

Bachelor of Science in Wellness and Health Promotion

Major Core Requirements

| Oakland University Courses | Alpena Community College Courses |
|----------------------------|----------------------------------|
| WRT 1060 | ENG 112 or 122 |
| STA 2220 | MTH 223 |
| PSY 1000 | PSY 101 |
| EXS 2700 | PEH 263 and 264 |

TRANSFERRING WITH THE MICHIGAN TRANSFER AGREEMENT (MTA):

When choosing to complete MTA to satisfy General Education, please confirm the best courses to take to fulfill the agreement with your academic adviser at Alpena or at the [Alpena MTA Approved Courses](#) website. In order to completely satisfy OU's transferable General Education requirements when following this major guide, please reference the [Alpena General Education Transfer Guide](#) and select one course from OU's **Knowledge Applications** category.

Additional course requirements for MTA when following this major guide (minimum 30 credit hours required for MTA):

- ENG 111 or 121
- Two MTA Approved Natural Sciences courses
- One MTA Approved Social Sciences course
- Two MTA Approved Humanities or Fine Arts courses

TRANSFERRING WITHOUT MTA:

If you intend to transfer without MTA, you can choose to complete additional coursework to fulfill OU's individual General Education categories instead. When following this major guide, please reference the [Alpena General Education Transfer Guide](#) for the Alpena courses that satisfy these specific OU General Education categories:

- Arts
- Language and Culture
- Literature
- Western Civilization
- Knowledge Applications

NOTES:

Please contact the School of Health Sciences Academic Advising office at 248-370-2369, email shs@oakland.edu, or visit their [website](#) for more information regarding your major program.

Students may transfer an unlimited amount of credit from Alpena, and must complete a minimum of 45 credit hours from OU to meet degree requirements. As programs may limit how much transfer credit can be used toward requirements, **it is highly recommended that students work with both an OU academic adviser and their Alpena academic adviser to maximize the applicability of coursework to specific requirements.**

Students must have a minimum cumulative transfer GPA of 2.5 in order to be admitted to the Wellness and Health Promotion curriculum.

OU's Wellness and Health Promotion program is ranked within the top 10 programs in the country, and is accredited with the National Wellness Institute.

Earn a Master of Public Health (MPH) in addition to a bachelor's degree with the [WHP to Public Health 4 + 1 program!](#)

Oakland University will always honor the **MACRAO transfer agreement** and apply it to the General Education requirement the same as MTA.

OU's [ECLIPSE program](#), a unique community-engaged leadership initiative, is one of only a few health-science specific leadership programs in the country.