grant from the Arnold P. Gold Foundation to support the Gold-AACN White Coat Ceremony for Nursing.

This rite of passage features the reciting of an oath, presenting of a commemorative pin and keynote speaker. The pin serves to remind new graduate students of the oath and commitment to providing the highest compassionate patient care. ➤

Fast TRACK

New and improved full-time RN-BSN degree completion program graduates first cohort

By Sandra Beckwith

“One of the great mistakes is to judge policies and programs by their intentions rather than their results.” – Milton Friedman

Evaluation, as an ongoing management system, allows for improvement in effectiveness, and within universities, ensuring that students are equipped and competent in their practice. Critical elements of evaluation include good management, good decision-making, good data and careful analysis of such data. Oakland’s School of Nursing stands by these tenets of evaluation in order to continuously improve the curriculum for nursing students at the undergraduate and graduate levels. The online RN to BSN degree completion program is one of several programs that have been evaluated and revamped and successfully implemented.

The modifications to curriculum included condensing the 14-week courses to seven weeks, allowing students to complete the program in as few as 12 months with the exception of the capstone course. Other changes focused on the core courses, such as the removal of redundant classes and a modified capstone class. These changes provide convenient, streamlined content that is more accessible and less expensive for students with an associate degree in Nursing.

Carrie Buch, Ph.D., is the instructor of the capstone course, in which they had to design, implement and evaluate a project and present their projects via WebEx, the online platform. Dr. Buch says, “Students designed projects that were meaningful to their clinical practice and discussed how they incorporated prior learning from their other nursing courses and their general education courses to help them complete their project.”

Students then reflected on what they had learned and many revealed that they learned so much more than they anticipated and can see clearly the benefits of earning their bachelor’s degree. Dr. Buch continues, “Many students indicated that their nursing practice has significantly improved after completing this

program. They learned communication, collaboration, leadership and research skills that they did not have previously, but that have helped them grow personally and professionally.”

For students starting in fall 2017, students interested in becoming an OR, ED or CCU nurse will have the opportunity to take a class focused on specific training and clinical experiences in one of those areas. This training often leads to a job in that area after graduation.

Credit for the program’s new vision goes to Kim Holka, DNP, coordinator for the RN to BSN Completion Sequence, who aggressively pursued program changes through institutional governance. Additionally, School of Nursing faculty, the Office of the Registrar, Undergraduate Admissions and Oakland University as a whole played a significant role in shaping the program into not only what nurses want, but what employers want, as well.

Jason Pennington, director of advising, believes Holka’s part in the transformation was critical. “Dr. Holka had a vision to make the RN to BSN degree completion program competitive with other programs without compromising the high quality of a nursing degree from Oakland,” Pennington says. “While the program is completely online, students still have access to the SON’s network of health professionals throughout the region, they still have access to some of the finest nursing faculty in the state, and they still have tremendously diverse future career and academic possibilities — from leadership opportunities to graduate school — upon BSN attainment.”

In September 2016, more than 30 registered nurses began the new and improved online RN to BSN degree completion track and graduated in August 2017. ➤

For more information about the RN to BSN Degree Completion program, please visit oakland.edu/nursing, email nrsinfo@oakland.edu or call (248) 370-4253.

RN BSN



SPOTLIGHT: Macomb

Course overhaul helps develop critical thinking skills, confidence

By Sandra Beckwith

Joanna Hernandez remembers how easily she was distracted during graduate school lectures. As an assistant professor in the School of Nursing today, she’s using that experience to change how second-degree (RN to BSN) students are educated.

“When I was in school, everything we did was lecture-based. I wanted to make the course I teach more interactive by bringing my experiences as a nurse practitioner into the classroom and doing more problem solving,” says Hernandez.

To do this, Hernandez was recently awarded an OU Center for Excellence in Teaching and Learning grant to overhaul NRS 380, one of two second-degree student didactic medical surgical courses.

The course changes align with the Institute of Medicine’s recommendations to improve nursing education so that recently graduated nurses arrive on the job with improved critical thinking skills and confidence.

Working with Julia Rodriguez, associate professor and nursing librarian, Hernandez has been implementing a radical overhaul of the course content and how it’s presented.

She has incorporated three high-impact practices into the course. The flipped classroom is a newer method that uses video lectures that students watch at their convenience before class. Homework often includes practice questions. Classroom time is

devoted to discussions and active, group-based problem-solving activities. NRS 380 students who don’t watch the week’s lecture before class can’t participate in the classroom activities.

