

THE
pulse
MAGAZINE

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TAKE OUR READERSHIP SURVEY

SPECIAL FEATURE

CRNA

*OU-Beaumont Nurse
Anesthesia program fosters
student leadership potential*





MESSAGE FROM THE DEAN

In this issue we offer an inside view of our OU-Beaumont nurse anesthesia program, which is one of the top-ranked nurse anesthesia programs in the country. Our program boasts a unique distinction in its recent accreditation by achieving the maximum term length for accreditation from the Council on Accreditation (COA): 10 years. This is the highest level of re-accreditation extended to any program of this kind in the nation. The COA, the sole accrediting authority for nurse anesthesia programs at the post-master's certificate and doctoral degree levels across the nation, demands a rigorous program of self-study and achievement. We are proud to have received this honor again.

This addition of *The Pulse* also highlights our faculty members who are actively engaged in developing and using new teaching methodologies including the "flipped classroom." Using a reversed teaching model moves the homework section to the classroom and lectures outside of the school. This collaborative learning environment becomes more experiential, and thus more meaningful. Our instructors are finding that students in a flipped classroom are much better prepared to apply the theory from the classroom to clinical experiences with real patients.

Two School of Nursing faculty members, Kelly Berishaj, CNS, DNP, and Margaret Glembocki, FNP, DNP, are taking the lead in developing a forensic nursing program. Initially, this program will be a certificate post-baccalaureate program. The focus of a forensic nursing program is to provide advanced education about a body of knowledge related to the identification, assessment and analysis of forensic patient data. The theoretical components have a firm foundation in nursing and forensic science as well as public health care. Although there are forensic science programs offered by some universities in Michigan, to our knowledge this is the first forensic nursing program to be offered. Our goal is to admit our first class in September 2014.

As always, the best part of our school is our students, who are ever innovative and entrepreneurial. SON student Aldo Sade recently made history while working on his future. The OU SON senior is the first undergraduate in the history of the SON to be given a research grant award. Sade received a \$5,000 grant from Kelly Healthcare Resources, Inc., to investigate patient falls at Crittenton Hospital Medical Center. The award also marks the first grant Kelly Healthcare Resources, Inc., has given to an educational institution.

This is just a taste of the incredible things happening at the School of Nursing. Read on for more reasons why we are so proud to be a part of Oakland University's School of Nursing.

A handwritten signature in black ink that reads "Kerri D. Schuiling". The signature is written in a cursive, flowing style.

Kerri Schuiling, Ph.D., CNM, FACNM, FAAN
Dean
School of Nursing

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The Pulse magazine is published one to two times per year. It is distributed free of charge to Oakland University's School of Nursing alumni, staff and friends, and select school of nursing deans nationwide.

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ISSN 1946-7257
Issue No. 10.

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The United States needs nurses. An estimated 125,000 nursing positions are open nationwide. That number is projected to rise to 1 million in the next decade. OU's School of Nursing is taking steps to address this need, and you can help. In partnership with local health care organizations, we actively recruit faculty and students for our programs. Applications and admissions have risen by 40 percent, but much more can be done to ease the current and future nursing shortage. The development of scholarships and distinctive campus, online and satellite programs will serve as an important catalyst for future growth. This also will provide important incentives in attracting, retaining and graduating students into the ranks of professional nursing.

Please consider a gift to the School of Nursing. For more information about gift opportunities to the School of Nursing, please contact Colette O'Connor at (248) 364-8723 or occonnor@oakland.edu.



Reaching out

Graduates of the OU-Beaumont nurse anesthesia program go where most needed

By Mary Gunderson-Switzer

After successful completion of the Oakland University-Beaumont Graduate Program of Nurse Anesthesia (OUBGPNA) in December 2012, approximately half of the advanced practice nursing graduates took the road less traveled, making a significant impact on patients' ability to access quality care.

"We feel it is a great accomplishment that 50 percent of last year's graduating class chose to begin their careers providing anesthesia services in health care provider shortage areas and rural America," says Anne Hranchook, director of the OUBGPNA. "According to the AANA, nurse anesthetists are the primary providers of anesthesia care in rural America, and in some states, CRNAs are the sole providers in nearly 100 percent of the rural hospitals. The high-quality skills and exemplary practice of these Certified Registered Nurse Anesthetists allow consumers the ability to obtain comprehensive anesthesia care and stay close to home, where they are most comfortable."

Providing anesthesia services to areas which often experience the most critical shortages of health care professionals is no small task. The OUBGPNA has multiple clinical sites placing students in critical access, medically underserved and rural hospitals for their clinical education. The exposure to these experiences has led a significant percentage of their graduates to choose to begin their career in these areas of the United States.

"That decision puts a great deal of responsibility on the advanced practice nurses' shoulders," says Mary Golinski, Ph.D., CRNA assistant director of the OUBGPNA, "because these nurse anesthetists must efficiently and promptly assume very autonomous roles."

A nationally recognized graduate anesthesia program [see "Local to general exposure"], the OU-Beaumont partnership equips nurses for such challenging career endeavors.

Established in 1991, the nurse anesthesia graduate program provides its students with the highest-quality and extremely rigorous coursework, such as physiology, pathophysiology, pharmacology and anatomy, along with exceptional internships. Applicants for this Master of Science in Nursing (MSN)-level program must have completed a Bachelor of Science in Nursing (BSN) degree from an accredited university, have a significantly robust academic record, and worked as a

registered nurse for a minimum of one year — typically more — in a high acuity intensive care unit setting.

The program itself requires extensive training in the clinical setting, beginning gradually in the first term and achieving 32-40 or more hours per week as each semester progresses. The 28-month program exceeds minimum accreditation standards set forth by the Council on Accreditation of Nurse Anesthesia programs in both clinical and classroom instruction. For example, students graduate with approximately 900 cases while the council requires a minimum of 550 cases.

After 56 credit hours of required classroom content — 17 courses over 7 semesters or 28 months — of full-time study, in addition to the extensive clinical hours spent administering anesthesia, graduates of the program take a National Certification Examination for nurse anesthetists. This is developed and instituted by the National Boards of Certification and Recertification of Nurse Anesthetists (NBCRNA). The NBCRNA is the credentialing body for the nations nurse anesthetists; its certification and recertification programs are accredited by the National Commission for Certifying Agencies (NCCA) — the accrediting branch of the National Organization for Competency Assurance (NOCA). NOCA is the national standard setting organization for credentialing groups including certification boards, licensing boards and associations.

Upon successful completion of the national certification examination and attainment of the CRNA credential, these advanced practice nurses begin their professional practice. However, this is just the first step as recertification is required every two years, and life-long learning is a critical component of safe professional practice.

FULLY PREPPED

Certified registered nurse anesthetists work in a variety of health care settings, including but not limited to, community hospitals, large urban academic medical centers, level one trauma centers, outpatient surgery centers, physician offices, military hospitals/installations, and non-surgical pain management clinics. The specific areas of specialty practice range from obstetrics to pediatrics to geriatrics.

In addition to a dedicated faculty, there are several aspects that fully prepare OUBGPNA graduates for their career choice



ABOVE LEFT: Heather Smith and Michelle Godreau of Northern Michigan Regional Hospital in Petoskey, Mich. Nearly 50 percent of the graduating class works in rural areas. ABOVE RIGHT: The hospital overlooks Little Traverse Bay.

and make the program outstanding. For instance, distance-learning opportunities are available in locations including Kalamazoo, Marquette and Petoskey, Mich., as well as Toledo, Ohio. All students benefit from detailed course instruction and earn clinical experience at more than 30 different sites throughout the region.

In addition to the 800 required clinical training hours within a health care facility proper, both Oakland University and Beaumont Hospital, Royal Oak offer state-of-the-art simulation labs, including mentorship in the laboratory from a CRNA simulation specialist. The high-fidelity simulation lab at Beaumont, Royal Oak, replicates real-life clinical scenarios of normal and pathologic human conditions using mannequins equipped with computer adaptive software. These simulation

clinical scenarios help the learner prepare for any type of real adverse reaction that may occur in an operating room or anesthesia-related environment. Although real-world adverse reactions to anesthesia are rare, the nurses utilize the simulation environment as an adjunct; they learn how to respond calmly and effectively to such complications.

