

Bachelor of Science in Health Sciences with a Concentration in Holistic Health

Health Sciences Core Requirements

Oakland University Courses	Monroe County Community College Courses
BIO 1200	BIOL 151
BIO 2100, 2101 and 2600	BIOL 257 and 258
PSY 1000	PSYCH 151

Holistic Health Concentration Elective Options

Oakland University Courses	Monroe County Community College Courses
Choose at least 34 elective credits* from the list (more options available at OU, discuss options with an OU adviser)	BIOL 153; BIOL 264; CHEM 150; CHEM 151; CHEM 152; CHEM 251; CHEM 252; ENGL 151; HLTSC 110; HLTSC 151; HPE 151; MATH 162; MATH 164; MATH 171; PHY 151; PHY 152; PHY 251; PHY 252; PSYCH 254; SOC 151; SPCH 152

TRANSFERRING WITH THE MICHIGAN TRANSFER AGREEMENT (MTA):

When choosing to complete MTA to satisfy General Education, please confirm the best courses to take to fulfill the agreement with your academic adviser at Monroe County or at the [Monroe County MTA Approved Courses](#) website. Completing MTA when following this major guide will satisfy OU's transferrable General Education requirements.

Additional course requirements for MTA when following this major guide (minimum 30 credit hours required for MTA):

- ENGL 151
- ENGL 152 or 254 (required prerequisite for coursework at OU)
- One MTA Approved Math course (can be satisfied by MATH elective options above)
- One MTA Approved Natural Sciences course (can be satisfied by CHEM or PHY elective options above)
- One MTA Approved Social Sciences course (can be satisfied by SOC 151)
- Two MTA Approved Humanities or Fine Arts courses (one course can be satisfied by SPCH 152)

TRANSFERRING WITHOUT MTA:

If you intend to transfer without MTA, you can choose to complete additional coursework to fulfill OU's individual General Education categories instead. When following this major guide, please reference the [Monroe County General Education Transfer Guide](#) for the Monroe County courses that satisfy these specific OU General Education categories:

- Writing Foundations (ENGL 152 or 254)
- Formal Reasoning (can be satisfied by MATH 162 or MATH 171)
- Arts
- Language and Culture
- Global Perspective
- Literature
- Western Civilization

Please contact the School of Health Sciences Academic Advising office at 248-370-2369, email shs@oakland.edu, or visit their [website](#) for more information regarding your major program.

NOTES:

Students may transfer an unlimited amount of credit from Monroe County, and must complete a minimum of 45 credit hours from OU to meet degree requirements. As programs may limit how much transfer credit can be used toward requirements, **it is highly recommended that students work with both an OU academic adviser and their Monroe County academic adviser to maximize the applicability of coursework to specific requirements.**

Oakland University will always honor the **MACRAO transfer agreement** and apply it to the General Education requirement the same as MTA.

OU's [ECLIPSE program](#), a unique community-engaged leadership initiative, is one of only a few health-science specific leadership programs in the country.