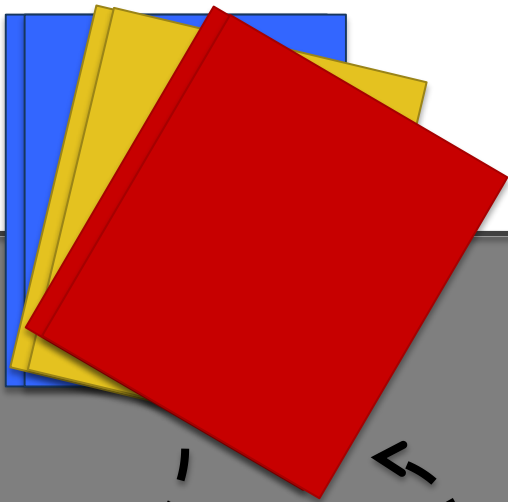


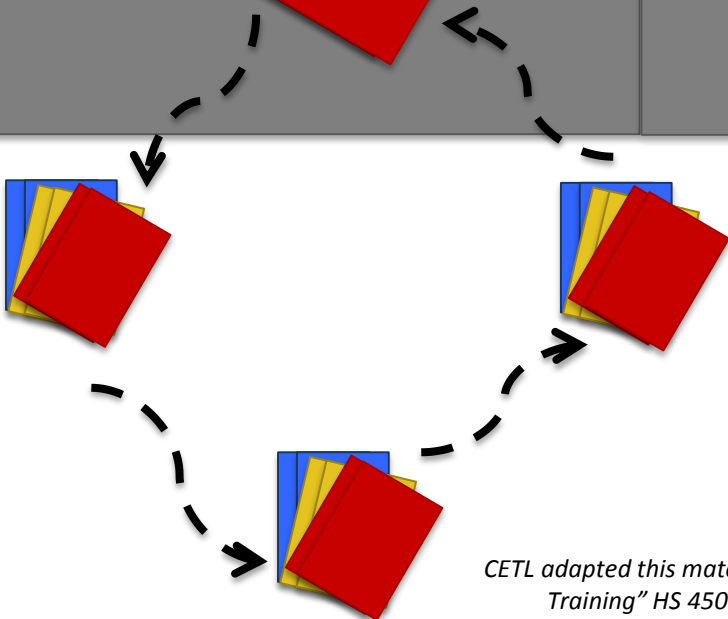
# Brain Muscle Circuit Training

We teach skills our students can use to solve problems. Show students how classmates with the same knowledge approach problems differently in this circuit activity.

The **blue folder** offers a group a blank problem sheet, which they will discuss and answer on the sheet.



Once finished, they compare their answer with the previous group, whose answer is in the **yellow folder**. The group puts this written comparison in the **red folder**, returns all answers to the yellow folder, and moves to the next station to repeat the process.



*CETL adapted this material from Dr. Rebecca Cheezum's "Moral Muscle Circuit Training" HS 450 activity at Oakland University's 2013 Instructional Fair.*