

SHS Faculty Scholarship

Amanda Lynch, PhD, RD

Program: Health Sciences

PEER-REVIEWED JOURNAL PUBLICATIONS

1. **Lynch A.** "When the honeymoon is over, the real work begins:" Gastric bypass patients' weight loss trajectories and dietary change experiences. *Soc Sci Med.* 2016 Feb; 151: 241-9.
2. **Lynch, A & Bisogni, C** (2014). Gastric bypass patients' goal-strategy-monitoring networks for long-term dietary management. *Appetite.* 81:138-51.
3. **Lynch A & Bisogni C.** (2012). Understanding self-monitoring and weight loss after gastric bypass surgery: An exploratory study. *Obesity Surgery.* 22(12):1818-26.
4. Sobal J, Blake C, Jastran M, **Lynch A**, Bisogni C, & Devine C. (2012). Eating maps: Places times, and people in eating episodes. *Ecology of Food and Nutrition.* 51(3):247-264.

CONFERENCES, PRESENTATIONS, POSTERS, ABSTRACTS

1. **Lynch, A.**, Handu, D., Isom, K., Crowley, N. Elevate your Bariatric Nutrition Practice: Bring your 'A' Game. October 22, 2017. Educational Session. Academy of Nutrition and Dietetics annual Food and Nutrition Conference and Exposition, Chicago, IL.
2. **Lynch, A.**, Reznar, MM., Zalesin, KC. (2016). The use of dietary and weight monitoring behaviors among bariatric surgery patients: A twelve-month follow-up study examining relationships with weight loss. October 18, 2106. Poster presentation, Academy of Nutrition and Dietetics annual Food and Nutrition Conference and Exposition, Boston, MA.
3. **Lynch, A.**, McGowan E., Zalesin, K., Powell, A. (2015) Explaining weight histories: Creating and using timelines in qualitative research as data analysis method and interview technique. June 5, 2015, Poster presentation, International Society for Behavioral Nutrition and Physical Activity Annual Conference, Edinburgh, Scotland.
4. **Lynch, A.**, Powell, A., Zalesin, K., McGowan E. (2015) Preparing, training, and practicing: Motivations and influences on dietary behavior change among patients preparing for bariatric surgery. June 4, 2015, Poster presentation, International Society for Behavioral Nutrition and Physical Activity Annual Conference, Edinburgh, Scotland.
5. **Lynch, A**, Zalesin, KC. (2014) An exploratory study of short-term changes in weight, health, and monitoring behaviors in bariatric surgery patients. October 31, 2014. OU-Beaumont Research Symposium, Oakland University.

6. **Lynch A.** (2012). *"I've got to know which way I'm going:" Post-gastric bypass patients' experiences with weight monitoring.* May 25, 2012, ISBNPA Annual Conference, Austin, TX.
7. **Lynch A.** (2012). May 25, 2012, Symposia presentation, "To weigh or not to weigh: An exploration of body weight monitoring and its relationship to body image and weight management within various populations." ISBNPA Annual Conference, Austin, TX.
8. **Lynch, A.** (2007). Managing food and eating after gastric bypass surgery: Patients' perspectives. September 30, 2007, Poster presentation, American Dietetic Association's annual Food and Nutrition Conference and Exposition, Philadelphia, PA.
9. **Lynch, A.** (2002). Mothers' perceptions of serving sizes and assessment of current dietary recommendations for fruits and vegetables. May 10, 2002, Poster presentation, New York State Dietetic Association Annual Meeting, Saratoga Springs, NY.

GRANTS, CONTRACTS

1. **Lynch A.** Prevention Research Center Research Award, 2014. School of Health Sciences, Oakland University. \$5,000
2. **Lynch A & Zalesin K.** "Examining dietary and weight changes after bariatric surgery: A pilot study," Oakland University-Beaumont Hospital Multidisciplinary Research Award, 2012-2013 \$20,012.