With the usual course content consumed outside the classroom, Hernandez is free to use class time for the other two high-impact practices: active learning and problem-based learning. Content using these approaches is designed to help develop critical thinking skills, which, in turn, boost student nurse confidence.

Hernandez has developed case studies, games and activities that help students learn how to apply the lecture content.

“At the start of each class, I explain something that happened to me at work and ask them to think through it with me. I ask, ‘What do you think I was thinking about when that happened? What do you think I did?’” she says.

Initially unsure of how students would react to the additional time involved to learn outside the classroom, Hernandez says they’re enthusiastic, in fact. Some listen to each lecture several times, often while driving or doing chores at home.

“One student’s child heard one of the lectures and said, ‘Oh, there’s Dr. Hernandez again!’” she laughs.

While the changes are designed to improve critical thinking and confidence in a way that impacts licensing exam scores, it’s bigger than that for Hernandez.

“All of this is for my students,” she says. “I just want to make sure they’re successful.” ➤



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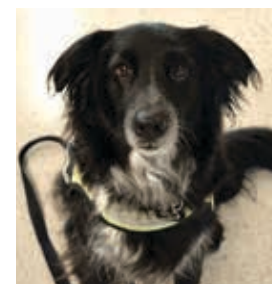
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4-LEGGED *Therapists*

Animal assisted intervention workshops educate professionals in alternative treatment options

By Cara Catallo



Kimberly Cardeccia, MA, LPC, noticed a surprising correlation between her private counseling practice and the riding lessons she taught. Those on horseback seemed to open up about themselves more effortlessly than clients in her traditional counseling setting, giving Cardeccia an idea.

"I basically decided to start moving my counseling sessions to the barn," says Cardeccia, who determined that equine-assisted psychotherapy might be the best method to reach certain populations, particularly those with PTSD, anxiety or low self-esteem, as well as the elderly and physically impaired.

Cardeccia co-teaches the animal welfare module in OU's Center for Human Animal Intervention (CHAI), which offers an Animal Assisted Interventions Certificate program consisting of five, five-week modules. In June she facilitated Equine Assisted Interventions: A Therapeutic Approach, a one-day, hands-on workshop, where 20 participants, including nurses, social workers and counselors, gathered at Fenton's Hidden Promise Ranch to learn more about equine assisted therapy.

"I'm always interested in helping other professionals in a healing field and how they could incorporate horses if they are so intrigued," Cardeccia says. "I give them a chance to see the place and the horses and to see how they react."

Bringing out-of-the-box programming like this to a broader audience is beneficial to OU, says Jennifer Cernick, CHAI program coordinator and program director for Professional and Continuing Education (PACE) at OU. Cernick coordinated the conference.

"What I think is the most important piece of this is bringing that skill set, that knowledge, to practitioners, regardless of the field that they're in so that they can bring these skills into practice," explains Cernick, adding that in this case, a big part of the experience is the connection between client, practitioner and horse. "You can't force this kind of connection. That's fantastic for any practitioner to learn, because it is easy to get so caught up in the end result that we might miss the way to get there, and Kim is a part of that teaching how to get there."

CHAI's goal is to offer several smaller, experiential workshops like this one throughout the year, which culminated in a summer conference. In August, CHAI hosted the Second Annual Conference on Animal Assisted Interventions: Creating a Competent, Compassionate, Cross-Disciplinary Future, where keynote speaker Maya Gupta, Ph.D, addressed different perspectives of animal-assisted interventions, along with other featured presenters from the field. Cernick called the conference an overwhelming success.

"I think when we can step outside the academics and step outside of the theory of animal assisted interventions, you really see and feel how it works, so you have the application of it," says Cernick. "We can read a book and take notes, but when you're doing it yourself, it solidifies what you're being taught in class. There's so much benefit to that hands-on experience. It's the full package, theory and practice all in one."

Cernick credits SON's Amy Johnson, director of OU's Center for Human Animal Intervention, with having the vision to begin the exploration into education related to animal assisted interventions and founding CHAI to develop the curriculum to include a credentialed certificate component that few schools offered. Now, she says, more and more professionals are incorporating animals into their therapeutic strategies or within their scopes of practice.

"Our goal is to become the hub of best practices and education in the field, and that's what we're working toward," says Cernick, who expects to add online platforms for the smaller workshops, including shorter On Demand courses complete with continuing education credits. "In that sense, we want to be that educational component that provides the best content with the best faculty bringing competencies, ethics and an experiential component to our students. That's what sets us apart." 🐾

For more information on the online Animal Assisted Interventions Certificate program, please visit oakland.edu/animalassistedtherapy or contact Amy Johnson at johnson2@oakland.edu or (248) 364-8704.



