

# Hepatitis A and Homelessness: A Systematic Review

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### Introduction

- Hepatitis A outbreaks have increased in frequency in the United States in recent years<sup>1</sup>
- Homeless populations are at increased risk of Hepatitis A Virus (HAV) infection<sup>2</sup>, and may be predisposed to worse outcomes due to associated commorbidities<sup>3</sup>
- The goals of this study were to:
  - summarize characteristics of patients with acute HAV;
  - estimate the proportion of homeless patients within reported HAV outbreaks; and
  - identify differences in outcomes between homeless and non-homeless patients with HAV infection
- We hypothesized that homeless individuals are disproportionately impacted by acute HAV compared to the general population, and that homeless patients with HAV infection have worse outcomes compared to non-homeless patients
- We predict that data analyzed would support current HAV vaccination efforts targeted towards the homeless population, as recommended by the CDC<sup>4</sup>

# Aims and Objectives

- To summarize and describe patient characteristics in cases of acute HAV infection
- To report the number and proportion of acute HAV cases associated with homelessness
- To investigate outcomes (hospitalization rates) of patients with acute HAV infection
- To compare outcomes of acute HAV infection in homeless vs nonhomeless patients

## Methods

- Systematic review of the literature on Homelessness and HAV using PRISMA guidelines
- Search terms: ("Hepatitis A" OR HAV [tiab]) AND (homeless\* OR street person\* OR street people OR "Homeless Persons" OR "persons experiencing homelessness" OR PEH [tiab])
- Databases used: PubMed, Embase, Cochrane Library, and Google Scholar
- Inclusion criteria: Studies published worldwide on acute cases of HAV with data available on number of cases and number of homeless cases
- Exclusion criteria: Studies that do not report data on acute HAV cases, number of cases, and number of homeless cases
- Data on patient characteristics were extracted and analyzed
- A Z-test statistical analysis was performed to determine whether there was a statistically significant difference between homeless and non-homeless HAV hospitalization rates

#### Identification of studies via databases **Records removed** Records identified through database before screening: Duplicate records searching: removed (n = 184) Databases (n =401) Records screened Records excluded (n = 217)Articles not reporting data on acute HAV patient characteristics Reports sought for (n = 178)retrieval (n = 39)Reports excluded: Insufficient data Reports assessed for regarding total eligibility number of patients or (n = 39)total number of homeless patients (n = 23)Studies included in review (n = 16)

Figure 1: PRISMA Flow Diagram

### Results

# Table 1: Patient characteristics for acute HAV cases

| Total number of patients (%)                                | 6046 (100)  |
|---|-------------|
| Number of homeless patients (%)                             | 1689 (27.9) |
| <sup>a</sup> Number of Male patients (%)                    | 3919 (65.5) |
| b Average age of patients (n=508)                           | 44.9        |
| <sup>c</sup> Number of patients with history of intravenous |             |
| drug use (%)  | 2376 (42.1) |

a: There were only 5981 patients reported in our study with data available on sex b: There were only 508 patients in our study with data available on average age. Cumulative average age was calculated across these 508 patients to obtain the average listed in Table 1 c: There were only 5648 patients reported in our study with data available on history of

# **Table 2: Hospitalization data in acute HAV cases**

intravenous drug use

| Total number of hospitalizations reported   | 3882  |
|---|-------|
| Number of homeless hospitalizations reported  | 300   |
| Number of non-homeless hospitalizations reported                                      | 535   |
| <sup>a</sup> Proportion of hospitalized patients that were homeless (n=835)           | 35.9% |
| <sup>a</sup> Proportion of hospitalized patients that were non-homeless (n=835)       | 64.1% |
| Total hospitalization rate (n=5734)   | 67.7% |
| b Homeless hospitalization rate (n=387)   | 77.5% |
| <sup>c</sup> Non-homeless hospitalization rate (n=1031)                               | 50.9% |
| a. There were only 835 hospitalized nations reported in our study with data available | on.   |

a: There were only 835 hospitalized patients reported in our study with data available on homeless/non-homeless status

b: There were only 387 homeless patients reported in our study with data available on hospitalization status

c: There were only 1031 non-homeless patients reported in our study with data available on hospitalization status

# Table 3: Z-test for difference in hospitalization rates between homeless and non-homeless patients with acute HAV

| Difference in hospitalization rate between homeless and non-homeless patients | +26.6% |
|---|--------|
| Standard deviation  | 0.026  |
| Confidence interval (CI)  | 90%    |
| Lower bound 90% CI  | 22.3%  |
| Upper bound 90% CI  | 30.9%  |

Hospitalization rates for acute HAV infection are 22.3-30.9% higher in homeless patients than in non-homeless patients

## Conclusions

- Homeless individuals account for a significant portion of cases in HAV outbreaks (27.9%)
- Homeless patients infected with HAV have higher hospitalization rates (77.5%) compared to non-homeless patients infected with HAV (50.9%)
- Our data re-emphasizes the importance of HAV vaccination efforts targeted towards the homeless population

## References

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