

Oakland University
Nutrition and Health Minor Authorization
2017 – 2018 Checklist

This form is to be used to plan a program for a minor in Nutrition and Health. This minor is available to complement majors in the School of Health Sciences or in other programs at the University. **A minimum GPA of 2.0 must be earned in each course for the minor.**

Student _____ Grizzly Number _____
OU Email Address _____ Phone _____
Minor Sought **Nutrition & Health**

Oakland University courses required for the minor (18 credits):

Dept/Course #	Title	Credits
HS 2500	Human Nutrition & Health	4
HS 3110	Contemporary Topics in Nutrition (prereq HS 2500)	2
HS 3120	Community Nutrition (prereq HS 2500)	4
HS 3130	Nutrition & culture (prereq HS 2500)	4
HS 4100	Nutrition and Lifecycles(prereq HS 2500)	4
	Total Core Credits	18

Choose 4 credits of electives from the following courses:

HS 3200	Nutrition and Physical Activity (Prereq HS 2500)	2
HS 3210	Herbs, supplements, and nutrition (Prereq HS 2500)	2
HS 3220	Eating Disorders (Prereq HS 2500)	2
HS 3230	Foodborne Illnesses (Prereq HS 2500)	2
	Introduction to Food Science (Prereq HS 2500, Coreq HS 3245)	
HS 3240		3
	Introduction to Food Science Lab (Prereq HS 2500, Coreq HS 3240)	
HS 3245		1
HS 4150	Nutrient Metabolism (Prereqs HS 2500, 4100, 3120)	4
	Total elective credits	4
	Final total credits	22

Signature of student _____ Date _____
Adviser signature _____ Date _____

For Minor Approval:
Complete this form, sign and return to the
School of Health Sciences
Undergraduate Academic Advising Office
1014 Human Health Building or
Fax: 248-364-8842