PROTECTING *the* ELDERLY

Researchers work to protect vulnerable elderly

By Sandra Beckwith

A National Institute of Justice study found that 11 percent of the country's elderly said they were abused, neglected or exploited — and that is just the number that has been reported. Here in Michigan, as many as 90,000 residents are estimated to be subject to elder abuse each year.

That is why when School of Nursing assistant professor Margaret Glembocki and graduate student Mary Lantz had an opportunity to speak to attorneys, law enforcement personnel and social workers about how research at OU might help protect the vulnerable elderly and prosecute offenders, they took advantage of it.

The pair recently presented "Impacting the Care of Elders with Relationship-Based Care" at the Fifth Annual Michigan Elder Justice and At-Risk Adult Summit hosted by the Prosecuting Attorneys Association of Michigan.

Glembocki and Lantz spoke to an audience of about 200, with Glembocki focusing on the new role of relationship-based care in health care and how it can apply in elder-care situations.

"My goal was to help people working in other disciplines see how they can use a more individual-centered approach when dealing with cases involving the elderly," she says. "It's important for everyone in this spectrum to avoid approaching situations with preconceived notions. Every patient, person and circumstance is different."

Lantz, a forensic nursing graduate student, followed Glembocki to present a tool she's developing for police officers to use when responding to calls involving the elderly. Working with Glembocki as her graduate project adviser and collaborating with individuals at several police departments and universities, Lantz is researching and refining a one-page checklist that helps officers responding to calls determine whether the older person involved is vulnerable.

"Police officers are in the perfect position to observe both the individual and the surrounding environment and assess if the victim is vulnerable or not," says Lantz.

This is particularly important in Michigan, she says, where a crime against an adult gets elevated from a misdemeanor to a felony if the victim is considered vulnerable.

Lantz developed the checklist by talking one-on-one with police officers and others.

"In my 23 years of nursing, I've been handed many forms that made me wonder who put them together. I don't want the police to have that reaction to this tool," she says.

Glembocki and Lantz say they're encouraged by the summit audience's reaction to their presentations.

"Many were enthusiastic and offered specific suggestions. We all came away with something to think about or explore," Glembocki says. ➤

For more information, please contact Margaret Glembocki at mmglembo@oakland.edu.

Staffing SHORTAGE

Innovative program brings student nurses into the OR

By Sandra Beckwith



Hospital administrators in the greater Oakland University area saw a perfect storm on the horizon: They knew the predicted shortage of perioperative nurses would apply to them as more of these specialized nurses retired. They also knew that most nursing education programs had removed perioperative education from their curriculums.

At the same time, training for these specialized nurses who work in hospital surgical departments is lengthy and expensive. One estimate is that the orientation for a novice perioperative nurse lasts six to 12 months and costs the institution up to \$50,000.

So the hospitals turned to one of their own, nurse and former hospital administrator Barb Penprase, for help.

Penprase, now an OU School of Nursing (SON) professor, responded by working collaboratively with the hospitals to add

perioperative education back into the SON curriculum. The resulting perioperative student nurse education program, in place now for four years, includes 50 hours of classroom instruction and 210 hours of clinical experience.

Interested final semester nursing students are screened by Penprase, then by a participating hospital.

"I have a good sense of who will do well in the operating room environment," Penprase says.

Once accepted by a hospital, the student joins a cohort of about 18 who enroll in both the didactic (lecture) course and its companion immersion (clinical) course.

Penprase, a veteran perioperative nurse who has created operating nurse training in the past, worked with colleagues at Henry Ford Macomb Hospital to determine course content. The result is an innovative, one-of-a-kind program that uses a

combination of lectures, in-class activities that include practice and discussion, and operating room simulations. The content, she says, is the equivalent of the first three months of hospital perioperative nurse orientation and training.

"Making certain that our didactic content mirrors staff training is particularly important so that hospitals get exactly what they need in their operating rooms," says Penprase.

Response from the institutions and students alike has been overwhelmingly positive.

"The clinical experience helps new perioperative nurses adjust to the cultural setting of this unique area while they develop basic competencies, and that makes a big difference when they become employed,"

says Penprase.

Most of the participating students have been offered perioperative nursing positions upon graduation. In addition, more hospitals asked to participate in the program, bringing the total to 18 today.

"It's a win-win," Penprase says. "Students can validate their interest in working in an operating room and improve their chances of getting the job they want, while participating hospitals hiring these nurses can reduce the time and money spent on their orientation." ➤

For more information, please contact Barbara Penprase at penprase@oakland.edu.

FALL *Prevention*

SON researchers seek to prevent falls among older Arab-Americans

By Brian Bierley

A \$35,000 grant from the Blue Cross Blue Shield of Michigan Foundation will allow two School of Nursing researchers to help prevent falls in an underserved ethnic elderly population.

The funding will allow professor Suha Kridli, Ph.D., and assistant professor Lan Yao, Ph.D., to help prevent falls among older Arab-Americans by combining their areas of expertise.

Dr. Kridli studies health beliefs and practices prevalent in Middle Eastern populations, while Dr. Yao researches tai chi's effectiveness in improving frailty in at-risk older adults. (Tai chi is an ancient Chinese discipline involving meditative movements practiced as a system of exercises.) They will team up with the human services organization Arab Community Center for Economic and Social Services (ACCESS) to create a tai chi exercise program and then train instructors, translate materials and recruit participants.

"ACCESS is excited about this because there are no fall-prevention programs for this community yet, and there's so much evidence that shows that tai chi is effective at it," says Dr. Yao.

Metropolitan Detroit has the largest concentration of Arabs in the world outside of the Middle East, and Arab-Americans are the third-largest ethnic population in the state.

The classes will be taught in a culturally sensitive manner at ACCESS, where Arab-Americans already gather to socialize.

*"Our goal is to create a sustainable program
that will continue year after year."* – Dr. Lan Yao

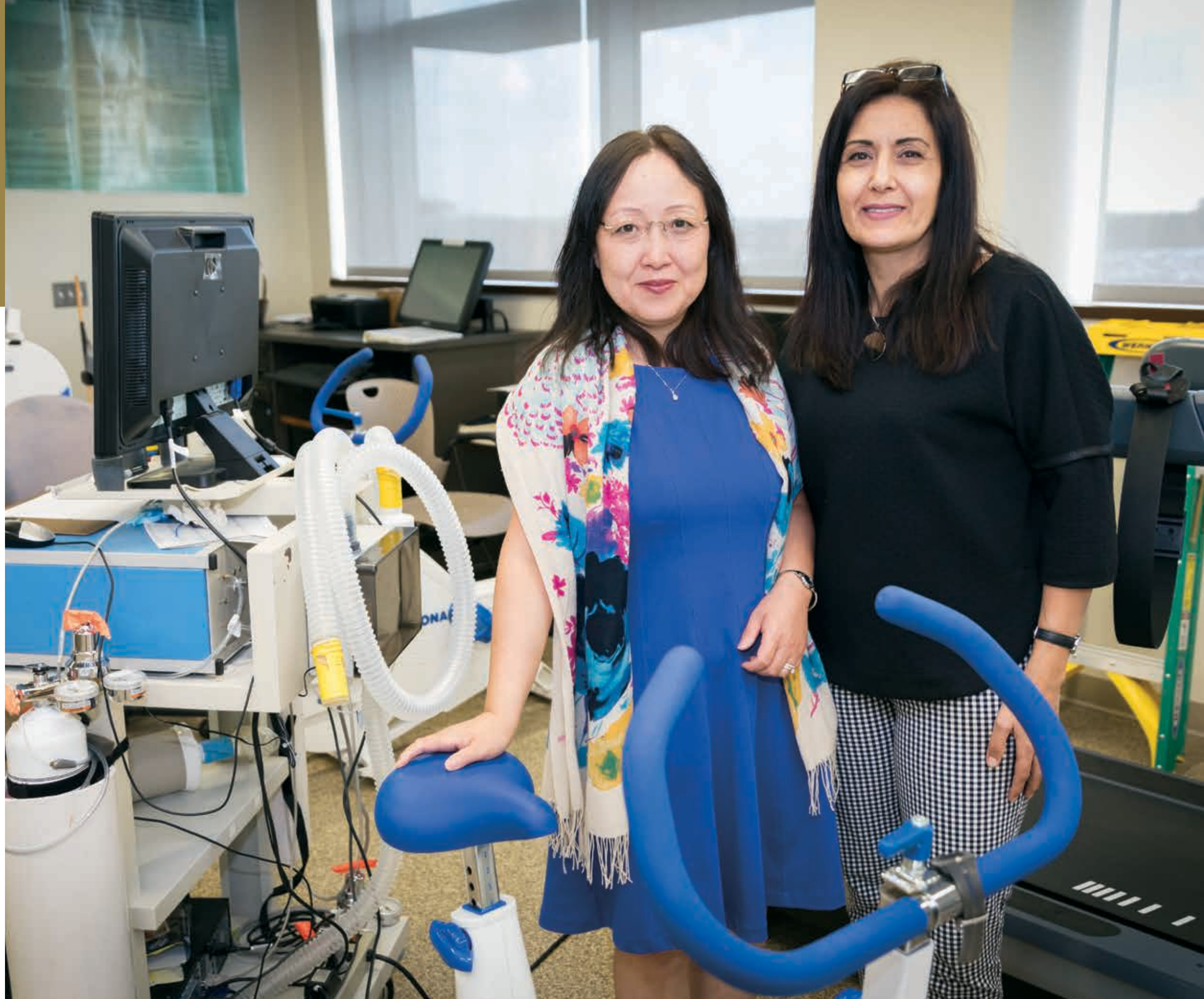
Dr. Yao adds. They believe that making the program culturally specific is the key to success.