On-the-job feedback is the final word.

"We've received nothing but glowing reports on our graduates," says Hranchook. "Knowing that our program prepares them well for such excellent patient care is the ultimate reward." ■

Mary Gunderson-Switzer is a freelance writer living in Warner Robins, Ga.

BELOW: Anne Hranchook, CRNA director of OUBGPNA, meets with Mary Golinski, Ph.D., CRNA assistant director of the OUBGPNA.



Local to general exposure

Top-rated OU nurse anesthesia program scores No. 1 in re-accreditation

By Mary Gunderson-Switzer

The Oakland University-Beaumont Graduate Program of Nurse Anesthesia (OUBGPNA) began in 1991 and celebrates 20 classes of high quality graduates later this year. Ranked as one of the top nurse anesthesia programs in the nation by *U.S. News and World Report*, the program recently achieved distinction when the Council on Accreditation of Nurse Anesthesia Educational Programs (COA) granted the program 10-year accreditation, the maximum recognition awarded by this national accrediting body. The fact that the program has enjoyed maximum accreditation status since its inception is a source of pride for students, graduates, faculty, hospital and university administration.



The COA is the sole accrediting authority for nurse anesthesia programs, all of which are at the master's, post-master's certificate and doctoral degree levels across the nation. The

council supports quality assessment and improvement in nurse anesthesia educational programs in the United States and Puerto Rico and recognizes excellence in instruction.

Accreditation of nurse anesthesia programs is a rigorous process that includes a systematic self-study and review of program clinical sites. More than 200 individuals evaluated the program during the self-study process including nurse anesthetists, anesthesiologists, School of Nursing professors and students.

"The evaluation responses were overwhelmingly positive," says Anne Hranchook, the program's director. "We are gratified that the community affirmed the excellence of our program and the quality of our students, graduates and faculty."

"We owe a debt of gratitude to the founders of the program for their vision and perseverance. The excellence in education within the OUBGPNA continues because the program was built upon a solid foundation established by AANA past president Christine Zambricki, DNAP, CRNA, FAAN; Diane Katz CRNA, M.S.; and Therese Pilchak, CRNA, M.S. The program faculty is committed to excellence in nurse anesthesia education. Our graduates are highly skilled clinicians who embody a true passion for nurse anesthesia and the profession." ■

Mary Gunderson-Switzer is a freelance writer living in Warner Robins, Ga.



Anne Hranchook, director of the OU-Beaumont Hospital graduate program of Nurse Anesthesia, says accreditation is a rigorous program of self-study.



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- MaryClaire Dangel-Palmer, CRNA, MSN,
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Forward direction

Today's leadership inspires tomorrow's nurse anesthetists

By Mary Gunderson-Switzer

Today's teachers make tomorrow's leaders. Anne Hranchook, director of the OU-Beaumont Graduate Program of Nurse Anesthesia (OUBGPNA), puts that theory into practice on a daily basis.

Under her direction, the OUBGPNA continues to thrive — and its graduating nurse anesthetists continue to give excellent patient care in an era when nurses are in high demand.

"This is an opportunity to help educate the next generation of nurse anesthetists, which is so exciting," says Hranchook, who, in addition to her administrative duties, remains active as a classroom and clinical teacher. "I enjoy the challenge of providing innovative and relevant curriculum and always find that I am inspired by the enthusiasm of the students."

Hranchook says her own venture into anesthesia has been a rewarding transition. "It was a natural progression for me,"

"It's rewarding to find the most interesting ways possible to motivate nurses to achieve their very best."

— Anne Hranchook

she says. "As a nurse, I wanted to continue enhancing my critical thinking skills, and I was attracted to the challenge of the advanced practice role that comes with being a nurse anesthetist. The rewards of this area of patient care are tremendous."

Hranchook has worked hard to get to where she is today. An assistant professor at OU, Hranchook received her Master of Science in Nursing degree in 1993 and passed the certifying examination leading her to the designation certified registered nurse anesthetist. Beginning in 2009, she served as assistant director of the OUBGPNA, responsible for curriculum development, research coordination and teaching. Now, as the program director, she has complete oversight for the program. She is proud to be leading a team of outstanding educators that she feels represent some of the greatest talent in the United States. Mary Golinski, Ph.D., CRNA, assistant professor, began as the new assistant program director in October, 2012. The program clinical coordinators include Andrea Bittinger, MSN, CRNA; John Roebuck, MSN, CRNA; Linda McDonald, MSN, CRNA; and Laura Rogers, MSN, CRNA.

Hranchook has been an educator for 13 of the 20 years that she's been an anesthetist. In addition to serving as assistant director/director for the OUBGPNA, she's served for eight years as Beaumont Health System's anesthesia educator for a department of more than 130 anesthetists and 50 anesthesiologists. She has also written chapters for a number of books and journals specializing in the topic of anesthesia.

Despite the demands of her nurse administrator role, teaching remains her passion.

"I love the creativity within teaching," she says. "It's rewarding to find the most interesting ways possible to motivate nurses to achieve their very best."

She continues to push herself forward as well. With her already heavy load of responsibilities, she will soon complete a doctorate in nursing practice at OU. ■

Mary Gunderson-Switzer is a freelance writer living in Warner Robins, Ga.



Students in the OU-Beaumont CRNA program receive hands-on training using simulation models.



Help wanted

As the median age of nurse anesthetists increases, so does the need for more nurse anesthesia services

By Mary Gunderson-Switzer



The demand for nurse anesthesia services is anticipated to continue growing as the U.S. population ages. "According to the most recent AANA (American Association of Nurse Anesthetists) membership survey, the average age of CRNAs is 47.5 years. Baby boomer retirements and increases in health coverage demand a health care workforce sufficient to deliver patient access to high quality health care," says Oakland University-Beaumont Graduate Program of Nurse Anesthesia (OUBGPNA) Director Anne Hranchook.

Oakland University and Beaumont Health System both recognize the need for nurse anesthetists and together provide a strong base on which to conduct a nurse anesthesia educational program to help satisfy the demand. The OUBGPNA is at the forefront of offering high-quality educational opportunities to satisfy this need, not only in the state of Michigan but for the nation.

Nurse anesthesia is among the most challenging and rewarding of the nursing specialties. America's Certified Registered Nurse Anesthetists (CRNAs) are advanced practice registered nurses (APRNs) who provide the majority of anesthesia care to rural and medically underserved America, and to the U.S. Armed Forces at home, at sea and abroad.

The AANA reports that CRNAs safely administer more than 34 million anesthetics to patients annually in the United States. In addition to working in operating rooms, these nursing professionals serve a crucial role as pain management specialists, first responders and coordinators of emergency care. They care for a wide variety of patients, from children to expectant mothers to senior citizens.

HIGH-QUALITY PROGRAM LEADS TO HIGH-QUALITY GRADUATES

Established in 1991, the OUBGPNA provides its students with high-quality graduate coursework and clinical internships. After 28 months of full-time study, graduates of the program are qualified to take the national certifying examination offered by the National Board of Certification and Recertification for Nurse Anesthetists (NBCRNA). NBCRNA certification provides assurances to the public that certified individuals have met objective, predetermined qualifications for providing safe nurse anesthesia services.



The Oakland University-Beaumont Graduate Program of Nurse Anesthesia provides students with the highest-quality graduate coursework and clinical internships, preparing them to be a certified registered nurse anesthetist (CRNA).

OUBGPNA students are prepared well as evidenced by the program's first-time test taker pass rate of 95 percent. Students are highly sought after as well. Graduates who have passed the certifying exam enjoy a 100 percent employment rate.

In addition to dedicated faculty and motivated students, there are many factors that account for the success of the program and make the OU-Beaumont nurse anesthesia program one-of-a-kind within the state. In 2003, the program was cited in the Federal Register as the only nurse anesthesia program in the United States to receive a Health and Human Services grant for program development in distance education. The OUBGPNA continues to stand out in this area in that it is the only program in Michigan to offer this capability and has assisted more than 20 distance students to achieve their goal of graduating from the program. Distance education students attend classes via videoconferencing and complete the majority of their clinical requirements at their primary hospital. Currently, there are three distance education sites located throughout Michigan: Marquette, Kalamazoo and Petoskey.

