

SEHS COUNSELING CENTER EXECUTIVE REPORT

FALL 2013 - SUMMER 2014



MISSION

The mission of the School of Education and Human Services Counseling Center (SEHS CC) at Oakland University is to achieve national prominence through a tripartite model of excellence in training, service and research.

GOALS

1. Provide important, no-cost mental health services to the university and surrounding community
2. Provide individual, couple, family, group, and career counseling services
3. Train Masters, post-Masters, and Doctoral students at levels consistent with national counseling accreditation standards (i.e., CACREP)
4. Provide a cutting-edge training infrastructure using video technology, so that counseling sessions can be recorded, reviewed, and evaluated, which ensures quality control and excellence in student skill development
5. Provide ongoing research on clinical outcomes initiated by faculty, and Masters and Doctoral level students to increase the knowledge about treatment effectiveness
6. Provide supervision by licensed professional counselors to all of the counseling students
7. Provide students with access to updated technology used in the counseling field

Fall 2013	Section	Students
CNS 661: Techniques of Counseling	7	37
CNS 663: Group Counseling	2	38
CNS 664: Counseling Practicum	5	39
CNS 264: Education and Career Exploration	1	10
MDM1: Medical Humanities and clinical bioethics	1	100

Winter 2014	Section	Students
CNS 661: Techniques of Counseling	4	41
CNS 663: Group Counseling	3	42
CNS 664: Counseling Practicum	4	39
CNS 672: Seminar in CNS Supervision	1	7
CNS 780: Advanced Practicum	1	3
CNS 264: Education and Career Exploration	1	10

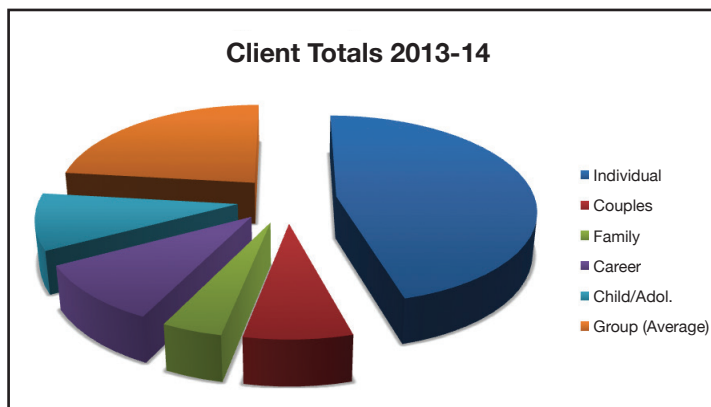
Summer 2014	Section	Students
CNS 661: Techniques of Counseling	2	17
CNS 663: Group Counseling	2	26
CNS 664: Counseling Practicum	3	37
CNS 683/684: Advanced Appraisal: Model/Methods	2	14
CNS 698: Advanced Methods: C&F	1	6

Fall 2013 - Summer 2014	Section	Students
Total	40	466

CLIENT DEMOGRAPHICS 2013-2014

The SEHS CC provides counseling for ages 6 and older. The counselors provide individual, couple, family, career and group counseling. Listed here are the demographics of clientele served for the 2013-14 academic year.

Total number of clients served in the 2013– 14 academic year:



Demographics	Fall 2013	Winter 2014	Summer 2014	Total
Ttl registrations	507	493	370	1370

Modality	Fall 2013	Winter 2014	Summer 2014	Total
Individuals	323	318	246	887
Couples	69	50	26	145
Family	40	22	19	81
Career	51	71	71	193
Child/Adol.	74	61	51	186
Group (average)	150	150	150	450
Totals	707	672	563	1942

Age	Fall 2013	Winter 2014	Summer 2014	Total
15-17	74	61	51	186
18-29	173	96	138	407
30-39	82	76	62	220
40+	166	153	125	444

Gender	Fall 2013	Winter 2014	Summer 2014	Total
Male	177	167	145	489
Female	330	325	244	899
OU Students	69	86	39	194

SET UP AND FUNCTIONING

The SEHS CC is located in 250 Pawley Hall. The rooms are utilized as follows:

SUPERVISION ROOMS

Rooms 280 E, 280 F, 280 G, 280 H, 280 J, are used to conduct supervision sessions. They are used for intake sessions and career counseling sessions where internet access is required. Finally, they are also used for research rooms as they can both play and record to DVD.

COUPLE COUNSELING ROOMS

Rooms 270 Q & P are equipped with a small sofa to accommodate couples and/or small families.

COUNSELING ROOMS

Rooms 270 D, 270 E, 270 F, 270 G, 270 H, 270 J, 270 K, 270 L, 270 M, 270 N are used primarily for individual counseling sessions. Students in two key clinical courses, first Counseling Techniques (CNS 661), and second, Practicum in Counseling (CNS 664) use these rooms.

GROUP ROOMS & CHILD COUNSELING ROOM

Rooms 250 E, 250 G are used by on-going counseling groups and for Group Counseling Class (CNS 663). Room 250 J is a specialty room used exclusively for play therapy.