"Certain health-related interventions that work with one population don't work with another without adjustments for cultures, beliefs and other factors," says Dr. Kridli. "We think that combining the effectiveness of tai chi for fall prevention with cultural sensitivity could have a positive impact on a population that hasn't been served yet."

They will begin implementing the 24-week program this fall. ➤

For more information, contact Lan Yao, Ph.D.,
at lyao@oakland.edu.

*Assistant professor Lan Yao, Ph.D., and professor Suha Kridli, Ph.D.,
in a health sciences lab in the Human Health Building.*



NEW FACULTY

The School of Nursing welcomes its newest faculty members and congratulates its faculty and alumni on their latest accomplishments.

Zorica Kauric-Klein, Ph.D., RN Associate Professor



Dr. Kauric-Klein received her BScN at the University of Windsor in 1990. She attained her MSN (Adult Primary Care) and Ph.D. from Wayne State University. She has

been fortunate to gain valuable clinical experience in both inpatient and outpatient clinical settings in internal medicine, cardiology and nephrology. Her research focuses on Improving Blood Pressure Control in Hemodialysis by developing interventions to improve adherence to self-care behaviors in this population. She has published several peer reviewed manuscripts within this research area.

Julie Kruse, Ph.D., RN Associate Professor



Dr. Kruse has served as a researcher and/or project director on three Nursing Workforce Diversity grant projects. Her nursing background spans over 20 years with 12 years of

public health experience. She has received more than \$4.6 million in grant funding as a primary investigator or co-author, five recent manuscript publications, one manuscript under review, and three active research projects.

Kristen Munyan, DNP, MSN-ED, RN Assistant Professor



Dr. Munyan obtained her BSN in 2008 and MSN in 2010 from Oakland University and her DNP from Wayne State University. Her doctoral work focused on

preparing home care nurses to respond to emergencies involving tracheostomy dependent children in the home setting. She will take boards exams for Family Nurse Practitioner certification in the fall and looks forward to practicing in an urgent care setting.

OTHER FACULTY AND ADMINISTRATIVE CHANGES

Megan Harris, Ph.D., RN, Director of Graduate Programs

Carolyn Tieppo, Ph.D., RN, Director of Undergraduate Programs

Deana Hays, DNP, RN, FNP-BC, Assistant Professor, Director of the Doctor of Nursing Practice Degree Program

Karen Dunn, Ph.D., RN, Full Professor ➤

HIGHLIGHTS



Assistant professor **Patricia Petroulias, Ph.D., RN**, gave a presentation titled, “Innovative Use of Electronic Tablets for Newly Diagnosed Cancer Patient Education” at the 28th Annual Sigma Theta Tau International’s International Nursing Research Congress in Dublin, Ireland.

The theme for this year’s International Nursing Research Congress was Influencing Global Health Through the Advancement of Nursing Scholarship. The goals of this year’s Congress was to promote the transformation of practice and knowledge in order to advance global health care and nursing, share solutions that promote the integration of technology into nursing practice, and influence interprofessional environments through evidence-based teaching and learning. Nearly 1,400 students, clinicians, nurse leaders and nurse researchers attended this year’s event. Next year’s Congress will be held in Sydney, Australia. ➤

Kimberly Holka, DNP, MSN, MSA, RN, APHN-BC, CNE Full Time Adjunct Instructor and RN-BSN Degree Completion Coordinator was recognized at the 22nd Annual Faculty Recognition Luncheon for her excellence in the areas of teaching and service. She has coordinated the RN-BSN program and through her efforts expanded enrollment,

our recognition in the community and enhanced the curriculum to better serve our students.

Stephanie Poindexter, CRNA student, represented OU at the AANA National Congress College Bowl. She received a \$1,500 award from the School of Nursing for attendance and travel.