The program has more than 30 clinical sites for students to gain experience, including settings in critical access, rural, medically underserved and health care provider shortage areas. Fifty percent of the most recent graduating class took jobs in these areas, fulfilling a great need for the provision of vital services such as surgical, obstetrical, trauma stabilization, interventional diagnostic and pain management capabilities.

Another highlight of the program is the state-of-the-art simulation labs available at both OU's School of Nursing and Beaumont's Marcia & Eugene Applebaum Surgical Learning Center, which greatly enhance a student nurse anesthetist's ability to be fully prepared for real-world clinical experiences. Students in the program hold in high esteem John Roebuck, CRNA, MSN, the simulation coordinator for OUBGPNA. John is able to help students apply what they have learned in the classroom in the simulation lab. He uses a variety of methods including high-fidelity simulators, task trainers and standardized patients to help prepare students — much as flight simulators prepare pilots — to be confident and capable of handling any high-pressure, emergency situations.

Oakland's School of Nursing was the first in Michigan to offer a post-master's Doctorate of Nursing Practice (DNP) degree, and there are more positive changes on the horizon.

"We are now developing a curriculum that will take students from a Bachelor of Science in Nursing degree to a DNP," says Hranchook. "The DNP is a practice-oriented degree, and we plan to have the BSN to DNP in place no later than 2016. Preparing nurse anesthetists at the doctoral level answers the call of the Institute of Medicine, Joint Commission, Robert Wood Johnson Foundation, and other authorities for reconceptualizing educational programs that prepare today's health professionals. Doctorally prepared CRNAs will be ready to meet the changing demands of our nation's complex health care environment, which requires the highest level of scientific knowledge and practice expertise to assure quality patient outcomes." ■

Mary Gunderson-Switzer is a freelance writer living in Warner Robins, Ga.





Ethel and Louis Oberhauser pose with daughter Norma at her graduation from Henry Ford Nursing School.

Lasting care

Creating a legacy of nursing education

By Amy Lynn Smith

Who could better appreciate the value of an excellent nursing education than a retired nurse?

Florida resident Norma Oberhauser, RN, believes that future nurses can only be as good as the professors instructing them. Being a woman of determination and action, she has pledged a total of \$1.5 million to Oakland University School of Nursing, with \$250,000 slated to name the Nursing

Therapeutics Lab in the Human Health Building in honor of her parents, Ethel and Louis Oberhauser. This generous gift will help ensure that the faculty have all of the resources they need to best educate the next generation of health care professionals.

Oberhauser and her best friend, Tekla Ylvisaker, met while in the Henry Ford Nursing School. The Henry Ford program closed in the late 1970s and was folded into Oakland's nursing program. The Ylvisaker Scholarship, named in honor of Tekla's

nursing career, is the largest and most prestigious scholarship award in the SON and many students, alumni and faculty recognize the family name for their contributions in support of nursing education. Oberhauser is following suit, using her gift to create a legacy for her family that will enhance and enrich nursing education now and in the future.

"Norma said she would not be in the position to do this if it weren't for her parents," says Colette O'Connor, director of development. "She didn't want her name in lights; she wanted to honor them."

Oberhauser's parents had high expectations for her. "I really wanted to please my father and wanted him to be proud of me ... even if he did give me a black bike for Christmas when I really wanted a red one!" Oberhauser joked. "Seriously, it is because he really challenged me that I worked so hard to be the best nurse I could be," said Oberhauser.

Oberhauser attributes her financial and professional success to her mother and father. Louis Oberhauser was a successful executive, who moved the family around the state. Ethel Oberhauser had been an educator until her only child was born, reinforcing Norma's credence in the importance of the instructor role.

"I've always known you can't have high-quality nursing care if you don't have high-quality nursing instructors," says Oberhauser. "I believe, like my previous gift to create the original endowment for nursing instruction, this gift will make nursing education better."

What's more, Oberhauser designated \$1,325,000 through her estate to be directed to the School of Nursing to expand the purpose of the Oberhauser Nursing Instruction Endowment Fund.

"Norma's educational beginnings were spent cleaning the hospital bathrooms, as nursing students were not allowed to interact with patients during their first year in school," said O'Connor. "Contrast that with today's SON students, who spend their first year in the simulation lab, practicing their skills in a safe environment on mannequins and having faculty validate their proficiency."

Dean Kerri Schuiling is overjoyed with the gift and the implications it will have in the SON. "Norma's had a long relationship with Oakland, and we talked a lot about the legacy she could create by expanding her current endowment to allow for more research grants."

SON Dean Kerri Schuiling and Norma Oberhauser.

According to Oberhauser, faculty need support in the way of continued education, research funding and the latest lab equipment to do their jobs optimally. "The students will, in turn, provide excellent care when they become professional nurses," she says.

Oberhauser's additional gift will support nursing faculty grants for research and the advancement of the science of nursing. It will also fund the purchase of equipment required to enhance student education, training and scholarly endeavors.

Most important of all to Oberhauser, who is now 87 years old, is improving the profession of nursing — which all begins with the people who teach it.

"Our nursing faculty is doing so much in the area of nursing research and applied research, as well as research into best teaching practices," says O'Connor. "Those are all critical, and as technology keeps advancing teachers need to keep up with it."

Oberhauser's gift will advance nursing research at Oakland University and help build the foundation for a Ph.D. program within the SON. Faculty research and research funding are the basis for this doctoral program. Best of all, by making some of her gift now she gets to see the results of her generosity in action.

"Having donors who make such generous gifts elevates the whole school — the students appreciate it, the faculty appreciates it, the staff appreciates it," says Schuiling. "We're all humbled by the fact that someone has that much confidence in what we do, and we're truly grateful for everything Norma's done for the school." ■

Amy Lynn Smith is a freelance writer from Birmingham, Mich.





OU's School of Nursing will launch its forensic nursing program in September 2014. The program will include work with the legal system, counseling and death investigation.

CSI-OU

SON prepares new forensic nursing program

By Cara Catallo

The word forensics conjures up images of television crime dramas, steeped with law enforcement and state-of-the-art labs. Forensic nurses should come to mind, too, collecting data and making vital assessments in cases filled with trauma, abuse and neglect.

To better equip nurses in this field, the School of Nursing plans to launch Michigan's first forensic nursing program in September 2014.

"There are a lot of programs on forensic science, but not specifically forensic nursing. We hope that it will be a big draw for nurses in our community and from all over," says Kelly

Berishaj, MSN, ACNS-BC, RN, an SON visiting instructor helping to build the program. "It's not only exciting to be developing something new for the university and the School of Nursing, but it's something new for our general area. We're the very first school in our area offering this."

The new program took flight after SON Dean Kerri Schuiling suggested Berishaj train to be a sexual assault nurse examiner (SANE), with an eye on eventually teaching it. The concept quickly evolved. "We found that it wasn't just sexual assault that we needed to focus on. It was the whole area of forensic nursing," recalls Berishaj, who now responds to calls from hospitals and law enforcement as a SANE.

Berishaj and program partner Dr. Margaret Glembocki, DNP, RN, ACNP-BC, have been working closely with Turning Point, Inc., in Macomb County, which along with HAVEN in Oakland County will serve as a mentor to the program, and also to OU's own Mentors in Violence Prevention (MVP) team and Sexual Assault Task Force.

SANE training will be one component of the three-semester, post-baccalaureate SON forensic program. The program will also include the theoretical basis of forensic nursing, the legal system, and death investigation, among other courses, before turning to clinical training. The SON forensic nursing program will culminate in a graduate certificate and will likely later expand to also offer a master's degree.

Forensic nursing is care of patients who are victims or perpetrators of trauma, intentional or unintentional," Berishaj says. Trauma can stem from sexual assault, domestic violence, death investigation, any form of abuse or neglect, even relating to natural disasters, bioterrorism, hate crimes, human trafficking and post-traumatic stress disorders.

Berishaj explains that many people don't realize how big a role nursing plays in forensics. "We're nurses first. One of the most important things a nurse does is assess. A specially trained nurse to collect data and evidence can be as vital to a case as police and legal efforts. Everyone is important, says Berishaj, but nurses "are a perfect fit for that role."

"The key is linking health care with the legal system," says Berishaj, adding that a forensic nurse could work on-call at a hospital, a community agency, a prosecutor's office or a correctional facility, among others. "The opportunities are really extraordinary."

"Part of our ethic of care is that nurses care for the vulnerable population, and we're always first and foremost an advocate, to speak for someone when they cannot," she says.

Renae Diegel, a SANE and forensic nursing program administrator at Turning Point, says the need for forensic nurses is great, in order to standardize the care that patients receive for incidences of trauma. Traditional nursing education doesn't teach how to testify in court or document injuries or to understand the laws, she says.

"There's no place in the tri-county area, even in the state of Michigan, where you can get an advanced degree or certificate in this area. To have this coming is very exciting," Diegel says. ■

Cara Catallo is a freelance writer from Clarkston, Mich.



Flipping it

Reversed teaching model leads to more experiential teaching

By Amy Johnson

Taking into account the variety of student learning styles, one of the latest paradoxes is that of the “flipped” classroom. Using a reversed teaching model moves the homework section to the classroom and lectures outside of the school. This collaborative learning environment becomes more experiential, and thus more meaningful.



Just ask Lynda Poly-Droulard, adjunct instructor in the accelerated second degree (ASD) nursing program and laboratory manager of the Oakland University Riverview Institute, who tested the flipped classroom method. The ASD students complete the equivalent of one academic year per semester, so

they have a lot to accomplish in a relatively short amount of time, she says.

Poly-Droulard finds that students in a flipped classroom are much better prepared for their exams and clinicals. “By reading and listening to the lectures ahead of time, the students are able to interact with each other and with the instructor, working through any questions or issues they have. Through the application of theory and a basic understanding of the material, when they work with their classmates on problem-solving a variety of case studies, it encourages critical and independent thinking,” she notes.

Barbara Penprase, executive director of the Oakland University Riverview Institute and the Crittenton Endowed Professor, was the first to implement the flipped classroom method in the ASD program. She had little doubt that this model would work. “The culminating exam, which is called Simulation Day, is the ultimate test of their knowledge and skills that they have been laboring over for weeks,” she says.

Simulation Day combines groups of students to run through each of five scenarios in the simulation labs at Riverview,

followed by a debriefing with faculty of what worked and what did not.



As part of the simulation, all nursing students, upon the beginning of their scenarios, report to an exasperated head nurse who is anxious to leave the hospital and spends more time

on the phone with her son than giving accurate details. The nursing students again have to ascertain the most effective way of getting the necessary information from the head nurse without being disrespectful.

These scenarios also involve dealing with patients, difficult family members, multicultural differences, hazardous and transmittable infections like MRSA, and interacting with peers and supervisors. One scenario has a live physician on the other end of the phone line instructing the nursing student to give her ‘patient’ an inappropriate dosage of medication. The nursing student has to determine the best response — questioning the physician, reporting it to her clinical nurse manager or abiding by the instructions — for the patient.



Upon the conclusion of their scenarios, the nursing students have a debriefing session with a trained debriefer (an ASD clinical instructor) on “What went right?” and “What would they do differently?” The students feel as if they actually took care of a patient in an emergent situation and have so much to discuss. It is an incredible way to learn and ingrain nursing practices.

Many hospitals use the SBAR (situation, background, assessment and recommendation) format to report to a physician a critical situation with a patient. By practicing the use of this method of communication, the nursing students are well-versed in communicating with physicians and nurse managers when they are in clinicals and employment.

Graduates of the ASD program find that this experience has better prepared them to think on their feet, as they have encountered some of these very realistic scenarios in practice. This is evidenced by some of the comments from students: “I thought I was actually caring for a real patient”; “My heart was beating so fast; it was so exciting”; and “I had a patient in clinical the very next day with the same symptoms and I knew what to do.”

Penprase and Poly-Droulard recently presented on the use of the flipped classroom in a nursing education setting at the Instructional Fair at Oakland University on April 1. ■

Amy Johnson is an Oakland University staff writer.



OU SON grad MaryClaire Dangel-Palmer CRNA, MSN, is chief operating officer of Henry Ford West Bloomfield Hospital.



Leading by example

OU alum takes reins as Henry Ford COO

By Amy Lynn Smith

MaryClaire Dangel-Palmer, CRNA, MSN, lives by the philosophy that each day is an interview. When it comes to achieving her career goals, it's a mindset that's certainly paid off

"Whether you're a student, a new graduate or a professional seeking the next level, you have to go in and put your best foot forward every day," explains Dangel-Palmer, who is currently chief operating officer (COO) for Henry Ford West Bloomfield Hospital.

When you consider Dangel-Palmer's career path, there's no doubt she's taken her own advice. She considers herself a "non-traditional student," which may be part of why she's been so successful.

She earned her diploma in nursing from Good Samaritan Hospital School of Nursing in Cincinnati in 1987. After going through "a number of life experiences," she re-started her studies at the Oakland University School of Nursing in 1993. Dangel-Palmer earned her Bachelor of Science in Nursing degree in 1994, followed by her Master of Science in Nursing (CRNA) degree in 1997.

While she was going to school, Dangel-Palmer and her husband were raising four children. But she forged ahead, knowing that not every opportunity would wait.

She was right. When she graduated in 1997, Dangel-Palmer was one of only three nurse anesthetists in her graduating class to be offered a job at William Beaumont Hospital.

Just four years later, she was promoted to the position of clinical coordinator. She reported to the department's director — sharing her "boots on the ground" view with leadership.

Dangel-Palmer took another giant step in 2008, when she was the third staff member recruited to Henry Ford West Bloomfield Hospital, which was still under construction. The job? Director of Anesthesia and Perioperative Services.

"But I thought, 'If you don't try, you don't know.'"

— MaryClaire Dangel-Palmer

"That was a huge jump, and it happened because someone believed in me," says Dangel-Palmer.

She helped recruit staff, develop policies and procedures, and build the department from scratch, preparing for the hospital's opening in 2009.

The following year, Dangel-Palmer was promoted to director of surgical services. Just two years later, in 2012, she became a hospital administrator.

Another opportunity presented itself soon after, when the hospital's COO announced her retirement.

"I'd only been in that administrator role for about four months, so a move like that was a little earlier than I expected," says Dangel-Palmer. "But I thought, 'If you don't try, you don't know.' So I applied and I guess I'm where I'm supposed to be."

If there's a secret to Dangel-Palmer's success, it's her experience working with patients and the natural affinity for people that drew her to nursing in the first place.

"You learn very quickly how to manage people, and you surround yourself with managers and supervisors who know more about the job than you do," she explains.

In fact, Dangel-Palmer says she learns daily from the people she leads.

"If I get in there and am present every day, and show that I'm genuine and follow through on what I say I'm going to do," she says, "then the people will teach me." ■

Amy Lynn Smith is a freelance writer from Birmingham, Mich.



MaryClaire Dangel-Palmer (middle), works closely with fellow staff, (from left to right), Lois Eagal, RN, MSN-HCSM, manager, TGPU, Medicine/Oncology Services; PattiAnn Van Treese, CRNA, MA, manager, Nurse Anesthesia; and Deborah Gauthier, RN, BSN, CNOR manager, Surgical Services.



Michael Heuninckx, a 2011 SON graduate, just launched Michigan CPR classes designed to be a completely mobile service.

Lifesaving chain reaction

Entrepreneurial alumnus teaches CPR to individuals in and out of health care

By Cara Catallo

Michael Heuinckx not only wants to save lives, he wants to give others the know-how to save lives, too.

Heuinckx, a 2011 graduate of the SON's Accelerated Second Degree BSN program, just launched Michigan CPR Classes, where he will teach the American Heart Association Heartsaver program to people outside of the medical field, as well as to certify and recertify medical personnel and health care providers in Basic Life Support (BLS).

