

**Bachelor of Science in Health Sciences with a Concentration in Holistic Health**

**Health Sciences Core Requirements**

Oakland University Courses	Lake Michigan College Courses
BIO 1200	BIOL 111
BIO 2100, 2101 <b>and</b> 2600	BIOL 205 <b>and</b> 206
PSY 1000	PSYC 201

**Holistic Health Concentration Elective Options**

Oakland University Courses	Lake Michigan College Courses
Choose <b>at least 34 elective credits*</b> from the <a href="#">list</a> (more options available at OU, discuss options with an OU adviser)	ASL 101R; BIOL 112; BIOL 212; CHEM 104; CHEM 111; CHEM 112; CHEM 203; CHEM 204; (CLS 216 or PHED 216); COMM 101; ENGL 101; HEAL 103; HEAL 113; MATH 135; MATH 151; MATH 216; PHED 210; PHYS 101; PHYS 102; PHYS 201; PHYS 202; PSYC 203; SOC 101

**TRANSFERRING WITH THE MICHIGAN TRANSFER AGREEMENT (MTA):**

When choosing to complete MTA to satisfy General Education, please confirm the best courses to take to fulfill the agreement with your academic adviser at Lake Michigan or at the [Lake Michigan MTA Approved Courses](#) website. Completing MTA when following this major guide will satisfy OU's transferrable General Education requirements.

**Additional course requirements for MTA when following this major guide (minimum 30 credit hours required for MTA):**

- ENGL 101 **and** ENGL 102 (required prerequisite for coursework at OU)
- One MTA Approved Math course (can be satisfied by MATH elective options above)
- One MTA Approved Natural Sciences course (can be satisfied by CHEM or PHYS elective options above)
- One MTA Approved Social Sciences course (can be satisfied by SOC 101)
- Two MTA Approved Humanities or Fine Arts courses

**TRANSFERRING WITHOUT MTA:**

If you intend to transfer without MTA, you can choose to complete additional coursework to fulfill OU's individual General Education categories instead. When following this major guide, please reference the [Lake Michigan General Education Transfer Guide](#) for the Lake Michigan courses that satisfy these specific OU General Education categories:

- Writing Foundations (ENGL 102)
- Formal Reasoning (MATH 151 or MATH 216)
- Arts
- Language and Culture (ASL 101R)
- Global Perspective
- Literature
- Western Civilization

Please contact the School of Health Sciences Academic Advising office at 248-370-2369, email [shs@oakland.edu](mailto:shs@oakland.edu), or visit their [website](#) for more information regarding your major program.

**NOTES:**

Students may transfer an unlimited amount of credit from Lake Michigan, and must complete a minimum of 45 credit hours from OU to meet degree requirements. As programs may limit how much transfer credit can be used toward requirements, **it is highly recommended that students work with both an OU academic adviser and their Lake Michigan academic adviser to maximize the applicability of coursework to specific requirements.**

Oakland University will always honor the **MACRAO transfer agreement** and apply it to the General Education requirement the same as MTA.

OU's [ECLIPSE program](#), a unique community-engaged leadership initiative, is one of only a few health-science specific leadership programs in the country.