Sara Doelle, ’12, was awarded Crittenton Hospital Medical Center’s Nurse of the Year. She was a member of the 2012 Crittenton/Oakland University cohort which was focused on Relationship Based Care.

Anne Hranchook AANA Award

Mary Golinski, Ph.D., CRNA, and **Anne Hranchook, DNP, CRNA**, received the 2017 AANA Foundation John F. Garde Researcher of the Year Award in September at the American Association of Nurse Anesthetists Annual Congress in Seattle, Washington.

The award is named in memory of John F. Garde, past ANNA trustee, executive director and charter member of the AANA Foundation. The Researcher of the Year Award recognizes CRNAs who have made significant contributions to the practice of anesthesia through research. This year, the AANA Foundation presented the prestigious 2017 John F. Garde Researcher of the Year Award to the AANA Foundation Closed Claim Research Team. Dr. Golinski, a charter member since 1995, and Dr. Hranchook, a member since 2013, have been immersed in rigorous qualitative analysis of closed claims. The research team has produced more than 100 presentations, 25 posters and 10 published articles addressing anesthesia adverse outcomes. ➤



BOARD OF VISITORS

The Board of Visitors is an advisory body to the Oakland University School of Nursing. The specific purposes of the Board of Visitors are to provide counsel to the School of Nursing regarding its objectives, strategies, goals, curriculum and concerns; to promote the school in the community by creating awareness of its existence, supporting recruiting efforts and understanding of the services it renders; and to provide assistance in obtaining financial support from outside sources.

Maggie Allesee, M.S., is a founder of the board and served as past president as well as chair of the Nightingale Awards. She was named the 2000 Philanthropist of the Year and received three honorary doctorate degrees from Wayne State University, Kendall College/Ferris State University and Oakland University.

Maureen Bowman, M.A., BSN, RN, NEA-BC, is vice president and chief nursing officer at Beaumont Health System-Royal Oak. She is board certified as a Nurse Executive-Advanced and is a member of the Beaumont Health System Board of Directors, the Michigan Organization of Nurse Executives and the American College of Healthcare Executives.

Shukri David, M.D., is chief of cardiology at St. John Providence Health System.

Judy Didion, Ph.D., RN, is dean and professor at the Oakland University School of Nursing.

Grace Fortuna, Ed.D., RN, CHES, FAAOHN, is chief clinical officer of Kelly Healthcare Resources. She is also secretary for the American Association of Occupational Health Nurses.

Tamika Frimpong, J.D., MPH, BBA, is the legal director at Nexteer Automotive Corporation.

Debra Guido-Allen, BSN, RN, is vice president and chief nursing officer of Nursing Support Services at Beaumont Hospital, Troy. She began her Beaumont career as a general surgical nurse at its Royal Oak hospital. She later served as assistant nurse manager in cardiac care; then manager of cardiovascular research and the Anticoagulation Management Service. Guido-Allen has a Bachelor of Science in nursing from Oakland University and an MBA in health care administration from American InterContinental University.

Adreena Harley, MSN, RN, serves on the Nightingale Selection Committee.

Karen Harris, MSN, RN, WHNP-BC, is chief nursing and operations executive at Henry Ford West Bloomfield Hospital. She has served as a consultant for ACG and Dynamics Research Corporation. She is the 2006 Nightingale Award Winner for Education and Research.

Gregory Jamian is president and CEO of Americare Medical, Inc. He is the current commissioner for the Oakland County Road Commission and president of the board for the Michigan Spinal Cord Injury Association. He is also a past board member of the Area Agency on Aging 1-B.

Christopher Johnston is associate vice president of new business and consumer solutions at Health Alliance Plan of Michigan.

Shawn Levitt, MHSA, RN, FACHE, CPHQ, is the senior vice president and chief nursing officer for the Detroit Medical Center.

Ann McDonald-Upton, MBA, RN, is vice president of patient care services and chief nursing officer of St. Joseph Mercy Oakland

Denise McLean, MSN, RN, is director of clinical care/respiratory therapy at St. John Providence Health System

Kathleen Ryan, MHSA, RN, is a member of the West Region Board of Trustees – St. John Providence Health System and former chief nursing officer at Providence Hospital-Southfield. She is a past winner of the Nightingale Award for Nursing Administration and is a former Board of Visitors Chair.

Sandra Schmitt, BSN, RN, is manager of nursing development for the Oakwood Healthcare System. She was the 2003 Distinguished Alumni Nightingale Award recipient and was runner-up in 2011 for Excellence in Nursing Education and Research.