"Ultimately, my main goal is to reach the greatest number of people to get this information and knowledge out there," says Heuinckx, a certified CPR instructor, pointing out that the more people who learn such lifesaving methods, the greater chance they can positively influence the outcome of an emergency.

Designed to be completely mobile, Michigan CPR Classes brings CPR mannequins and AED trainers, plus airway equipment, bag valve masks and other training tools, to groups in office settings or even homes. When working with families, Heuinckx also advises about possible fire safety routes and other emergency plans, and even tailors classes to client needs, such as offering newborn CPR and safety education for new or expectant parents.

"My big goal is to bring health care back home," says Heuinckx. The 24-year-old emergency nurse at Providence Hospital in Southfield, Mich., is in the process of applying to the SON family nurse practitioner program. Eventually, Heuinckx hopes to build upon Michigan CPR Classes to offer families services as a primary care provider, too. For now, the business enables him to teach CPR and AED, plus explore a larger gamut of the abilities he's learned as a nurse.



"As an emergency room nurse, I only use a tenth of what I've learned because it's such a specific specialty," says Heuinckx, adding that he likes combining his entrepreneurial spirit with his nursing talents to help people in ways beyond the traditional nursing role in a hospital. "I can use so many different aspects of my nursing knowledge."

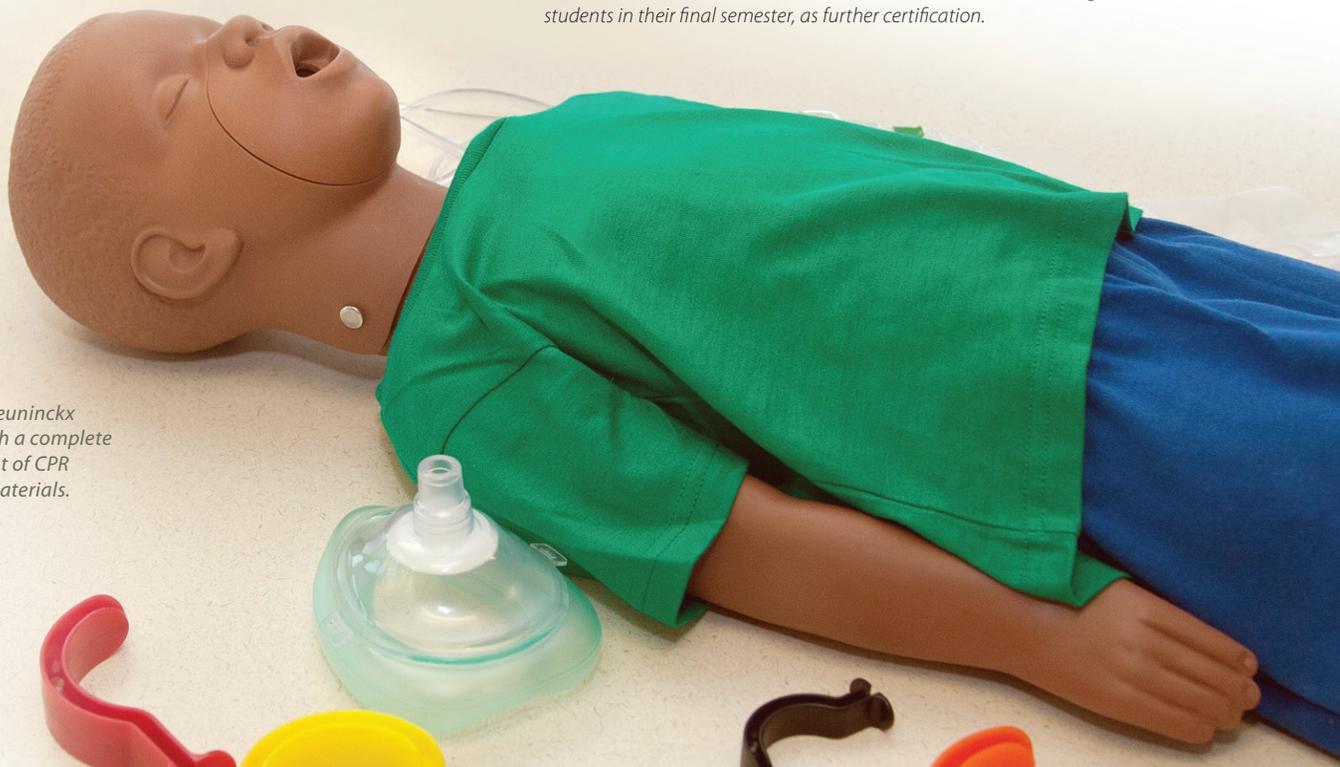
Heuinckx credits the SON accelerated program's leadership, in particular the faculty's mentoring and encouragement, for helping him find his niche.

"That's been a great resource of strength. It's truly what makes the second degree program all it is. You need positive people around you," he says. ■

Cara Catallo is a freelance writer from Clarkston, Mich.

For more information, go to MichiganCPRClasses.com. Among the classes offered are a basic eight-hour AHA Heartsaver course with CPR, AED and first aid care for \$90, or BLS recertification that runs four hours for \$60. Heuinckx also offers ACLS and PALS certification courses to nursing students in their final semester, as further certification.

Michael Heuinckx travels with a complete assortment of CPR training materials.





Falling ahead of the curve

Research grant falls into place

By Rene Wisely

Aldo Sade has made history while working on his future.

The Oakland University senior is the first undergraduate in the history of the SON to be given a research grant award. Sade received a \$5,000 grant from Kelly Healthcare Resources, Inc., to investigate patient falls at Crittenton Hospital Medical Center.

The award also marks the first grant Kelly has given to an educational institution.

As principal investigator on the Unit-Based Root Cause Analysis of Falls at an Acute Care Facility study, Sade will examine falls on Crittenton's Unit 7-East with a plan to implement a fall-safety program and have his work published in a scientific journal.

"I want this to be like a light for everybody who reads it," said Sade. "I want them to put the findings into practice so it never happens or, because it sometimes happens, at least decreases it. This is going to help health care."

The grant puts OU in rare company nationwide, said Robert Rosseter, spokesman for the American Association of Colleges of Nursing in Washington, D.C.

"Nursing research is typically the domain of nurses prepared in master's and doctoral programs, so it is unusual to see a grant going to an undergraduate student," he said. "We applaud Kelly Healthcare Resources for its willingness to fund nursing research and for the trust they have placed in Oakland's emerging nurse scientist."

Sade heard about the project from associate professor Dr. Dorothy Hawthorne-Burdine, who teaches a course on research. It wasn't an easy sell, she reports.

"I stood in the front of my classroom several times and begged for someone to step forward, but no one did," Hawthorne-Burdine explained. "Aldo, one of my brightest students, popped his head in my office later, and I asked him to do it," she recounted. "He said, 'Yes.'"

Now her office has become his office. She had a computer set up for him at her side and stuck a lengthy "to do" list on his desk. Not only is she his faculty adviser on the project, but she's also his co-investigator.



Aldo Sade works with professor Dorothy Hawthorne-Burdine on the Kelly research project.

"Research in nursing moves us forward," she said. "We want to use scientific evidence to provide better health care." Sade went right to work and culled 152 articles about the subject. He discovered that in 2000, the direct financial costs for non-fatal fall injuries in the United States totaled \$19 billion, while the cost of falls for inpatients of adult age is projected to reach \$54.9 billion by 2020.

"Patient safety is a huge issue in health care," said Grace Paranzino, chief clinical officer at Kelly Healthcare Resources in New Orleans and a member of the SON Board of Visitors. "Quality in health care is an industry key initiative, and this study aligns with this quite well," she said, explaining why she helped OU secure the grant. "This research grant provides an opportunity to improve patient safety and processes related to patient care."

The research has already helped Sade, who works midnights as a nurse extern at Doctors' Hospital of Michigan in Pontiac.

"Since I started this research, I'm much more aware of the possible dangers, so it's helped me anticipate trouble," he said. He has learned from history. ■

Rene Wisely is a freelance writer from West Bloomfield, Mich.

