

Bachelor of Science in Health Sciences with a Concentration in Holistic Health

Health Sciences Core Requirements

Oakland University Courses	Jackson College Courses
BIO 1200	BIO 162
BIO 2100, 2101 and 2600	BIO 253 and 254
PSY 1000	PSY 140 or 140A

Holistic Health Concentration Elective Options

Oakland University Courses	Jackson College Courses
Choose at least 34 elective credits* from the list (more options available at OU, discuss options with an OU adviser)	BIO 161; CEM 131; CEM 132; CEM 141; CEM 142; CEM 241; CEM 242; (COM 231, 231A or 234); (ENG 131 or 131A); HOC 110; HPF 277; (MAT 133, 133A, or CIS 203 or PSY 144); MAT 141; MAT 151; (MED 120 or MOA 120); PHY 231; PHY 232; PHY 251; PHY 252; PSY 252; SOC 231

TRANSFERRING WITH THE MICHIGAN TRANSFER AGREEMENT (MTA):

When choosing to complete MTA to satisfy General Education, please confirm the best courses to take to fulfill the agreement with your academic adviser at Jackson or at the [Jackson MTA Approved Courses](#) website. Completing MTA when following this major guide will satisfy OU's transferrable General Education requirements.

Additional course requirements for MTA when following this major guide (minimum 30 credit hours required for MTA):

- ENG 131 and ENG 132 (required prerequisite for coursework at OU)
- One MTA Approved Math course (can be satisfied by MAT elective options above)
- One MTA Approved Natural Sciences course (can be satisfied by CEM or PHY elective options above)
- One MTA Approved Social Sciences course (can be satisfied by SOC 231)
- Two MTA Approved Humanities courses

TRANSFERRING WITHOUT MTA:

If you intend to transfer without MTA, you can choose to complete additional coursework to fulfill OU's individual General Education categories instead. When following this major guide, please reference the [Jackson General Education Transfer Guide](#) for the Jackson courses that satisfy these specific OU General Education categories:

- Writing Foundations (ENG 132)
- Formal Reasoning (MAT 133, 133A, CIS 203, PSY 144, or MAT 151)
- Arts
- Language and Culture
- Global Perspective
- Literature
- Western Civilization

Please contact the School of Health Sciences Academic Advising office at 248-370-2369, email shs@oakland.edu, or visit their [website](#) for more information regarding your major program.

NOTES:

Students may transfer an unlimited amount of credit from Jackson, and must complete a minimum of 45 credit hours from OU to meet degree requirements. As programs may limit how much transfer credit can be used toward requirements, **it is highly recommended that students work with both an OU academic adviser and their Jackson academic adviser to maximize the applicability of coursework to specific requirements.**

Oakland University will always honor the **MACRAO transfer agreement** and apply it to the General Education requirement the same as MTA.

OU's [ECLIPSE program](#), a unique community-engaged leadership initiative, is one of only a few health-science specific leadership programs in the country.