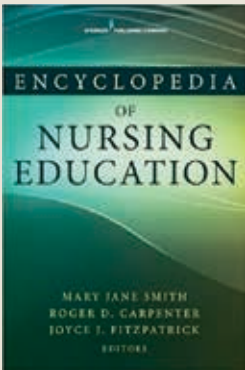
Michelle I. Seid, BSN, RN, became a board of visitors member in early 2011 and served as chair for the Nightingale Awards Silent Auction and Raffle in both 2012 and 2013. She also participates on the School of Nursing Alumni Committee.

Nancy Susick, MSN, RN, NE-BC, is senior vice president at Beaumont Health System and president of Beaumont Hospital, Troy. She became a board of visitor member in 2002 and served as chair in 2012 and 2013. She also participated in two School of Nursing accreditation cycles.

Kathleen Van Wagoner, MSN, RN, was influential in advocating and establishing the Crittenton Hospital Medical Center Endowed Professorship in Nursing at Oakland University and is the current chair of the Nightingale Selection Committee.

Christine Zambricki, CRNA, DNP, FAAN, is the chief executive officer, America’s Blood Centers. She was the 2006-07 Nightingale Chair and 2004-05 Nightingale Selection Committee Chair.

PUBLICATIONS AND PRESENTATIONS



Encyclopedia of Nursing Education, 3rd Edition is the only comprehensive and current collection of important topics in education and features more than 175 detailed entries, including eight written by SON faculty including:

Carrie Buch - Evaluation: Objectives vs. Outcomes

Karen Dunn - Simulation

Claudia Grobbel - Health Policy

Megan Harris - Simulation: Patient Safety

Anne Mitchell - Clinical Scenarios and Competencies

Barbara Penprase - Accelerated Second Degree

Cheryl Riley-Doucet (retired) - Scholarship

Carolyn Tieppo - Personal Digital Assistant

This textbook was edited by Mary Jane Smith, Roger Carpenter and Joyce Fitzpatrick.

Glembocki, M. M., Hernadez, J., & Eddy, G. (2017, March). “A Transitional Care Model to Reduce Re-admissions: Implementing a Cardiac Surgery Nurse Practitioner Follow-up Clinic.” Michigan Council of Nurse Practitioners, Detroit, Mich.

Glembocki, M. M. & Berishaj, K. (2017, June). “Advancing professional nursing practice through the development of an innovative graduate forensic nursing program.” International Conference on Nursing Science and Practice, Dallas, Texas.

Glembocki, M. M. (2017, June). “Impacting the Care of Elders with Relationship-Based Care.” Prosecuting Attorneys Association of Michigan. Elder Justice and At-Risk Adult Summit, Mt. Pleasant, Mich.

Hernandez, J. & Petroulias, P. (2017). “What’s the problem? Problem-based learning in the development of critical thinking.” Poster presented at the University of Windsor-Oakland University International Teaching and Learning Conference, Windsor, Canada.

Hernadez, J., McCoy, M., & Glembocki, M. M. (2017, April). “Developing Knowledge of STEMI Interpretation in the Emergency Department.” Nurse Practitioners in Acute Care Conference, Miami, Fla.

Petrouias, P. (2017). “Use of Electronic Tablets for Patient Education on Flushing Peripherally Inserted Central Catheters.” Journal of Infusion Nursing. 40(5). 298-312.

Sharpnack, P., Drennan, C., Bowles, W., Koffel, C., Salvador, D. & Didion, J. (2017). “Pathways to BSN Education: Teamwork in Ohio.” Nursing Education Perspectives. 38(5). 243-249

Spencer, K. (2017). “What is your super-power? A simply powerful ice-breaker.” Oakland University Instructional Fair, April 6, 2017.

Spencer, K. (2017). “Using poetry to teach nursing informatics concepts.” Detroit Institute of Arts. Arts & Health Symposium. September 26, 2017.

Spencer, K., Buch, C., Holka, K., & Poly-Droulard, L. “On the fast track: A community of practice to meet student needs. Toward a culture that values teaching.” University of Windsor-Oakland University International Teaching and Learning Conference. May 3, 2017.



CRIME SCENE TO COURTROOM

FORENSIC NURSING AT OAKLAND UNIVERSITY

The **MSN in forensic nursing program** is 39 credit hours and includes a minimum of 420 clinical hours. The plan of study allows students to complete the program in 28 months.

The **graduate certificate in forensic nursing** is 18 credit hours. The plan of study allows students to complete the certificate in 16 months.

