

Bachelor of Science in Wellness and Health Promotion

Major Core Requirements

Oakland University Courses	Jackson College Courses
WRT 1060	ENG 132
STA 2220	MAT 133, MAT 133A, or CIS 203
PSY 1000	PSY 140 or 140A
EXS 2700	HOC 110
HS 2150	HPF 277

TRANSFERRING WITH THE MICHIGAN TRANSFER AGREEMENT (MTA):

When choosing to complete MTA to satisfy General Education, please confirm the best courses to take to fulfill the agreement with your academic adviser at Jackson or at the [Jackson MTA Approved Courses](#) website. In order to completely satisfy OU's transferable General Education requirements when following this major guide, please reference the [Jackson General Education Transfer Guide](#) and select one course from OU's **Knowledge Applications** category.

Additional course requirements for MTA when following this major guide

(minimum 30 credit hours required for MTA):

- ENG 131 **or** (COM 231, 231A or 234)
- Two MTA Approved Natural Sciences courses
- One MTA Approved Social Sciences course
- Two MTA Approved Humanities courses

TRANSFERRING WITHOUT MTA:

If you intend to transfer without MTA, you can choose to complete additional coursework to fulfill OU's individual General Education categories instead. When following this major guide, please reference the [Jackson General Education Transfer Guide](#) for the Jackson courses that satisfy these specific OU General Education categories:

- Arts
- Language and Culture
- Literature
- Western Civilization
- Knowledge Applications

NOTES:

Please contact the School of Health Sciences Academic Advising office at 248-370-2369, email shs@oakland.edu, or visit their [website](#) for more information regarding your major program.

Students may transfer an unlimited amount of credit from Jackson, and must complete a minimum of 45 credit hours from OU to meet degree requirements. As programs may limit how much transfer credit can be used toward requirements, **it is highly recommended that students work with both an OU academic adviser and their Jackson academic adviser to maximize the applicability of coursework to specific requirements.**

Students must have a minimum cumulative transfer GPA of 2.5 in order to be admitted to the Wellness and Health Promotion curriculum.

OU's Wellness and Health Promotion program is ranked within the top 10 programs in the country, and is accredited with the National Wellness Institute.

Earn a Master of Public Health (MPH) in addition to a bachelor's degree with the [WHP to Public Health 4 + 1 program!](#)

Oakland University will always honor the **MACRAO transfer agreement** and apply it to the General Education requirement the same as MTA.

OU's [ECLIPSE program](#), a unique community-engaged leadership initiative, is one of only a few health-science specific leadership programs in the country.