Board of Visitors

The Board of Visitors is an advisory body to the Oakland University School of Nursing. The specific purposes of the Board of Visitors are to provide counsel to the School of Nursing regarding its objectives, strategies, goals, curriculum and concerns; to promote the school in the community by creating awareness of its existence, supporting recruiting efforts and understanding of the services it renders; and to provide assistance in obtaining financial support from outside sources.



Marie (Bulaclac) Adam, MSN, RN, COHN-S, is lead manager, Medical Operations, Administration and Compliance for Chrysler Group LLC. She was the 1998 Distinguished Alumni Nightingale Award Recipient and the Nightingale co-chair for 2008-09 and chair for 2009-10.



Maggie Allesee, M.S., is a board founder and served as past president as well as chair of the Nightingale Awards. She was named the 2000 Philanthropist of the Year and received three honorary doctorate degrees from Wayne State University, Kendall College /Ferris State University and Oakland University.



Maureen Bowman, M.A., BSN, RN, NEA-BC, is vice president and CNO of Beaumont Health System-Royal Oak. She is board certified as a nurse executive-advanced, and is a member of the Beaumont Health System board of directors, the Michigan Organization of Nurse Executives and the American College of Healthcare Executives.

Robert Chiaravalli, Esq., is president of Strategic Labor & Human Resources, LLC, a consulting firm focusing on labor relations, international human relations and compensation and benefits.



Kathy Coburn, BSN, MBA, is a senior manager in the Ernst & Young, LLP Health Advisory Practice. She became a Board of Visitor member in 2009, served as Nightingale Awards chair from 2010 to 2012, and participated on the Nightingale Selection Committee for several years.

Lisa DeMoss, Esq., is an attorney, health care consultant, associate professor and director of the graduate program for insurance law at the Thomas M. Cooley Law School. She is the secretary-treasurer of the Detroit Metropolitan Bar Foundation.



Karen Harris, MSN, RN, WHNP-BC, is vice president of patient care services and chief nursing officer at Henry Ford West Bloomfield Hospital. She has served as a consultant for ACG and Dynamics Research Corporation. Karen was the 2006 Nightingale Award winner for Education and Research.



Petra Douglas Hurt, CRNA, M.S., is the affiliate clinical coordinator and assistant director, University of Detroit Mercy Graduate Program of Nurse Anesthesia. An alumna of Oakland's School of Nursing, she was 2007-08 Nightingale Committee co-chair, and the 2008-11 Nightingale Selection Committee chair.



Gregory Jamian is president and CEO of Americare Medical, Inc. He is a current commissioner for the Oakland County Road Commission and president of the board for the Michigan Spinal Cord Injury Association. He is also a past board member of the Area Agency on Aging 1B.

Shawn Levitt, MHSA, RN, FACHE, CPHQ, is the senior vice president, chief nursing officer for the Detroit Medical Center.

David Martin is president and CEO of The Martin Group Inc.; editor-in-chief of *Health Care Weekly Review*; president of Tower Properties; former president of The Adcraft Club of Detroit, the largest advertising club in the country; and former president of Lift-Aid, a durable medical products business.

Ann McDonald-Upton, RN, MBA, is vice president of patient care services and CNO at St. Joseph Mercy Oakland. Ann is also certified Six Sigma Black Belt, a 2010 Wharton Nurse Executive Fellow and 2010 recipient of the South Texas American College of Healthcare Executives Distinguished Leadership Award.



Grace Paranzino, EdD, RN, CHES, FAOHN, is chief clinical officer of Kelly Healthcare Resources. Grace is also secretary for the American Association of Occupational Health Nurses.

Laurine Symula Parmely, Esq., is vice president and deputy general counsel for Blue Cross Blue Shield of Michigan and was co-chair for the Nightingale Awards in 2008-09.

Teresa Rodges, MSA, is the executive director of McLaren-Oakland Foundation at McLaren-Oakland Medical Center. A 15-year fundraising professional, Teresa held executive positions at St. Joseph Mercy Oakland and Matrix Human Services in Detroit prior to joining McLaren-Oakland.



Kathleen Ryan, MHSA, RN, is a member of the West Region Board of Trustees – St. John Providence Health System and former CNO of Providence Hospital-Southfield. She is a past winner of the Nightingale Award for Nursing Administration, and is a former Board of Visitors chair.



Sandra Schmitt, RN, BSN, is manager of nursing development for the Oakwood Healthcare System. She was the 2003 Distinguished Alumni Nightingale Award recipient and was runner-up in 2011 for Excellence in Nursing Education and Research.



Kelsey Schwartz, BSN, RN, is certified in gerontological nursing and co-owner of Advantage Management Group, which owns and operates skilled nursing facilities in Michigan. They serve the post-acute community, utilizing evidenced-based practices to improve quality of care and outcomes.



Michelle I. Seid, RN, BSN, became a Board of Visitors member in early 2011 and has served as the chair for the Nightingale Awards silent auction and raffle in both 2012 and 2013. She also participates on the School of Nursing Alumni Committee.



Nancy Susick, MSN, RN, NE-BC, is senior vice president, Beaumont Health System, and president, Beaumont Hospital, Troy. She became a Board of Visitor member in 2002 and served as board chair in 2012 and 2013. Nancy also participated in two School of Nursing accreditation cycles.



Kathleen Van Wagoner, RN, MSN, is chief nursing officer at Crittenton Hospital Medical Center. She was influential in advocating and establishing the Crittenton Hospital Medical Center Endowed Professorship in Nursing at Oakland University and is the current chair of the Nightingale Selection Committee.

Christine Zambricki, CRNA, MS, FAAN, is the deputy executive director of the American Association of Nurse Anesthetists. She was the 2006-07 Nightingale chair and 2004-05 Nightingale Selection Committee chair.

Kenyea Zimmermann, MAOM, MBA, is director of talent acquisition at Sparrow Health System. She currently serves on the Capital Healthcare Employment Council Board of Directors and is a member of Michigan Healthcare Human Resources Association and American Society for Healthcare Human Resources Administration.

Faculty profiles



Carrie Abele, Ph.D., RN

Associate Professor
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Areas of research interest:

- Caring practice
- Quality and safety
- Educational nursing outcomes



Janith Beres, RN, MSN

Special Instructor
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Areas of research interest:

- Interprofessional education
- Using memoir to teach the affective concepts of dementia
- Understanding nursing student profiles based on relationship-based care and cohort design: a collaborative approach



Kelly Berishaj, MSN, ACNS-BC, RN

Visiting Instructor
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Areas of research interest:

- Quality care
- Forensic nursing



Karen S. Dunn, Ph.D., RN, FGSA

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Associate Professor
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Areas of research interest:

- Gerontological nursing
- Holistic self-care practices
- Aging and spirituality
- Chronic pain
- Stress and coping



Margaret M. Glembocki, DNP, RN, ACNP-BC

Assistant Professor
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Areas of research interest:

- Professional practice
- Patient-centered care
- Nurse practitioner outcomes and cardiac care/critical care
- Forensic nursing



Claudia C. Grobbel, DNP, RN

Assistant Professor
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Areas of research interest:

- Caring theory
- Practice and competencies
- Caring practice as it relates to quality outcomes
- Development of caring models for clinical practice



Margaret (Meghan) A. Harris, Ph.D., RN

Associate Professor
(248) 364-8762 | harris23@oakland.edu

Areas of research interest:

- Technology in nursing education with an emphasis on simulation and electronic health records at the baccalaureate level
- Children with chronic conditions and their families with a current focus on childhood obesity
- Children with vertically transmitted HIV and their caregivers



Deana Hays, MSN, FNP-BC

Family Nurse Practitioner, Adjunct Instructor
Director of Nurse Practitioner Programs
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Areas of research interest:

- Transitional care
- Health promotion



Kimberly Holka, MSA, MSN, RN, CNE

Adjunct Faculty
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Anne Hranchook, MSN, CRNA

Visiting Assistant Professor
Director of the Nurse Anesthesia Program
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Areas of research interest:

- The use of technology in practice, quality and safety in anesthesia practice



Michelle Kluka, MSN, RN

Visiting Instructor
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Areas of research interest:

- Community health
- Nursing education
- Nursing simulation



Suha Al-Oballi Kridli, Ph.D., RN

Associate Professor
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Areas of research interest:

- Health beliefs and practices of Middle Eastern/Muslim population
- Health beliefs and practices of Arab Americans
- Childhood obesity
- Diabetes prevention
- Women's health



Sarah E. Newton, Ph.D., RN

Director of the Undergraduate Program
Associate Professor
(248) 364-8771 | newton@oakland.edu

Areas of research interest:

- Nursing education with emphasis on predictors of positive student outcomes



Barbara Penprase, Ph.D., RN, CNE

Associate Professor
Crittenton Endowed Professor
Executive Director, Riverview Institute and
Workforce Development, Oakland University
(248) 364-8712 | penprase@oakland.edu

Areas of research interest:

- Empathy and systemizing traits in nurses
- Evidence-based clinical practice
 - Noise
 - Transitional care
 - Leadership, critical care, perioperative, med/surg



Ron Piscotty, M.S., RN-BC, PhD

Special Instructor of Nursing
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Areas of research interest:

- The impact of clinical information systems on nursing practice
- Nurse perceptions of clinical information systems
- Evidence of the nursing process in clinical information systems
- Empowerment of critical thinking and reflective thought in clinical information system design and implementation



Laura Pittiglio, Ph.D., RN

Assistant Professor
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Areas of research interests:

- The impact of HIV on ethnic minorities, specifically African-American mothers' coping strategies
- The impact of sexual risk taking behaviors on the HIV epidemic
- The influence of simulation on student outcomes



Lynda Poly-Droulard, MSN, M.Ed., RN

Nursing Instructor
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Areas of research interest:

- Simulation
- Flipped classroom
- Group testing
- Caring theory



Colleen Meade Ripper, DNP, FNP-C, RN

Visiting Instructor
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Areas of research interest:

- Pain assessment in the critically ill, intubated patient-expanding to neurological patients
- EHR and meaningful use in the Pulmonary Outpatient Clinic



Kathleen Walsh Spencer, DNP, M.A., ACNS-BC

Visiting Assistant Professor
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Area of research interests:

- Nursing care of veterans
- End of life care of veterans
- Transition of veterans from combat to campus
- Using imaginative literature to teach empathy, professionalism, ethics and other affective concepts
- Integration of poetry and nursing



Carolyn Tieppo, MSN, RN, CPNP-PC

Special Instructor
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Areas of research interest:

- Pediatric medication and treatment adherence
- Nurse practitioner strategies in medication adherence
- Relationship between nurse practitioner certification and role
- Quality of information in electronic health records



Deb Tierney, M.S., RNCNP

Adjunct Assistant Professor
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Areas of research interest:

- Health literacy
- Advanced practice nursing education
- Lactation education for nursing students



Stephanie Vallie, MSN, RN

Special Instructor
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Areas of research interest:

- Perinatal loss
- Mentoring
- Forensics in nursing



Ann L. Whall, Ph.D., RN, FAAN, FGSA

Maggie Allesee Endowed Professorship in
Geriatric Nursing Research within
Oakland University, School of Nursing
(248) 364-8707 | whall@oakland.edu

Areas of research interest:

- More than 20 funded/published studies
- Aggressive behavior in Alzheimer's disease (ABAD)
- Risk factors used to identify the most effective treatments

The 2013 Nightingale Awards for Nursing Excellence®

The Oakland University School of Nursing celebrates 25 years of honoring nurses with the Nightingale Awards for Nursing Excellence



The Nightingale Awards for Nursing® celebration has not only honored the hard-working, highly skilled, caring individuals in the nursing profession for the past 25 years, but it has also allowed Oakland University's School of Nursing to benefit students through scholarships, faculty through research support and ensuring that nursing education remains on the cutting edge, which will improve the lives and safety of the patients and their families with whom they work.

The 2013 awards celebration took place on May 9 at the Mirage in Clinton Township, Mich. Nine winners and runners-up were honored — each winner received a \$1,000 cash award, a solid bronze Nightingale statue and a Nightingale pin; and runners-up received a plaque and Nightingale pin.

Nursing Administration



*WINNER - Gail Pietrzyk
Crittenton Hospital Medical Center
Nominated by Karen Crawforth and
Gretchen Pagac*



*RUNNER-UP - Bridget Leonard
DMC, Rehabilitation Institute of Michigan
Nominated by Maria Bobo*

Advanced Nurse Practice



*WINNER - Christine Westphal
Oakwood Healthcare System
Nominated by Barbara Medvec*



*RUNNER-UP - Pauline Kulwicki
Harper-Hutzel Hospital
Nominated by Mary Sieggreen*

Education and Research



*WINNER - Maria Palleschi
Harper University Hospital
Nominated by Sheri Testani*



*RUNNER-UP - Kathleen Marble
Sparrow Hospital
Nominated by Said Omar*

Long Term Care/Rehabilitation



*WINNER - Laura Lager
Oakwood Heritage Hospital
Nominated by Karen Dunn*



*RUNNER-UP - Ruth Kniveton
Beaumont Health System, Royal Oak
Nominated by Rachel Adams*

Nursing in the Community



*WINNER - Shawn Bennis
Henry Ford Home Health Care
Nominated by Fran Gosen*



*RUNNER-UP - Doris Neumeyer
Beaumont Hospital, Troy
Nominated by Jack Poma*

Distinguished Alumni



*WINNER - Marianne Kasenow
Henry Ford West Bloomfield Hospital
Nominated by Karen Harris*



*RUNNER-UP - Lisa Astalos Chism
Karmanos Cancer Institute
Nominated by JoAnn Maklebust*

Staff Practice Nurse



*WINNER - Kelly Lynn Benoit
Beaumont Health System
Nominated by Anne Stewart*



*WINNER - Anne Marie Bradley
Oakwood Healthcare System
Nominated by Kari Szczechowski*



*RUNNER-UP - Kirsten Roberts
Huron Valley Sinai Hospital
Nominated by Carole DeVore*



*RUNNER-UP - Karen Denise Hughes
Oakwood Hospital and Medical Center
Nominated by Edith English*

People's Choice Finalists



*FINALIST - Diane Moskal
Beaumont Hospital, Troy
Nominated by Cindy LaCavera*



*FINALIST - Mary Beth DeRubeis
U of M Oncology Clinic Team 2,
Cancer Center
Nominated by Ann Marie Gierens*



*FINALIST - Mary Gadbaw Davis
Metro Partners in Womens Health &
Alternative Birthing Center
Nominated by Jim and Elizabeth Cahill*



in brief ...

Nurse practitioners and physicians working together for improved patient outcomes

With the growing complexity in delivery of patient care, it is important that health care providers work as teams to provide the best possible care. This approach has been shown to improve patient outcomes and is more cost effective. During the summer of 2012, OU nurse practitioner (NP) students had the opportunity to practice in a team-based approach care delivery model, referred to as the patient centered medical home. Nine students from the NP adult gero and family nurse practitioner programs at Oakland University participated in a pilot program with the United Physicians Group as a way for NP students to identify gaps in health care delivery while working as part of an interdisciplinary team.

The United Physicians Group consists of more than 1,800 independent physicians practicing throughout Southeast Michigan, who are committed to delivering excellent health care through the coordination of efficient and integrated networks of physicians. United Physicians collaborated with OU's NP program to recruit physician preceptors in patient centered medical homes. This care delivery model originated from the Patient Affordable Care Act. The foundation of this practice model is the commitment to comprehensive primary care, quality improvement, implementation of evidence-based practice, and utilization of health care teams. Through this collaboration, NP students demonstrated competencies in a team-based approach care delivery model in an effort to deliver high quality and safe patient care.



Deana Hays, director of nurse practitioner programs

Nurse practitioner and director of NP programs Deana Hays was thrilled with the results of the study. "The United Physicians Group has been an excellent partner in this program," Hays states. "We really want our NPs to identify gaps in care to start developing interventions to close those gaps using a team approach, and this pilot has shown us how to do just that."

