

# Webinar Series: Navigating the Stressors of Covid-19 for Individuals with ASD and their Families

*Sponsored by the Oakland University Center for Autism*

## WEBINAR

### USING VISUALS: THE BASICS

(Audience: Parents/Caregivers)

July 2, 6 - 7 p.m.

Why are visuals so helpful for people with ASD? Basic principles to use in creating them

### SOCIAL MEDIA AND ASD

(Audience: Parents/Caregivers)

July 9, 11:30 a.m. - 12:30 p.m.

Teaching social media responsibility | Identifying risk factors of social media and children with ASD | How to be mindful of cyberpredators

### RESILIENCE AND MINDFULNESS

(Audience: Parents/Caregivers)

July 16, 11:30 a.m. - 12:30 p.m.

Building your resilience (includes mindfulness and mental health)

### FRIENDSHIPS WITH OTHERS AND MY SIB

(Audience: Siblings)

July 23, 11:30 a.m. - 12:30 p.m.

How do I explain ASD to my friends? How can I be a good friend to my sibling?

### USING VISUALS: BEHAVIORAL SUPPORTS

(Audience: Parents/Caregivers)

July 30, 6 - 7 p.m.

Discover a variety of visual behavioral strategies that parents can try at home.

### TRANSITIONING BACK TO SCHOOL

(Audience: Parents/Caregivers)

August 6, 11:30 a.m. - 12:30 p.m.

Advocating for children with ASD during traditional school/remote learning | Ensuring Supplemental Aids and Services are met during remote learning

### STRESS AND SELF-CARE

(Audience: Parents/Caregivers)

August 13, 11:30 a.m. - 12:30 p.m.

Stress and self-care strategies during Covid-19

### SCHOOL AND MY SIB

(Audience: Siblings)

August 20, 11:30 a.m. - 12:30 p.m.

Going to school with your sibling and advocating for your sibling

## PRESENTERS



**Chaturi Edrisinha, Ph.D., BCBA-D, LBA**  
*Associate Professor, Human Development and Child Studies*  
*Director-Research, Center for Autism*



**Tomoko Wakabayashi, Ed.D.**  
*Associate Professor, Human Development and Child Studies*



**Shawna Boomgaard, LMSW, ACTP, Ed.S.**  
*Manager of Academic Accountability*



**Abbigail Sievers, B.A.**  
*Oakland University, Middle School*  
*Special Education Teacher*



**Cassie Bentley, B.A.**  
*Oakland University, High School Special Education Teacher*



**Nicola Fitzsimmons, B.A.**  
*Oakland University, Elementary School*  
*Special Education Teacher*