Room 270 A is the Group/Meeting Room. This room is used by Practicum students (CNS 664) for case conceptualization, by Techniques students (CNS 561), Group students (CNS 663) and Couple & Family Practicum students (CNS 698). In addition, the room is used by staff, special meetings of the Adult Career Counseling Center (ACCC) and other members of the SEHS CC.

Room 280K is the office for Erica Wallace, MPH, who is the GRASP (Grizzlies Response: Awareness and Suicide Prevention) program Manager.

EMPLOYEES

There is a full time coordinator in the center who is also on call for emergencies. The receptionists for the SEHS CC are student workers hired through OU Career Link. There are Graduate Assistantships and Internships available in the center.

REVIEW OF ACTIVITIES AND ACCOMPLISHMENTS

- Continued relationships with various campus services are maintained, in addition to an increase in the departments to which we provided services.
- The SEHS CC and the University Counseling Center located in the Graham Health Center have an ongoing collaborative relationship.
- The SEHS Counseling Center partnered with Avondale High School for a School Based Practicum Experience beginning Winter 2014.
- The Counseling Department and the SEHS CC has been involved in Grizzlies Response: Awareness and Suicide Prevention and Campus Awareness Prevention Education and Safety.
- During Summer 2014, the SEHS CC with efforts from the School of Education and Human Services secured funding to update the center with new furniture and purchased an electronic medical record keeping system, to be implemented in the next school year.
- The SEHS CC maintains an e-space page for the use of SEHS CC students, faculty and staff. This is used as a step toward the SEHS CC becoming a fully paperless operation. Along with the transition to electronic medical records.
- Beginning in Fall 2011, the SEHS CC coordinated with the Oakland University William Beaumont School of Medicine to assist the new medical school students with their medical interviewing course. Each Fall semester the class will utilize the SEHS CC and receive training by counseling faculty.
- The SEHS CC has been involved with the Oakland University Avondale Collaborative.
- The SEHS CC Coordinator continued marketing efforts in the community to expand the reach of the counseling center including: The Haven, Common Ground, Waterford Coalition for Youth, Clawson Youth Assistance and several local schools and businesses.
- The coordinator is more involved in state associations and is president elect of Michigan Association of Counselor Educators and Supervisors (MACES).
- The SEHS CC has had 2 counseling interns this past year.
- The SEHS CC Coordinator became a member of the Truancy Task Force of Oakland County.
- CNS 264 and 274 provide career training in the SEHS CC facilitated by practicum students.



RESEARCH

During the 2013-2014 school year, the SEHS CC assisted professor Dr. Todd Leibert in conducting research that used the OQ-45, a brief, psychometrically validated counseling outcome measure. The research aim was to identify factors impacting the effectiveness of counseling. In terms of counseling service, use of the OQ-45 aided counselors with treatment planning, a practice known as “evidenced-based practice.” Thus, students were exposed to a research method that simultaneously attempted to improve immediate service to clients.

Also, from Summer 2013-Winter 2014, Dr. Lisa Hawley conducted research in the SEHS CC. The aim of this research study was to learn more about the relationship between socio-economic status and clinical mental health outcomes. Participants in this study were practicum student counselors and clients in the center who consented to participate.

FAST FACTS

- 1942 Clients were served during 2013-14
- 115 Student counselors provided services
- 466 Students were enrolled in courses that used the counseling center
- Approximately 7000 hours of no-cost counseling were provided to the community
- Faculty members continued to collect and analyze data on counseling outcomes.
- The SEHS Counseling Center was open 60 hours per week, except for scheduled university closings.

COUNSELING FACULTY AND DOCTORAL STUDENTS WHO USE THE CENTER

Erin Binkley, Ph.D.	Sarah Jahimiak, MA
Carol Burns-Wortham MA	Ann Liesen, Ph. D.
Michael P Chaney, Ph.D.	Todd W. Leibert, Ph.D.
Mary Rose Day Ph. D.	Terrance McClain, MA
Robert S. Fink, Ph.D.	Tobi Russell Ph.D.
Ross Flynn, Ph.D.	Christine Summerell, MA
James T. Hansen, Ph.D.	Paul Trumbull, MA
Lisa Hawley, Ph.D.	Brian Wummel MA

COUNSELING SUPERVISORS

Maryclaire Baird	Angie Niforos
Emily Brunke	Kirsti Reeve
Carol Burns	Liz Rushton
Karen Donoghue	Suzanne Sebree
Shelly Drouillard	LaToi Smith
Sarah Eikelberg	Sonja Thayer
Alcia Freeman	Rebecca Vannest
Amy Kuzniar	Janusz Wrobel
Lyanna Leibert	Brian Wummel
James McNutt	

HOURS OF OPERATION

The SEHS CC is open six days, 60 hours per week, year round, except for University breaks and closings.

Monday-Thursday 9 a.m. - 9 p.m.
Friday-Saturday 9 a.m. - 3 p.m.

REPORT COMPILED BY:

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SEHS Counseling Center Coordinator



School of Education and Human Services

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