"These nurse practitioner students set out to identify an area of need that aligned with the patient-centered medical home and had 14 weeks to develop a practice improvement project," Hays says. "Some of the students looked at diabetic patients or those with asthma or other chronic diseases. The final products were presented

to the United Physician partner, where some were able to implement the changes. Students valued the cooperative experience and learning about the gaps in care."

All of the feedback from the participating physicians was very positive, including physicians who had never worked with a nurse practitioner before, according to Hays. The collaborative advantages directly benefit the patient with a more comprehensive treatment plan.

The pilot program was so successful that there are plans for another group of students to continue in the coming months. "We would like to thank Dr. Michael Williams and United Physicians for their collaboration and support of our goal to educate our NP students in team-based approaches to care. It is now more important than ever that all health care providers work together, to provide the best care for all patients. We are looking forward to continuing our collaboration with United Physicians," Hays states.

NPNP APPRECIATION NIGHT A SUCCESS

In March, the School of Nursing hosted the sixth annual Nurse Practitioner Networking and Preceptor Appreciation Night on campus for the nearly 100 nurse practitioners, preceptors and physicians in attendance. The two keynote speakers were Lisa Chism and Shannon Kleczka.

Dr. Chism, a clinical director at the Women's Wellness Clinic at Karmanos Cancer Institute, demonstrated the benefits of having a Doctor of Nursing Practice (DNP) degree in today's complex health care system. She highlighted DNP leadership opportunities, which included leading patient-centered medical homes and development of innovative strategies in health care to provide high-quality, patient-centered, preventive care.

As a medical applications trainer and meaningful use liaison for United Physicians, Kleczka discussed the meaningful implications of electronic health records.

Middle school students get a dose of the nursing experience at Camp RN@OU

Middle school students in 7th through 9th grade seeking a behind-the-curtain look at the nursing profession will find it at Camp RN@OU hosted by Oakland University's School of Nursing. Camp RN@OU is designed to introduce future health care professionals to the challenges and benefits of patient care in a clinical setting through job shadowing and simulation labs.

The School of Nursing is taking applications for the two-week camp which will be held July 15 — 26, 2013 on the OU campus. Space is limited.

"Middle school is the perfect time to engage future nursing professionals," said Kristina Aaron, director of the Camp RN@OU program. "Being captivated by a profession early, students can take the necessary math and science courses during high school to be better prepared for a nursing education."

Campers will get a taste of the nursing curriculum as they get classroom instruction in nursing forensics, pharmacology, clinical calculations and nutrition as well as earn CPR and first aid certification. Additionally, campers will tour the campus, shadow nurses in a hospital setting and participate in other

hands-on and technological activities to learn more about the human body.

"So much of nursing is done beyond the bedside, we want to give young people a broader understanding of nursing and the variety of areas where nurses can practice," said Kerri Schuiling, dean of the School of Nursing.

With the impending shortage of nurses and a wider variety of career choices for students, Oakland's School of Nursing hopes to get students excited about the nursing profession. Seats fill up quickly as Camp RN@OU only accepts 50 participants.

Qualifications to attend the camp include a 3.0 grade point average, letters of recommendation and a personal statement identifying the student's goals for the future.

For more information or to register for one of the Camp RN@OU sessions, please contact Kristina Aaron at (248) 364-8755 or camprnou@gmail.com, or visit oakland.edu/RN@OU.



HIGHLIGHTS AND ACCOMPLISHMENTS

◆ RESEARCH / GRANTS

Lynda Poly Drulard, adjunct instructor of nursing, and **Kathleen Spencer**, visiting assistant professor, each received a \$3,000 Center for Excellence in Teaching and Learning (CETL) grant. Out of 16 applications, only four people were awarded the grants. Two out of the four people who won were from nursing.

Deana Hays, adjunct instructor of nursing, and **Margaret Glembocki**, assistant professor of nursing, poster presentation, *The Give and Take of a NP Student in Clinical Rotations: How to Bring Clarity and Worth to the Role of the NP Student and NP Clinical Mentor*, was accepted for presentation at the 2013 MICNP State Conference, March 15-17, at the Lansing Center in Lansing, Michigan.

Kim Holka, adjunct instructor of nursing, is presenting an active learning technique at the Instructional Fair on April 1. She is co-presenting with Dr. Rebecca Cheezum and Marjorie Lang, J.D., M.A. from the School of Health Sciences regarding their panel discussion collaboration titled *Ethical Issues in Medical Malpractice: A discussion to Foster Compassionate Patient Care*.

◆ PUBLICATIONS

Kerri Schuiling, dean of the School of Nursing, recently published the following book, book chapters and peer-reviewed articles:

Book:

Schuiling, K. & Likis, F. (2013). 2nd. Ed. *Women's Gynecologic Health*. Boston: Jones & Bartlett.

Book chapters:

Schuiling, K. (2013). *The limits of choice: Elective induction and cesarean section on maternal request*. In B. Anderson & S. Stone (Eds.), *Best Practices in Midwifery*. New York: Springer Publishing Co.

Peer reviewed articles:

Schuiling, K., Sipe, T., & Fullerton, J. (in press) "Findings from the Analysis of the American College of Nurse-Midwives Membership Survey, 2009-2011". *Journal of Midwifery & Women's Health* Guidera, M., McCool, W., Hanlon, A.

Schuiling, K., Smith, A. (2012) "Midwives and Liability: Results from the 2009 nationwide survey of certified nurse-midwives and certified midwives in the United States". *Journal of Midwifery & Women's Health*, 57, 345-352.

We want to take your Pulse!

Tell us what you think about Oakland University
School of Nursing's *The Pulse* magazine

The Oakland University School of Nursing publishes *The Pulse* magazine biannually to inform its readers about the comprehensive programs, academic offerings, technological advancements, and career and research achievements of the SON's faculty, donors, alumni and students. Each edition also features a special section focusing on one aspect of contemporary health care education and delivery, and how the SON is working to support this area.

Now in our third year of publication, we are taking the next step in making *The Pulse* the best magazine we can provide our readers. To better serve you and tailor the publication more closely to your needs, *The Pulse* staff has prepared a brief online survey. Your input will help us determine what works best for our readers.

Please visit oakland.edu/pulsesurvey to complete the questionnaire. We'll send you a gift in appreciation for your time.

THE
pulse
MAGAZINE



Alumni ... mark your calendar

Important dates for School of Nursing Alumni



August 21

OU Night at Tiger Stadium

5:30 p.m. pregame

We invite SON students and alumni to sign up early on GrizzLink for seats in the School of Nursing section.

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September 14

**Oakland University-Beaumont
Nursing Anesthesia**

20th Anniversary Celebration

Meadow Brook Hall

Garden tent, 6:30 p.m.

For ticket information, contact Cindy

Rutledge at carutledg@oakland.edu

or call (248) 364-8725.

SON
ALUMNI
PARTY

October 3

SON Alumni Party

Rochester Mills

6:30 to 8:30 p.m.

Catch up with former classmates and have some fun! Join us for free appetizers served courtesy of the OU Alumni Association.

Register online at GrizzLink.

To join the online community, visit oualumni.com and choose GrizzLink Community from the left-hand navigation. If you do not have your PIDM ID, you can join GrizzLink as a First Time User without your PIDM, or contact Linda Oliver at oliver@oakland.edu or (248) 364-6138 for assistance.

Advancing knowledge, improving care

The Oakland University Human Health Building

Oakland University's Human Health Building serves an integral piece in OU's efforts to help transform Southeast Michigan into a destination for health care training, research and treatment, boosting the state's economic and intellectual capital.

Perhaps most important, the Human Health Building is an opportunity to support the men and women who have chosen to dedicate their lives to the care of others. They are the people who will care for us when we're sick, who will keep our workplaces safe, who will discover new cures and who will be there for us when we need them most.

They're our future. And right now, it's your chance to be there for them.

To learn how you can support Oakland University's Human Health Building, please contact:

Colette O'Connor
Development Officer
(248) 364-8723 | oconnor@oakland.edu





School of Nursing

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For more information about the School of Nursing at Oakland University, visit oakland.edu/nursing, email nrsinfo@oakland.edu or call (248) 370-4253.

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