

Bachelor of Science in Exercise Science

Exercise Science Core Curriculum

Oakland University Courses	Grand Rapids Community College Courses
BIO 1200	BI 151
BIO 2100, 2101 and 2600	BI 121 and 122
MTH 1441 or (MTH 1331 <i>and</i> 1332) or MTH 1554	MA 131 or (MA 108 <i>and</i> 110) or MA 133
CHM 1440 and 1470	CHM 130 and 131
PHY 1010 and 1100	PH 125
PSY 1000	PY 201
STA 2220	MA 215
NTR 2500	GH 200
EXS 2200	EXS 184
EXS 2700	WE 156
Choose 4 EXS elective credits from the list (more options available at OU)	EXS 189; EXS 198; EXS 203; EXS 230

TRANSFERRING WITH THE MICHIGAN TRANSFER AGREEMENT (MTA):

When choosing to complete MTA to satisfy General Education, please confirm the best courses to take to fulfill the agreement with your academic adviser at GRCC or at the [GRCC MTA Approved Courses](#) website. In order to completely satisfy OU's transferable General Education requirements when following this major guide, please reference the [GRCC General Education Transfer Guide](#) and select one course from OU's **Knowledge Applications** category.

**Additional course requirements for MTA when following this major guide
(minimum 30 credit hours required for MTA):**

- EN 101 **and** EN 102 (required prerequisite for coursework at OU)
- One MTA Approved Social Sciences course
- Two MTA Approved Humanities courses

TRANSFERRING WITHOUT MTA:

If you intend to transfer without MTA, you can choose to complete additional coursework to fulfill OU's individual General Education categories instead. When following this major guide, please reference the [GRCC General Education Transfer Guide](#) for the GRCC courses that satisfy these specific OU General Education categories:

- Writing Foundations (EN 102)
- Arts
- Language and Culture
- Global Perspective
- Literature
- Western Civilization
- U.S. Diversity
- Knowledge Application

Please contact the School of Health Sciences Academic Advising office at 248-370-2369, email shs@oakland.edu, or visit their [website](#) for more information regarding your major program.

NOTES:

Students may transfer an unlimited amount of credit from GRCC, and must complete a minimum of 45 credit hours from OU to meet degree requirements. As programs may limit how much transfer credit can be used toward requirements, **it is highly recommended that students work with both an OU academic adviser and their GRCC academic adviser to maximize the applicability of coursework to specific requirements.**

The program also offers a unique [Orthotist and Prosthetist Assistant Studies \(OPA\) specialization](#), which equips students with the skills needed for one-on-one patient care under the direction of a certified orthotist or prosthetist. **Students interested in this specialization can also transfer (GH 110 or 111) from GRCC to OU.**

OU's [ECLIPSE program](#), a unique community-engaged leadership initiative, is one of only a few health-science specific leadership programs in the country.

Oakland University will always honor the **MACRAO transfer agreement** and apply it to the General Education requirement the same as MTA.