The forensic nursing program will prepare graduates to practice globally as a forensic nurse examiner with the ability to subspecialize in a specific area of forensic nursing, if desired. Graduates may practice in a variety of forensic nursing areas such as sexual assault, interpersonal violence, child/elder maltreatment, death investigation, and emergency preparedness and disaster management.

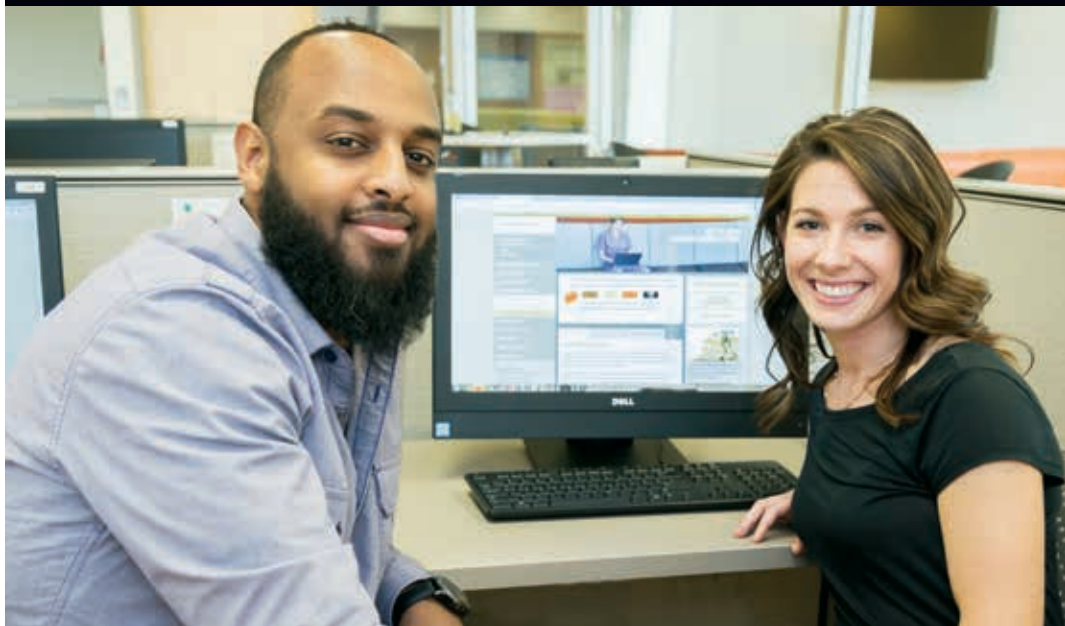
For more information, please contact Kelly Berishaj at berishaj@oakland.edu or (248) 370-4253.

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Study abroad programs provide effective and accessible options for students to build needed soft skills such as moving out of their comfort zones, learning how to adapt to new environments, experiencing other cultures and educational institutes and, for the School of Nursing, health care delivery options.

Oakland University fosters exploration, creativity, research and experience within its curriculum. Outside of the classroom, the SON reinforces these tenets by offering study abroad programs for students who seek a little more. The School of Nursing has offered a nursing research course in Italy for the last decade and will offer a new course in China in May 2018.



Earlier this year, nearly a dozen sophomores spent two weeks in Padua, Italy, with associate dean and professor, Gary Moore, Ph.D., for their Research Basis for Nursing Practice course. Students were able to listen to lectures and observe health care delivery in an Italian hospital. Italy is ranked No.1 on the Bloomberg 2017 Healthiest Country Index (the U.S. is No. 34).



New for 2018, assistant professor Lan Yao, Ph.D., will take students wanting to take the Scientific Inquiry II course in Shiyan, China from May 9–31. Provost James Lentini, D.M.A., has offset the cost of this trip in an effort to make the course more affordable and encourage more students to experience the trip. This excursion will feature two workshops: Chinese Health Care Systems and Traditional Chinese Medicine and Practices. This will introduce students to the scope, organization and characteristics of role of nursing and the health care system in China, as well as complementary medicine practices such as herbal medicines, mind and body practices, acupuncture and tai chi. ➤



For more information about these travel abroad programs, please contact Gary Moore, Ph.D., at moore@oakland.edu and Lan Yao, Ph.D., at lyao@oakland.edu.



The SON welcomed nearly 300 pre-nursing students to the Open House where they toured the building, met faculty and advisers and learned more about the curriculum and clinicals.





Oakland University School of Nursing

For more information about the School of Nursing at Oakland University,
visit oakland.edu/nursing, email nrsinfo@oakland.edu or call (248) 370-4253.

