

Blood/Body Fluid Exposure/Finger-stick

Authorizing Body:

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Rationale:

Universal blood and body fluid precautions lessen the risk of exposure to such fluids, and the following precautions must be used routinely. However, students are in many situations during clinical clerkships where breaks in skin (“sharps” injuries) or mucosal contact may expose them to possibly infectious blood or body fluids. Evaluation for possible ANTI-VIRAL PROPHYLAXIS should begin WITHIN 1 HOUR OF EXPOSURE

Scope and Applicability:

All students enrolled in the School of Medicine

Standard Practice Guideline:

In all such situations students must take immediate action with no delays according to the following steps.

Procedures:

- Decontaminate (wash with disinfectant) the exposed or contaminated site immediately
- Wash needle sticks and cuts with soap and water
- Flush splashes to the nose, mouth, or skin with water
- Irrigate eyes with clean water, saline, or sterile irrigants for 15 minutes
- IMMEDIATELY go to the Emergency Department (ED) at Beaumont Health System or if exposure occurs at an offsite location, go to the nearest ED and...
- Have the injury inspected and an incident report filled out by a supervisor (e.g., resident or head nurse)
- Make a note of the patient’s name, PT ID Number, attending physician and location.
- Notify the attending physician of the patient

- Have blood drawn for baseline serologic studies (HBsAg, HBsAb, Anti-Hep C and with consent, HIV Ab) at the affiliated hospital. Reports of tests should be sent to the Graham Health Clinic Director and/or the student's primary care physician for appropriate medical recording
- If indicated, the student will be offered appropriate initial testing and post-exposure prophylaxis
- If an exposure occurs in a private clinical office, the student should seek immediate post-exposure treatment at the closest hospital emergency room. If indicated, the student will be offered appropriate initial testing and post-exposure prophylaxis
- Financial expenses for evaluation, risk assessment and chemoprophylaxis should be submitted to the student's insurance carrier. Expenses that are not covered by insurance will be covered by Oakland University or Beaumont Health System and coordination of care is handled by Student Affairs

Definitions:

Related Policies and Forms:

Appendix: