

Introduction

Six million people in the United States, or 1 in 50 people, are afflicted with an unruptured intracranial aneurysm (IA). It has also been estimated that a brain aneurysm ruptures every 18 minutes, with as many as 30,000 people in the United States suffering from ruptured intracranial aneurysms annually¹. An aneurysm is a weak bulging on the wall of a blood vessel when hemodynamic pressures are too great to resist. Ruptured IA's may present with sudden severe headaches, focal neurological deficits, or even ischemic stroke due to vasospasms caused from ruptured blood contents¹².

Treatment plans for intracranial aneurysms must be weighed critically^{2,3}, since the risks of these invasive treatment plans may present with permanent neurological disabilities for the patient. Moreover, traditional risk scores for aneurysm rupture like PHASES or UIATS have poor performances in some clinical institutions¹³⁻¹⁵. Existing statistical and traditional approaches neither provide accurate rupture prediction nor offer quantitative comparison among a group of risk factors (RF). This study proposes a novel risk assessment methodology, Rupture Criticality Index (RCI), that would fill this knowledge gap.

Aims and Objectives

Aim I: To determine rupture risk assessment for a saccular aneurysm using a hybrid statistical and knowledge-based techniques on different vessels.

Aim II: To incorporate several anterior and posterior circulation locations and different sizes of IA's in determining rupture risk.

Aim III: To evaluate how a combination of intracranial aneurysm risk factors compare to other contributory combinations.

Objectives:

A) Use multivariable analysis and RCI to identify risk factor combinations (or cohorts) that are at highest risk for aneurysm rupture.

B) Compare RCI to Relative Risk (RR) in predicting aneurysm rupture.

C) Compare PHASES and UIATS performance on dataset.

Retrospectively analyzed 915 patient records involving treatment for IA in the last 30 years in the Henry Ford Hospital System. We outline 50 risk factors (RF) from 14 variables out of the dataset (Table 1)⁴⁻¹¹.

Individual RF or RF cohort that has 5 or more ruptured records were included for multivariable analysis (equations 1 - 3). RF cohorts are defined by the combination of aneurysm size, location, and a third RF. Screening for RCI evaluation is illustrated in Figure 1.

RCI was then obtained by taking the average (equation 4) of the three equations. Relative Risk (RR) was compared against RCI with four RF cohorts^{16,17}.

Lastly, PHASES score was applied to 895 patients while UIATS was applied to 215 patients that matched their respective criteria on our dataset. Both traditional score's performances were then evaluated against actual status of aneurysm.

Equations for RCI Calculation:

(1) alpha = (# ruptured aneurysms with RF cohort) / Total Population of a Subset

(2) beta = (# ruptured aneurysms with RF cohort) / Total Ruptured Population of a Subset

(3) gamma = (# ruptured aneurysms with RF cohort) / Total Population of Aneurysms with RF cohort

(4) RCI = (alpha + beta + gamma) / 3

- Based on RCI rankings, 75 RF combinations for anterior circulation and 10 for posterior circulation were identified.
RCI values were normalized on a 1-10 scale and were categorized based on degree of criticality using Jenk's natural breaks method (Table 2).

Table 2. Degree of Criticality

Table with 5 columns: Minor, Mild, Moderate, Severe, Critical. Values range from 3.46 to 8.29.

- To compare the utility of RCI to RR, Table 3 demonstrates how RCI notes different degrees of rupture risk while RR stays consistent with the same RF combinations.

Table 3. Comparison between Relative Risk and RCI

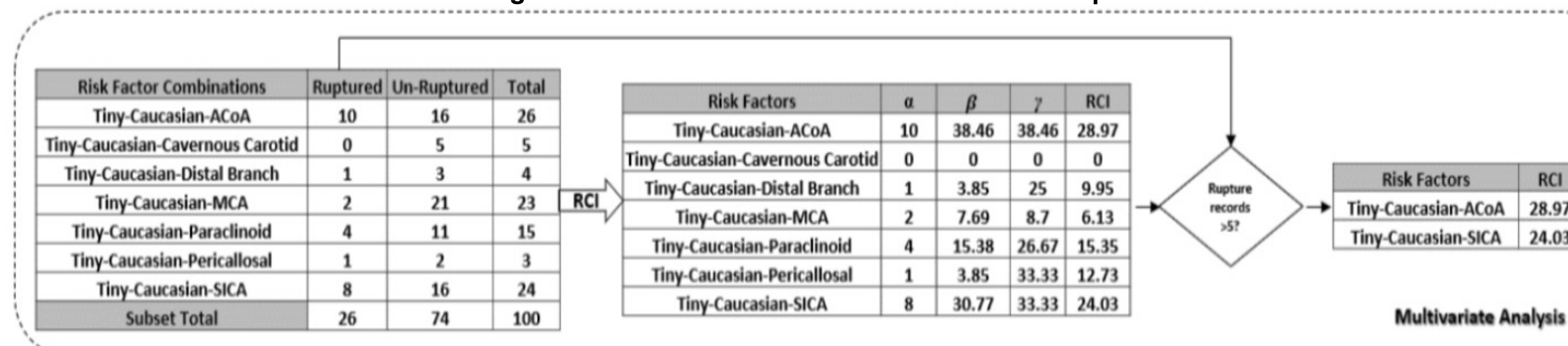
Table with 7 columns: RF Cohort (size-location-3rd RF), Ruptured, Unruptured, Total, Gamma, RR, RCI.

Methods

Table 1. Dataset

Table with 3 columns: Variable, Risk Factor, No. Records. Lists categories like Location, Size, Side, Age and Risk Factors like ACoA, Basilar SCA, etc.

Figure 1. Illustration of RCI Calculation with Sample Subsets



Results

- Notable RF cohorts with the greatest risk for rupture based on RCI were identified in Table 4.

Table 4. Critical Risk Factor Cohorts

Table with 6 columns: RF Cohort, Region, Size, Location, 3rd RF, RCI.

- PHASES and UIATS performances against actual rupture status demonstrates poor clinical performance when applied to our dataset.

Table 5. PHASES and UIATS Scores Performance

Table with 5 columns: Traditional Scores, Recall, Precision, F1-Score, Accuracy.

Conclusions

This study presents a novel Rupture Criticality Index that is built from stratifying clinical, morphological, and anatomical features of ruptured and unruptured saccular aneurysms. Prior studies only consider 6-7 vessel locations, while ours follow 11 locations and includes different sizes including aneurysm sizes less than 5 mm. Overall, RCI potentially can be used to help understanding how a group of risk factors contribute towards lifetime aneurysm rupture risk. RCI could be used to make better informed decisions regarding treatment and follow-up managements compared to traditional methods like RR, PHASES, or UIATS.

Our study is limited by the nature of being a retrospective cohort study from a single-institution. Multi-center data may provide a more robust data to improve RCI accuracy and potentially extending our analysis to more than three risk factors, which may even reveal more unique combinations. Our results did not provide every possible patient presentation, but only the most common observed ones from our dataset. Comparing PHASES/UIATS with our proposed grouped based risk identification may be elaborated in the future. Future works involve discovering more combinations using association rule mining with combination of probabilistic models and machine learning techniques

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